

Personality and Individual Differences

Personality Disorders: Psychopathological Consequences

Examples of problematic behaviours	Psychopathological consequence of the behaviour	Personality disorder(s)
Behaviours that related to the avoidance of potential relationships (e.g., withdrawal) or that disrupts relationships (e.g., being confrontational, engaging in self-oriented behaviour)	Relationship problems: Instability to form lasting relationships or turbulent or problematic relationships	<i>Avoidant PD (avoiding due to fear of rejection)</i> <i>Schizoid PD (withdrawal, preference for being alone)</i> <i>Borderline PD (turbulent, unstable relationships)</i> <i>Narcissistic PD (self-oriented behaviour, interpersonal conflict)</i> <i>Paranoid PD (suspicion that leads to relationship difficulties)</i>
Behaviours associated with fear of rejection, criticism, and abandonment	Development of Axis I anxiety disorders	<i>Avoidant PD (more sensitivity to criticism and rejection)</i> <i>Dependent PD (fear of being abandoned)</i> <i>Borderline PD (intense fear of being abandoned, emotional instability)</i>
Behaviours associated with fear of rejection, criticism, and abandonment	Development of comorbid Major Depression, self-harm, suicidal ideation	<i>Borderline PD (self-harm, suicidality, unstable mood)</i> <i>Avoidant PD (feelings of inadequacy leading to depression)</i> <i>Dependent PD (vulnerable to depressive symptoms when relationships are threatened)</i>
Impulsive behaviour, aggression or angry reactions, behaviours aimed at remorseless short-term self-gain	Behaviours that incur risk of harm to self or others	<i>Antisocial PD (impulsivity, aggression, risk-taking, lack of remorse)</i> <i>Borderline PD (impulsivity, anger)</i>

		<i>Narcissistic PD (exploitative behaviour [but usually less impulsive])</i>
Avoiding interaction with other people, emotional liability, consistent failure to honour obligations (irresponsibility)	Behaviour causes impairment in occupational functioning and educational underachievement	<i>Avoidant PD (avoid interaction because of fear or shyness)</i> <i>Borderline PD (emotional instability affecting functioning)</i> <i>Antisocial PD (irresponsibility, failure to meet obligations)</i> <i>Schizoid PD (withdrawing from social interaction)</i> <i>Schizotypal PD (social avoidance and interpersonal deficits)</i>