

Module: ECAY5005

Student Number: 2221104

Name: Maxine Jones



# Introduction:

## ► Q: Critically reflect upon the differences between health and well-being.

- Define Health and Wellbeing.
- This presentation will look through the lens of the medical model using a Marxism approach.
- Inclusive Practice.
- NHS England Health and Well-being Framework.
- Health and Care Quality Standards (Wales).
- A Healthier Wales Long Term Plan.
- References.

## Define Health:

A person has a disability if they have a physical or mental impairment, and that impairment has a substantial and long-term adverse effect on the person's ability to carry out normal day-to-day activities. As defined in section 6 (1) of the Act (*Equality Act, 2010*).

## Define Well-being:

Well-being is not limited to the absence of illness. It's a person's overall feeling about their life. Positive emotions and perceptions are important in making life fulfilling and meaningful, ultimately leading to life satisfaction. Physical and mental health significantly impact well-being and can influence the experience and outcomes of different health conditions. This information is provided by NHS England (2022) Wellbeing - NHS Digital.

(*Equality Act, 2010*; NHS England, 2022; The Children's Act, 2004).

# The Medical Model:

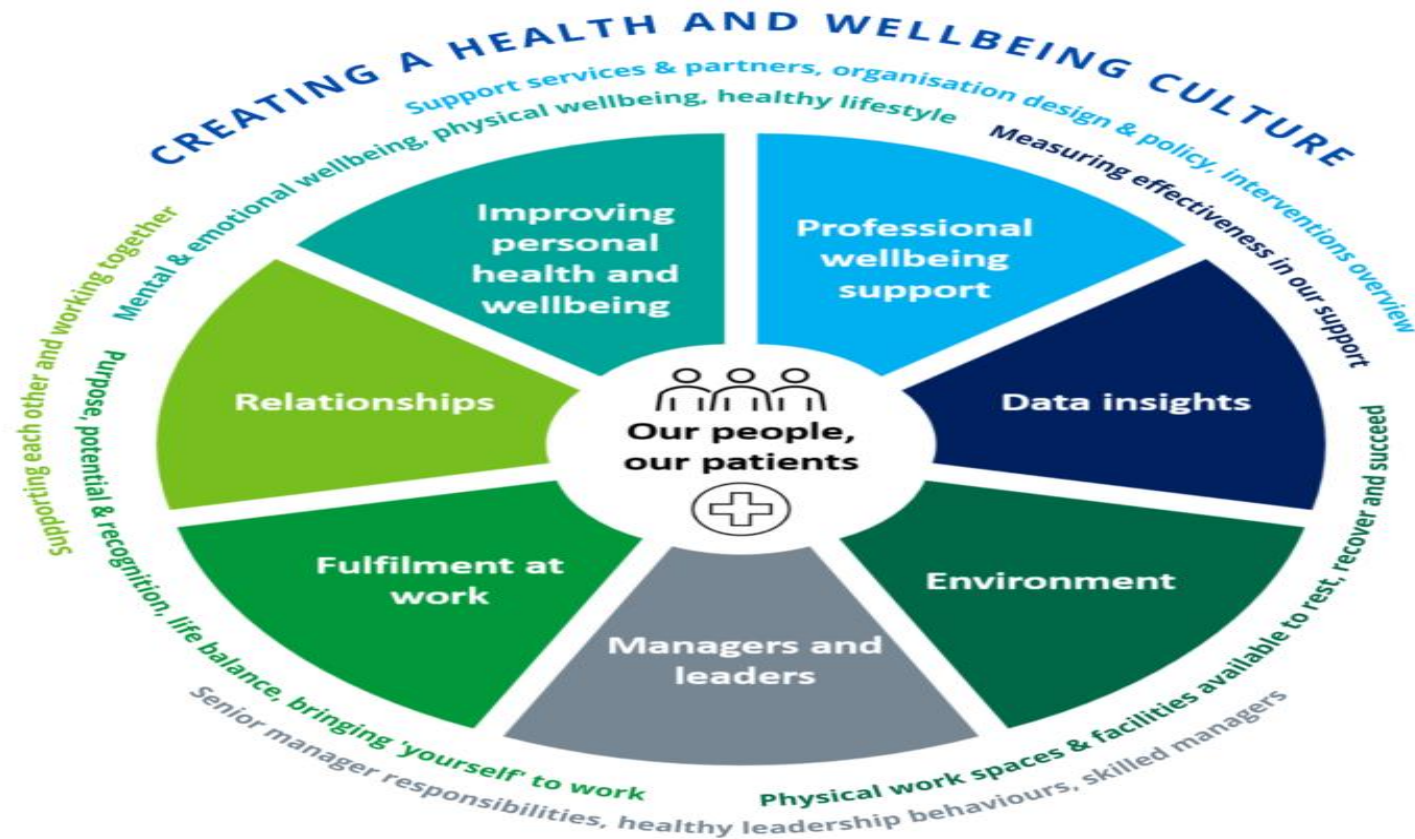
- The Medical Model Cameron, (2013)  
Crawford and Nova, (2018)  
Retief, and Letšosa, (2018)  
Michel Foucault (1961)
- Marxism Fine and Saad-Filho (2016, pp. 1-27).

