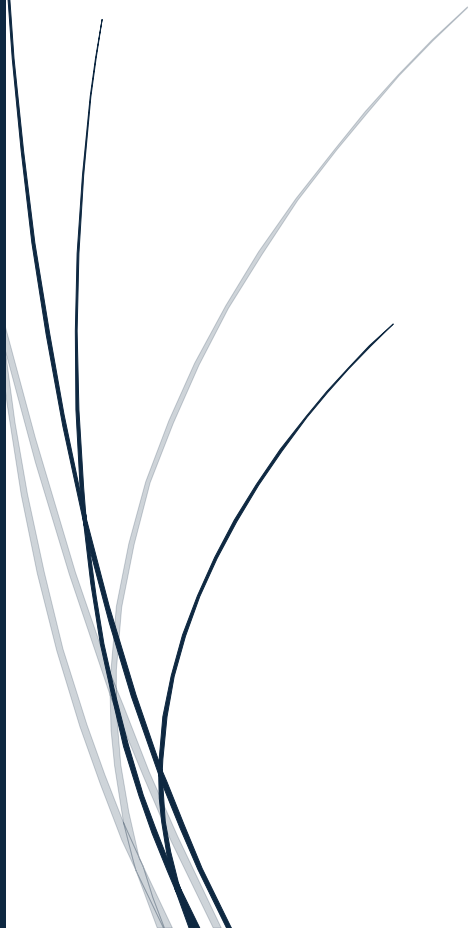




UNIVERSITY OF WALES TRINITY SAINT DAVID
LONDON CAMPUS

Table of Contents

Introduction

Reflective Model

Self-Evaluation

Traits gained from self-evaluation

Professional Development

Unit 4 Topic Summary

Conclusion

References



A presentation on Self-Evaluation,
Professional Development Plan and
Assigned Topic Summary

MODULE NAME: LEARNING IN THE DIGITAL ERA

MODULE CODE: ACCA 4025

STUDENT NAME: KOFI DENNIS ADORSOO

STUDENT ID: 2540934

LECTURER'S NAME: ANNES BASQUIR

GROUP: 3

Reflective Model

- The Gibbs Reflective model has six stages as shown in the diagram below [1].



Graham Gibbs, 1988

Figure 1 Gibbs Reflective Cycle (Source Helen Martin Blog .

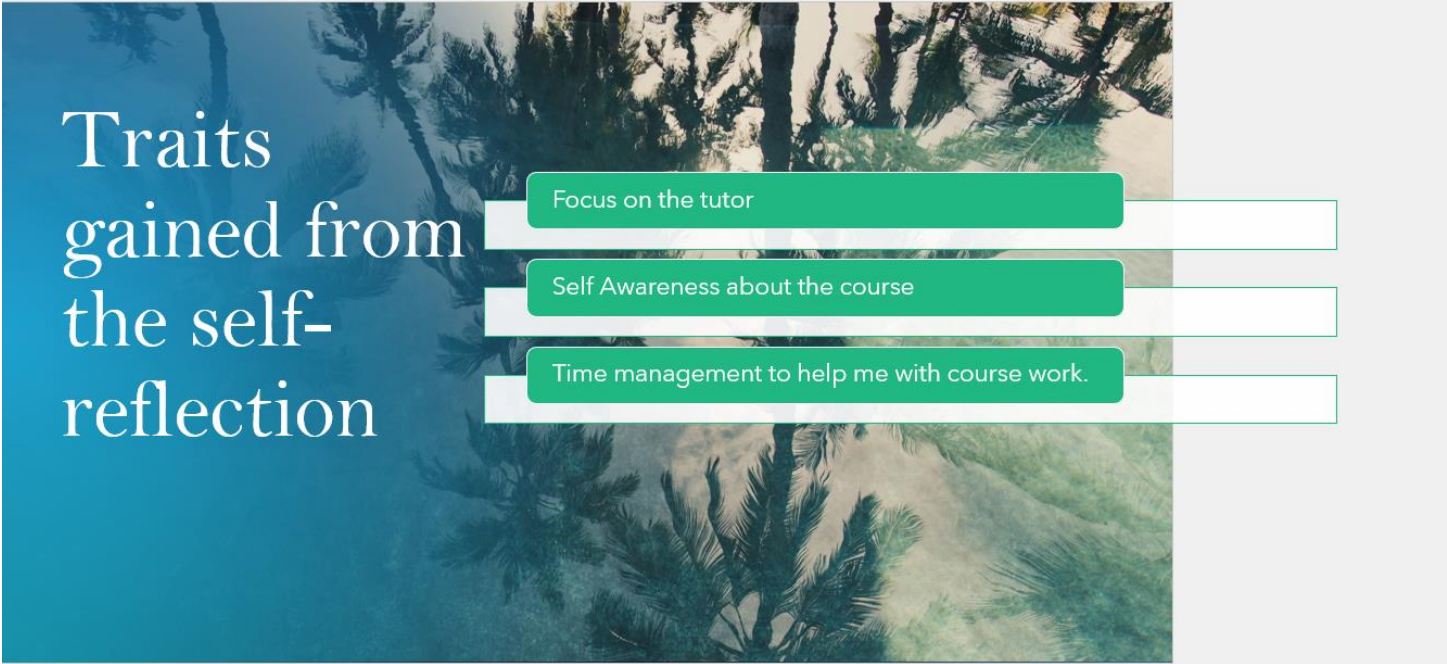
Task 1: Self-Evaluation

Strengths

- Fast learner.
- A very good team player
- Work under pressure

Weaknesses

- Time Management skill needs to be improved.
- Not very good listener
- Easily distracted



Traits gained from the self- reflection

Focus on the tutor

Self Awareness about the course

Time management to help me with course work.



My goal is to become a manager.

I can use **YouTube** as resource for communication skills.



Digital Literacy to help me use the computer at ease.

Task 3: Unit 4 Topic Summary

- **Learning To Learn.**

- The ability to take charge of your own growth, having resilience not to give up[2] .
- Over coming your comfort zone.
- People's habits.
- Habit loop - routine, reward, cue.
- Comfort Zone.

Conclusion



References

- [1] B. Hoskins and U. Fredriksson, Learning to learn: What is it and can it be measured? European Commission JRC, 2008.

