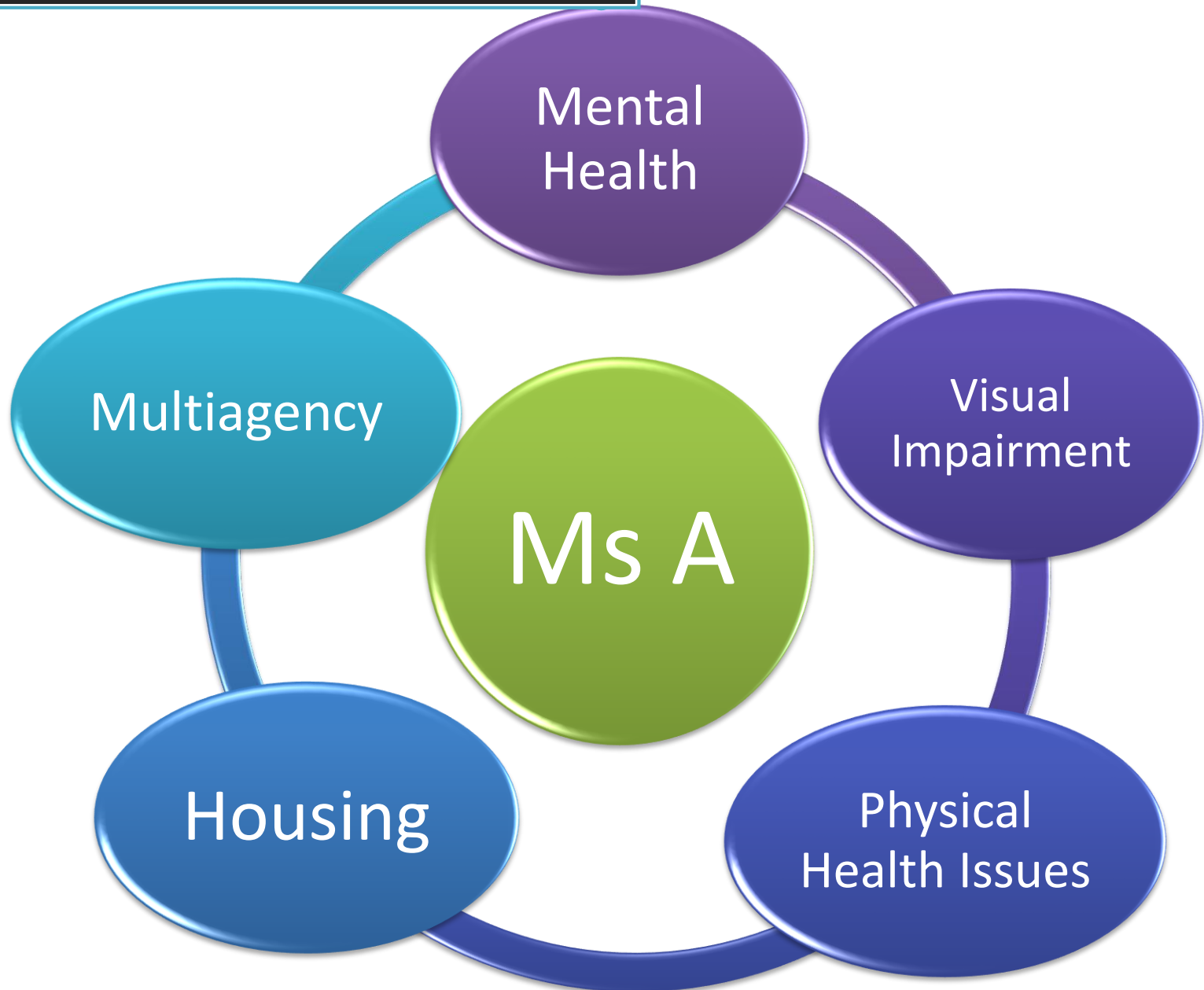