# Inclusion:

Schmidt, et al.(2023) In their review (2023) demonstrates how, cultural diversity in health care teams could have a negative effect on team processes (communication, conflict, cohesion, etc.). and this could impact patient-level outcomes. They also showed how, cultural diversity offered benefits, particularly when dealing with culturally diverse patient groups Schmidt, et al.(2023).

Newbigging, et al. (2015, p.216) noted, patients from the BAME communities that have been detained, were more likely to be the subject to overuse of medication and less use of psychological therapies. This compounded inequalities in outcomes of life chances Newbigging, et al. (2015, p.216).

# NHS England Health and Well-being Framework



# Health and Care Quality Standards Wales



Health and Social Care (2023).

Health and Social Care (Quality and Engagement) (Wales) Act (2020)

# A Healthier Wales Long Term Plan:

## Prudent Healthcare:

"We aim to bring about a significant change in how we promote good health by prioritising prevention and long-term care. Therefore, public organisations are collaborating to address the underlying causes of poor health and reduce health disparities." Health and Social Care (*A Healthier Wales*) (2021, p. 2)

The Review made a strong case that a service based mainly on a medical model of health, and a separate system of social care, is not fit for the future. Health and Social Care (*A Healthier Wales*) (2021, p. 3).

[https://www.bbc.co.uk/history/historic\\_figures/bevan\\_aneurin.shtml](https://www.bbc.co.uk/history/historic_figures/bevan_aneurin.shtml)

Health and Social Care (*A Healthier Wales*) 2021

## References:

BBC.Co.UK (Aneurin Bevan (1897 - 1960)) 2014 Available at:  
[https://www.bbc.co.uk/history/historic\\_figures/bevan\\_aneurin.shtml](https://www.bbc.co.uk/history/historic_figures/bevan_aneurin.shtml) (Accessed:  
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Cameron, C. (2013) *Disability Studies* [electronic resource]: Students guide.  
London: Sage Publications. (pp, 98-101)

Children's Act 2004 (C. 31, P. 2) Available  
at: <https://www.legislation.gov.uk/ukpga/2004/31/contents> (Accessed: 20  
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Equality Act 2010, C,1, P2 C1, s6. Available at:  
<https://www.legislation.gov.uk/ukpga/2010/15/section/6> (Accessed: 13 February 2024).

Fine, B., & Saad-Filho, A. (2016). Commodity Production. In *Marx's "Capital" - Sixth Edition* (6th ed., pp. 13-27). Pluto Press. Available at: <https://doi.org/10.2307/j.ctt1ddr6c7.6> Accessed: 26 February 2024).

*Foucault, M. (1961) Madness And civilization*. New York: Routledge.

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Health and Social Care (*A Healthier Wales*) 2021 Available at:  
<https://www.gov.wales/sites/default/files/publications/2021-09/a-healthier-wales-our-plan-for-health-and-social-care.pdf> (Accessed: 11 February 2024).

Health and Social Care (*Health and Care Quality Standards*) Act 2023.  
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NHS England (Health and Well-being framework), 2021 Available at: <https://www.england.nhs.uk/long-read/using-the-nhs-health-and-wellbeing-framework-successfully/> (Accessed: 20 February 2024)

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Schmidt, M., Steigenberger, N., Berndtson, M., and Uman, T. (2023). 'Cultural Diversity in Health Care Teams: A Systematic Integrative Review and Research Agenda'. *Health Care Management Review*, 48(4), pp. 311-322. Available at: <https://doi.org/10.1097/hmr.0000000000000379> (Accessed at: 24 February 2024).