



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

200
1822 - 2022

Developing your Professional Profile Datblygu eich Proffil Proffesiynol

Level / Lefel 5

Heddwen Davies

*Man Geni Addysg Uwch yng Nghymru
Where Higher Education Began in Wales*

www.uwtsd.ac.uk

Amlinelliad Darlith

- Strwythur Semester a darlithoedd
- Asesiadau
- Adnoddau a deunydd ychwanegol i gefnogi
- Man cychwyn
- Ffocws
- Tiwtorialau – Dogfenau gweithle / Llyfrau log CPD

Lecture outline

- Structure of Semester and lectures
- Assessments
- Resources and additional support
- Starting point
- Focus
- Tutorials – Workplace documents/ CPD logbooks

Structure

- Long and thin module
- Monday mornings 9-10
- 5 weeks SEM 1: First Assessment focus and preparing for placement/CPD
- 15 weeks: Placement or CPD Logbook focus (2hrs weekly = 30hrs)
- 4 weeks SEM 2: Lead lectures and guest speakers

Strwythur

- Modiwl trwy'r flwyddyn
- Bore dydd Llun 9-10
- 5 wythnos SEM 1: Ffocws ar yr Asesiad Cyntaf a pharatoi ar gyfer lleoliad/CPD
- 15 wythnos : Lleoliad neu CPD gyda ffocws ar gwblhau llyfr log (2 awr yr wythnos = cyfanswm 30awr)
- 4 wythnos SEM 2 : Ffocws Tiwtorialau a siaradwyr gwâdd

- **Week 1, 2, 3 & 5**

- **Week 4**

- **Week 6**

Oct 2nd, 9th, 16th & 30th : Lead Lectures with Heddwen

23rd October : Tutorials with placement / CPD mentors

6th Nov : Lead Lecture re. Assessment 2 (Ass Part 1 should be submitted 10th Nov)

No lecture week 7

Nov 13th

- **Week 8**

Nov 20th : Lead Lecture Heddwen – Prep & Expectations for CPD / Placement

No lecture week 9

Nov 27th

- **Week 10**

Dec 4th : Lead Lecture with Heddwen Deadline CPD structure / Placement

- **Week 11**

Dec 11th onwards BEGIN CPD or Placement!!

- Week 13 January, 15th , 2024. Drop in optional with Heddwen if there any challenges to securing 30hrs minimum at placement or CPD
- Week 14 22nd January : Check in with Placement / CPD Mentor
- Week 22 18th March : Lead Lecture with Heddwen Critical reflection
- Week 23 15th April : Social Media; Branding; LinkedIn
- Week 24 22nd April : Careers Service; job interviews
- Week 25 29th April – review / re-cap Assessment 2 expectations

Assessment 1 (equiv 1,200)

10th November 3pm

All on one word document

- E-portfolio to prepare for work placement and/or future career opportunities. You are to base your e-portfolio on a related/expected future position of employment.
- **Pathway a:** Work Placement experience
- **Pathway a =:** CV; Personal Statement/ Covering letter; Key focus of placement (200 words) & ALL Work placement documents
- **Pathway b:** CPD logbook activities
- **Pathway b elements:** CV; Personal Statement/ Covering letter; Key focus of CPD logbook activities rationale (500 words).

Asesiad 1 (cyfateb i 1,200)

Tachwedd 10fed : 30'r gloch

I gyd ar un ddogfen

- E-bortffolio i bartoi ar gyfer lleoliad ac / neu cyfleoed gwaith i'r dyfodol. Bydd angen selio eich e-bortffolio ar eich dymuniadau /gobeithion swyddi i'r dyfodol sy'n perthnasol i'ch cwrs.
- **Llwybr a**: Profiad Gwaith
- **Elfennau o lwybr a** : CV; Datganiad Personol / Llythyr Cyflwyno; Prif ffocws lleoliad (200 o eiriau).
Dogfenau lleoliad gwaith
- **Llwybr b** : llyfr log CPD o weithgareddau
- **Elfennau o lwybr b** : CV; Datganiad Personol / Llythyr Cyflwyno; Prif ffocws o'r CPD yn rhan o'r llyfr log sydd hefyd yn cynnwys cyfiawnhad gweithgareddau CPD (500 o eiriau)

Focus

- Examples of focus:
 - Schools: Behaviour management techniques; the new curriculum; Differentiation and inclusion; Foundation phase; specific teaching ideas...
 - Outdoor activities and skills: presentation of key standards (NGBs); style of facilitation; Health and Safety procedures; development of own skills and experience
 - Sport Exercise Science opportunities: key/specific client groups; key management aspects; key/ specific sport/ key fitness improvement...
 - Other/ More general: nutrition interests (with or without key client groups); organisation; team work/ team management; software skills...

Mentorwyr Lleoliad & DPP / Placement & CPDMentors

- Alison - HNL- a.connaughton@uwtsd.ac.uk
- Tomo - OAE- t.moore@uwtsd.ac.uk
- David - SES - d.gardner@uwtsd.ac.uk
- Dylan - PE - d.blain@uwtsd.ac.uk
- Kerry - SET - k.nicholas@uwtsd.ac.uk

Rol Mentorwyr : DPD

- Cyfarfod Mentorwyr DPD (Datblygiad Proffesiynol Parhaus) **wythnos 4, sef 23ain Hydref.**
- Pwrpas : sgwrs am y math o CPD a tiwtorial trafod canlyniad arolwg SWOT personol
- Cyfarfod Mentorwyr DPD (Datblygiad Proffesiynol Parhaus) **wythnos 14, sef, 22ain Ionawr, '24.**
- Pwrpas : sicrhau ar trac i gwblhau hyfforddiant. Trafodaeth am gynnydd

Mentors Role : CPD

- CPD Mentors Meetings **Week 4, i.e.23rd October.**
- Purpose : discuss type of CPD and tutorial around SWOT analysis
- CPD (Continued Professional Development) Mentors Meeting **week 14, i.e.22nd January, 2024.**
- Purpose : ensure on track to complete training. Discussion re progression.

Camau nesaf

- Mentorwyr Lleoliad/
Datblygiad Proffesiynol
Parhaus (DPP) Cyfarfodydd
Wythnos 4 & 14 (23ain Hydref
& 22ain Ionawr, 2024)
- Os lleoliad – cwblhau
dogfenau

Next steps

- Placement / CPD meetings
with mentors Weeks 4 & 14
(23rd October & 22nd January,
2024)
- Placement – complete
documents

Assessment 2

May 17th by 3pm

All on one word document (if possible/ folder provided)

- ***After at least 30 hours of placement/ CPD logbook hours***
- Reflection essay of work placement/ CPD logbook.
- For Pathway b – completed logbooks are to be handed in with the reflection essay.
- Critical reflection is a key skill that is helpful through not only your degree process but also throughout your future career.

Asesiad 2

Mai 17fed : erbyn 30'r gloch

Popeth mewn un ddogfen word (os yn bosibl/rhenni'r ffolder)

- ***Ar ôl o leiaf 30 awr o leoliad / llyfr log CPD – cyfwerth â 30 awr***
- Traethawd yn myfyrio ar leoliad gwaith / llyfr log CPD
- Ar gyfer Llwybr b – angen cyflwyno llyfr log wedi cwblhau gyda'r traethawd myfyrio.
- Mae myfyrio'n gritigol yn sgil allweddol a fydd yn eich cynorthwyo chi nid yn unig tra'n astudio graddau one hefyd trwy gydol eich gyrfaedd i'r dyfodol.

What is our starting point?

Man cychwyn?

• SWOT

• Netv