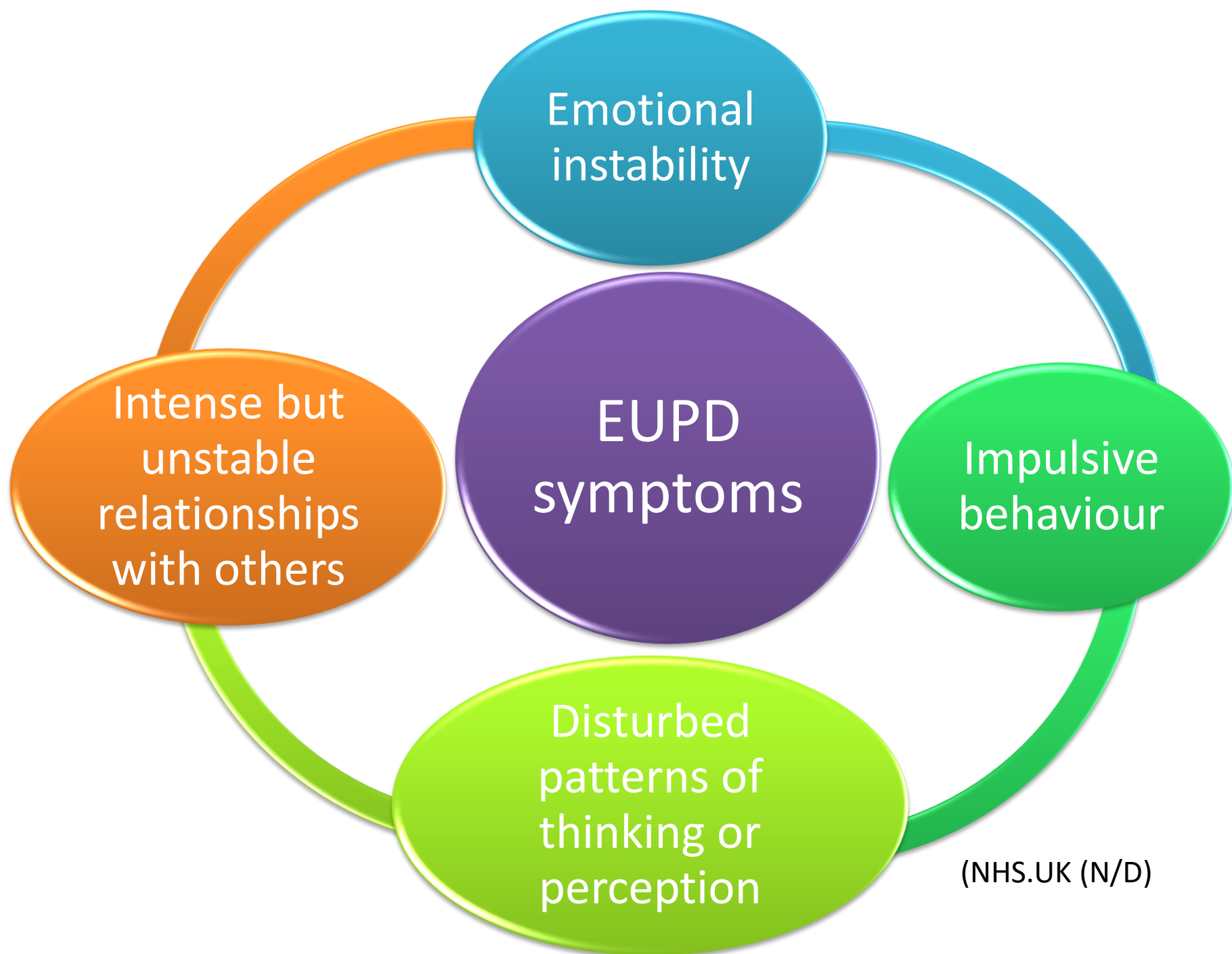


