

| What have I learnt so far / NVQ level 3 childcare and education, HLTA Status.                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| What do I want to develop : I would like to develop my digital skills; this will also develop my confidence as I am not confident with my current IT skills and feel this could hold me back. My Future plan is to become a teacher. |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Objective / Gwrthrychol                                                                                                                                                                                                              | Actions (How will I achieve this objective/ what needs to be done?)                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Resources (What support and resources are needed to achieve this objective?)                                                                                                                                                                                                                                            | Target Date for achieving objective                                                                                                                                                                                               | Success criteria (How will I know I have achieved this goal; how will I review this?)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Digital skills- including using the University library, the use of Microsoft apps, the use of power point, word, excel and the use of software that I need to support my studying to gain my BA Early Years and Care degree.         | <p>Book a study skills session with the university library at the earliest convenience.</p> <p>On the 3.10.23 I had my online assessment with DSA to see if they could support me in reducing my anxiety during my studies. They suggested a personal laptop and software to support my studies. After I receive my new laptop provided by DSA, I will be booking online 2 hourly sessions that they supply and recommend introducing me to the new software and how using this recommended software will support me during my studies.</p> | <p>A new laptop, printer, and software that is suggested to support me.</p> <p>Training sessions on how to use the equipment and the software that has been provided.</p>                                                                                                                                               | I am hopeful that the equipment will be provided in the coming weeks, and I aim to complete the training by November. I will aim to achieve my targets of improving and gaining confidence using digital skills by December 2023. | <p>Organise myself to ensure I allow time to complete the training of the software as soon as I receive the laptop.</p> <p>I will use the October half term to practice using the software and if more training is needed organise to do so at once. I will also ask for video recordings of the training to watch again if needed. If at the beginning of November, I do not feel more confident I will contact the university Library to arrange another study skills session also.</p> <p>I will check for feedback from my tutors to identify areas that I may still need to improve when I receive module feedback from Turnitin.</p> |
| Primary school teacher qualification.                                                                                                                                                                                                | <p>Qualify for the current degree by 2025, apply for the PGCE or equivalent in 2024.</p> <p>Re sit my Science GSCE as I require grades C and above.</p>                                                                                                                                                                                                                                                                                                                                                                                     | <p>Discuss with careers advisor the best ways of progressing into becoming a qualified teacher. I will need to research into funding for the PGCE and I will need the support and agreement of the head teacher in advance of this course. researching how I will re sit my Science GSCE before beginning the PGCE.</p> | I would like to complete my studying and become a qualified teacher by 2027.                                                                                                                                                      | I will need to complete my current degree by 2025, I will need to apply and be accepted to do my PGCE in 2024 in advance of starting the course the following year in 2025.                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

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| To improve my understanding of writing the new IDPs for children with ALN. | Meet with the school ALN coordinator and arrange shadow sessions to improve my knowledge and understanding | Support of ALN coordinator, reading and familiarising myself with the new documents- One-page profiles, the smart targets of the child and outcomes. Refresh my knowledge of earlier courses attended and re read my notes and look through my power | I would like to achieve this by end of this year, December 2023 | I will draft a practice copy of the new IDP and will ask the ALN coordinator to go through it and make sure I am correct with how they are written. I will reflect on the feedback, any adaptations, or corrections that I may need to do to improve will be reflected. Review with ALN co one month later. If options of shadowing the ALN coordinator is available arrange session |
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|  |  | points from the training. |  |  |
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| What is reflection and Reflective practice?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Why is reflective practise important to Early years practice?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <p>The core of a structured cycle of self-observation and self-evaluation for ongoing learning is reflective practice, which is intentional reflection. It is essential to successfully continue professional development and improve a person's teaching abilities. Since Dewey (1933) was one of the first to see reflection as a particular mode of thinking about the world—a manner of thinking in and of itself—the phrase “reflective practise” has been used often for over a century. Although Dewey's idea represented a significant break from earlier conceptions of learning, it was not until the 1980s that the idea truly began to take off. Schon's (1983) and Kolb's (1984) ideas were among the most well-known to emerge during this time. Gibbs (1988) and later individuals like Driscoll (1994) adopted these beliefs.</p> | <p>According to Pacey (2016) Reflection is an important part of your practice and it benefits the children around you and their children's parents and guardians. You will also benefit personally and professionally. There will be a reflective exercise helping you to maintain and continuously improve. Through reflection and continuous improvement, you achieve better outcomes for children. Their individual needs are met, their self-esteem increases and enables positive interactive environment, including appropriate resources for them and opportunities internally and externally. The process is also useful for parents and guardians because they can see changes in your role, and you can be sure that the care you provide is of high quality and constantly improving. By constantly reflecting on your practice, you will be Improving your skills while increasing your confidence and motivation. It can help you focus and own your practice and settings, Identify professional development needs and helps in setting goals The outcomes will then improve, making you more efficient and improving your setup increases good reputation that allows you to more clearly demonstrate your results and therefore provide evidence to Ofsted and SEF (England) and CSSIW or SASS and Quality of Care (Wales). where you can work well with others also it promotes teamwork.</p> |

