

 Prifysgol Cymru Y Drindod Dewi Sant University of Wales Trinity Saint David	<table> <tr> <td>Student No:</td><td>2317529</td></tr> <tr> <td>Module Title:</td><td>-----</td></tr> <tr> <td>Module Code:</td><td>-----</td></tr> <tr> <td>Lecturer:</td><td>Daniel Payne</td></tr> </table>	Student No:	2317529	Module Title:	-----	Module Code:	-----	Lecturer:	Daniel Payne
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Component One: Reflective Journal 1000 words

My Reflective Journal:

Reflective tools:

Part 1: Reflective practice

Part 2: Personal swots' analysis

Reflection Mean:

Reflective: doing list or look back, look forward no back

Reflection is Experience of any analysis or feelings

Key Of Reflecting:

Critical thinking is unpacked your thinking with words, how people are saying or what are they saying.

REFLECTIVE: Proof of your self

REFLECT OF WRITING IN ERA CYCLE:

Experience –action-reflection

WHAT ERA CYCLE MEAN:

It is experience of something you done

REFLECTIVE PROCESS:

Including negative and positive feeling's

ACTION MEANS;

What you learnt (learning) and feeling about your self

EXAMPLE: Around two years ago I became a nail and beauty technician, but my decision was made so quickly without thinking. I was thinking back properly and made a new plan for my life to go studying with something that will make my life in the future to be more experienced and qualified. I learned to be more positive and think twice before you decide.

Experience with guidance:

Both are positive and negative.

It is important to reflect on these experiences as they may help you develop technique and positive behaviour in the environment.

Swots' analysis:

And what does swot mean?

Strength -Weaknesses – Opportunities – Threats

Marketing and business skills:

WHAT MARKETING MEANS:

Its activity or business of promoting and selling products or services, including market research.

INCLUDE; Advertising

Selling

Or delivering products to a customer or other businesses.

My Experience of what I learned and experienced:

Working or studying in an environment, were University of trinity Wales, in course Hospitality Hotel management, I learned a lot in the first 2-6 weeks (about 1 and a half months) my experience is better than I foot. All I have learned about Business skills management and marketing is in the word write for examples. This course will help me thrive in this future position because my decision to study was the best decision I ever made. In the future my qualification will be the way I always wanted. Working in an environment of strict deadlines taught me how to discipline myself. Let us discuss what I learned in the past few weeks. We learned about reflection, critical thinking, experience, marketing, and business many are listed on the front of the document I made. Also we learned about our behaviour and how to communicate with people , In some pages named canva or linked in profile which will help us in the future. Linkedin profile is something that you can proof of your study and your experience what have you learned in the university ,Also we learned about difference between paraphrasing and plagiarism what difference between. Even what is academic misconduct ? Misconduct is the one important component or any action witch gains attempts to gain or assist other gaining or attempting to gain unfair academic advantage witch means copying work or ask for work to be done from others. Whats Qualitative and quantitative data legal framework responsibilities and fire safety. What service means who is the guest service and who is the factor ? Different types of hotels can be 5 * hotels with luxury facilities or could be hotels with 3* these types of hotels are different because they do not offer the facilities that 5* can offer. Learning about positions what we want to be and what all we need skills managing leader be friendly organisation good communication skills and attentions to a details , Also we learned about culture what this means and what is it culture is ideas customers and socilal behaviour what topic are covered and what types of culture. Carreers we had one day lady about carrers she was expalining why we will need this in future so and what carrers means occupation undertaken for a significant period of a person's life and with opportunities for progress. I think I learned loads in these 6 week sessions they are many more about fire safety and housekeeping walking around a hotel get expalined details from the personnel and managers .

Component Two: Action Plan

My Action Plan;

My steps towards achieving my goal in life are to graduate from the course I chose and prove to myself that I went to where I wanted to be. I know that I still need to work on certain things that I do not understand but if I want to achieve the goal that I wanted I must do more than I did until now. There are things that I did not understand until now but with an explanation that will remain from my teachers everything will be easier in the future. In the future, I must focus on understanding without asking for a small diagram that simplifies my assumptions.

GOALS:

Experience and values regarding my study at the overall studying

My prospective on the course is to get more qualified and get more learn because the course will make life easier in the future.

My experience of my studying is the more you learn the more you can understand and be in the right way.

OBJECTIVES:

My goal at the end of the course is to get great grades.