Ms A Case study



(Image 1 C&C)

(Image 1 C&C Training (2020))



Four Main Groups of Symptoms for EDPU

1. Emotional Instability
2. Disrupted Patterns of Thinking or Perception
3. Impulsive Behaviour
4. Intense but unstable relationships with others

Known to Self

Not known to Self

Known to
Others

Open

Blind Spot

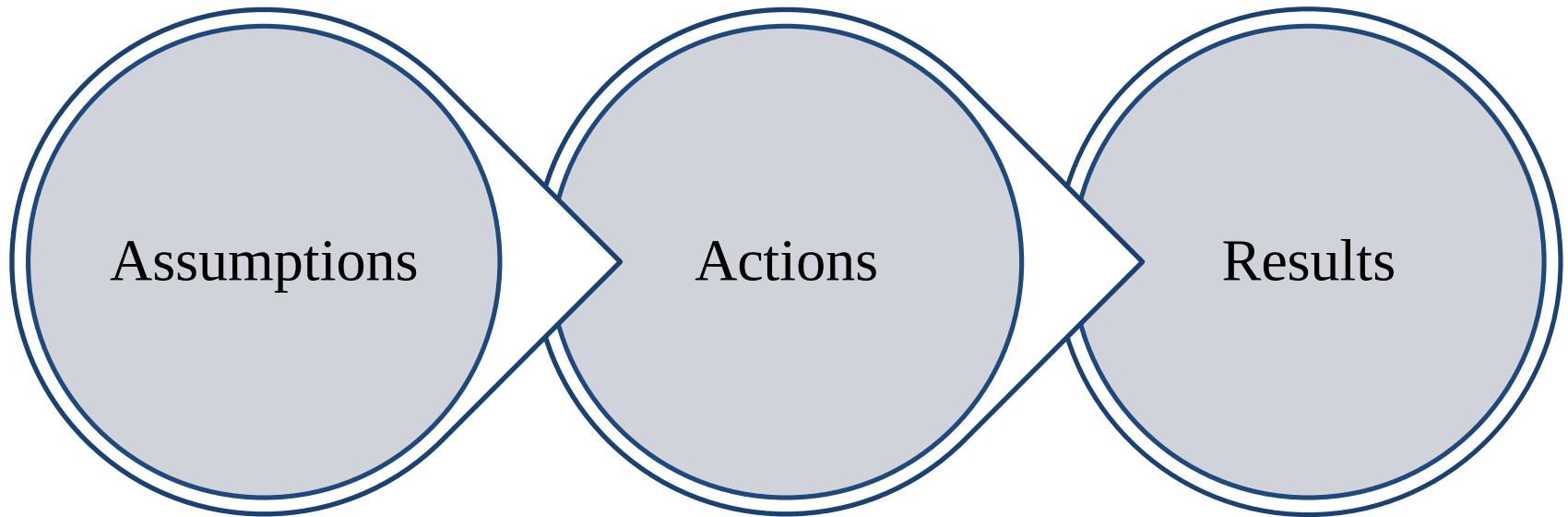
Not
known to
Others

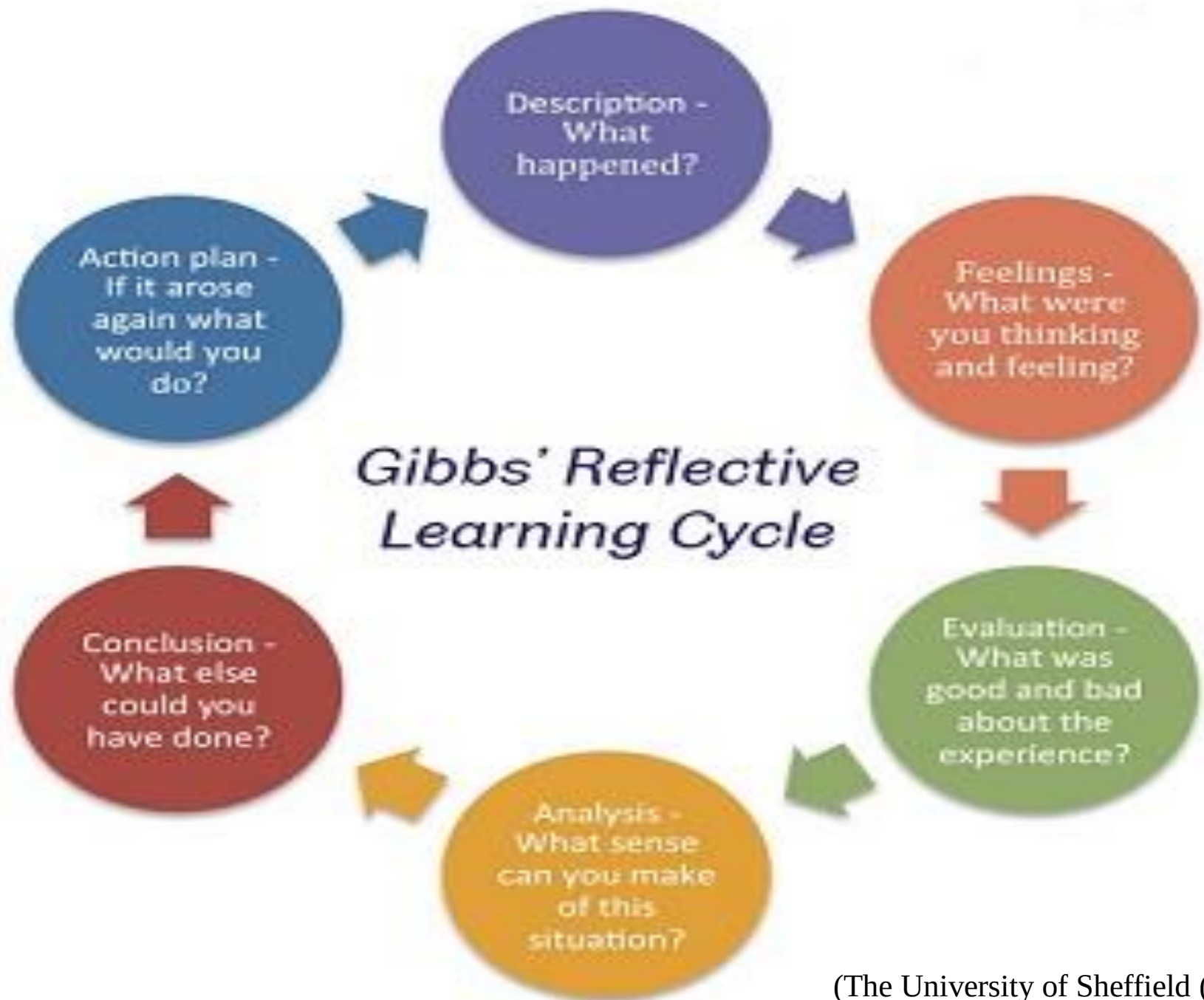
Hidden

Unknown

The Johari Window (Luft, 1969)

Triple Learning Loop





(The University of Sheffield (2020))

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