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| <p>The Theory of reflective practice:</p> <p>According to Finley (2018) reflection can mean several different things to different people, it can be described as an umbrella term describing what is desirable and positive. Describing reflective practice according to Finey (2018) is</p> <p>“Learning through and from experience towards gaining new insights of self and practice”</p> <p>Therefore, the refection goals in the early years are to have a good positive understanding of teaching and learning resulting a better practice. However, Boud (1987) suggest the conscious activity that we engage in to explore our experiences and develop new understandings and concepts. A form of practical writing used to generate reflection and analysis for the purpose of professional development and learning. By transferring thoughts to paper, the student can separate from them and create a new opportunity for the reconstruction of knowledge, awareness, and practice is suggested by King (2002)</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |  |
| <p>David Allen Kolb is an American educational theorist.</p>   <p>Donald Alan Schön was an American philosopher and professor.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <p>There are several models of reflective practice from the quite simple to the overly complex versions. A very well-known model of reflective practice is Kolb's Learning Cycle (1984) There are four main elements as shown above in the image of the cycle. First the concrete experience and can be form of learning experience, an interaction or even an observation in the early years. An opportunity afterwards to reflect on what happened which is the second element of the cycle. This element is where you analyse what happened, could it have been adjusted to suit the needs of the children, could it have been differently. What question if any arise from engaging in the concrete experience. The third element of this cycle is known as the abstract conceptualisation which is when the links ae made between experiences and reflecting on wider knowledge for example the child and their development and how they learn. The final element of Kolb cycle is the active experimentation, and this is what you plan to do the next time, using what you have already learnt to make adaptions to the learning opportunities in the future. Which ways adapting and changing can impact on the learning experiences for the child.</p> <p>The importance of reflection in the learning process was one of Donald Schon's major contributions to professional education (Schon 1983). Schon examined professional practise and separated reflection into two categories: reflection-in-action and reflection-on-action.</p> <p>Professionals can modify the situation or activity they are working on while it is unfolding through a technique known as reflection-in-action, which is often referred to as "thinking on our feet." Schon proposes that via "reflecting-in-action," professionals reflect on unexpected experiences and perform "experiments" that help to both develop a new understanding of the experience and a change in the situation. It is typically connected to the feeling of surprise.</p> |  |

Reflection – In – Action

Schön  
(1983)

Reflection – Out – Action  
(thinking "after the event")

The teacher reflecting on past teaching "in the moment" or "in response" to the situation, and making important changes to past actions, based on that reflection, is called "reflecting-on-action" or "reflection-in-action".

Reflecting-on-action is a process of learning that occurs while the teacher is engaged in teaching. It is a process of learning that occurs while the teacher is engaged in teaching. It is a process of learning that occurs while the teacher is engaged in teaching.

Schön's reflective thinking refers to the process of reflecting "in the moment" or "in response" to the situation, and making important changes to past actions, based on that reflection, is called "reflecting-on-action" or "reflection-in-action".

Reflecting-on-action is a process of learning that occurs while the teacher is engaged in teaching. It is a process of learning that occurs while the teacher is engaged in teaching. It is a process of learning that occurs while the teacher is engaged in teaching.



Reflecting after an experience, circumstance, or phenomena has happened is known as reflection-on-action. When professionals "reflect-on-action," they consider what transpired in that specific circumstance, why they acted as they did, whether they might have acted differently, etc. Professionals who reflect on their experiences and consider alternative strategies to better their practise are said to be engaging in reflection-on-action.

Schon's and Kolb's contributions to the study of learning and the study of professional development demonstrate both the importance of experience and the importance of reflection.

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