Standard of my expectations for the course is strong believe

References :

References from the savoy hotel london :

Higgins, Kat. "Countdown Begins To The Savoy's Reopening". Sky News Online, 15 July 2010, accessed 9 August 2010

"Katara Hospitality Adds London Landmark to Portfolio with Investment in The Savoy". Katara Hospitality. Retrieved 15 December 2018.

DELIUS HOTEL REFERENCES;

The Dorint Parkhotel Bad Vilbel is located at the gates of the Frankfurt metropolis. It was opened in 2021 and has 180 modern, air-conditioned rooms, a daylight-flooded restaurant with French cuisine and a modern hotel bar. The rooms have a homely design and radiate warmth and cosiness. Three air-conditioned daylight event rooms with 162 m² offer possibilities for successful meetings, events and functions.

The curtain and upholstery fabrics by Delius provide a homely ambience and can be found in almost all areas of the hotel.

Dorint Parkhotel Frankfurt/Bad Vilbel, Niddastraße 1, 61118 Bad Vilbel

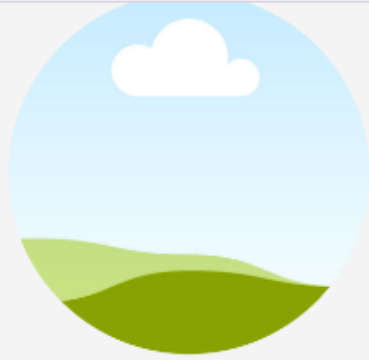
© Dorint Parkhotel Frankfurt/Bad Vilbel, Bad Vilbel

Anne of France

1460-1522 regent of the france , was the oldest daughter of King LuisXI and Charlotte of savoy .

Component Three: Professional development: build a personal brand and promote a professional identity. (700 words)

Canva Document



Marika Balazova

Marketing Manager

contact details

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Skills

Ability to work
Responsibility
Good communication skills

Languages

Czech- English

Education Profile

I have been working in the hotel ,2021 and i decided to become a student , I wanted to get more experience about hotels and bussines. In 2022 I started studying Hospitality Hotel Management , Because my plan is to become Hr Manager or receptionist in the popular Hotel.

Education:

2022-2023 Studying Hospitality
Hotel Management
2023-2024 Higher Education
Daytime/ fulltime.

Experience:

2020- worked as a
housekeeper
2021-receptionist in the
premier in hotel
2022-2023 Studying

Linkedin Screenshot

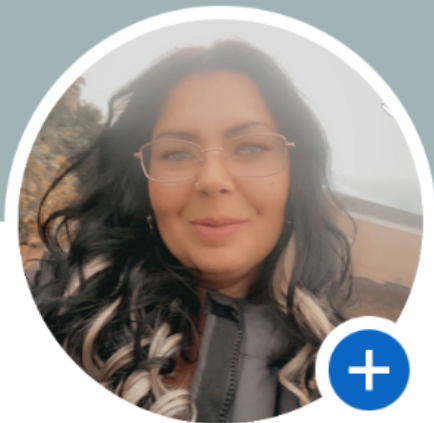
<https://photos.app.goo.gl/7hYz81z6WysiUXGP6>

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4G 32



Marika Balazova



Marika Balazova

Hospitality hotel managment

University of Wales Trinity Saint David · University of Wales
Trinity Saint David
United Kingdom

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Marika Balazova



Business Development Manager

Shell



Student

University of Wales Trinity Saint David · Part-time
Sep 2023 - Present · 3 mos
United Kingdom

Hi all

Am happy student 😊 studying hospitality hotel management in my first year
I just started on September 2023

Skills: Student Services · Higher Education

Education



University of Wales Trinity Saint David

Hospitality hotel management, Business and management
Sep 2023 - Jul 2024

Skills

Demonstrate skills



Student Services

19:39



Marika Balazova



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About



Hi All ,

My experience of what I done and what am doing now I was on academy around 2years ago to learn how to make a nails and hair extensions , but because I didn't had that much time because of my family (baby) then I was quid. My other year I was thinking about to become a student because I had some experience of hotel industry and marketing's . When I became a student my dream comes true this is why I was start to study. My dream is to become a Hr manager or something similar maybe in the future I can own my own hotel 😊 and be my own boss on everything .

Activity

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Create a post



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Component Four: Using the information prepared for your CV, present a 5 minute spoken CV

**This Presentation will be completed in person on site at Delta by Marriott.
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Timeslot: 11:45