

WORK RELATED STRESS

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IMPACT OF THE WORK ISSUES

- ✓ MENTAL HEALTH ISSUES
- ✓ HIGH LEVELS OF STRESS
- ✓ HIGH LABOR TURNOVER
- ✓ LOW PERFORMANCE
- ✓ POOR WORK ENVIRONMENT



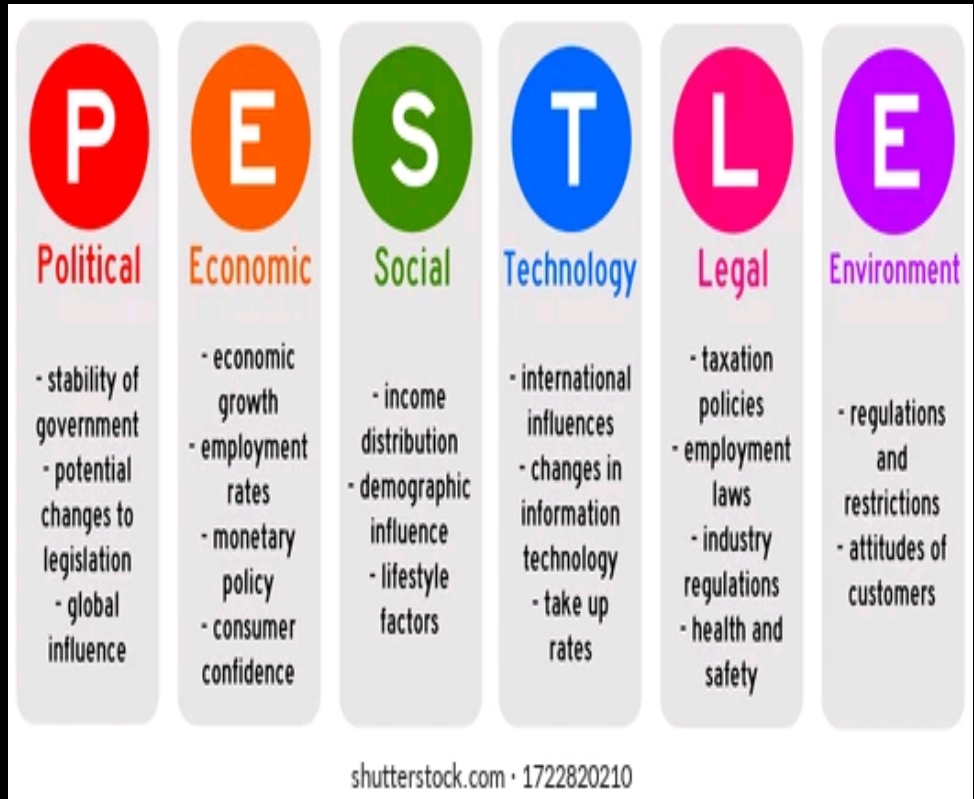
ANALYSIS OF THE COMPLEX PROBLEMS

- ✓ SOCIAL PROBLEMS
- ✓ CULTURAL PROBLEMS
- ✓ TIME MANAGEMENT
- ✓ TASKS
- ✓ PERFORMANCE
- ✓ ENVIRONMENT CHALLENGES



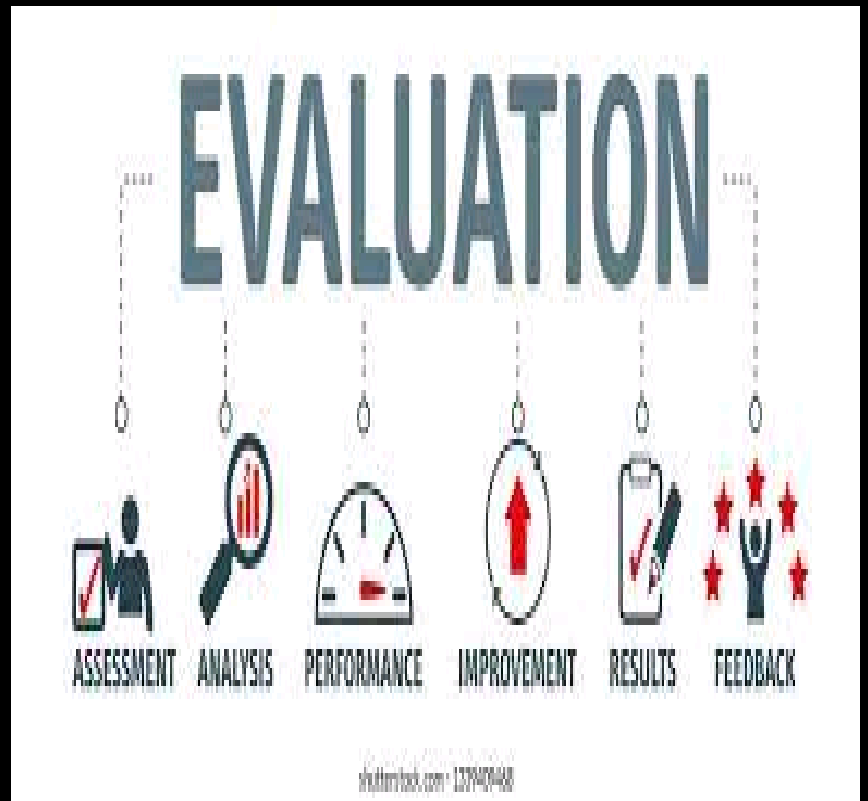
PESTLE OF MACRO ENVIRONMENT FACTORS

- ✓ POLITICAL
- ✓ ECONOMIC
- ✓ SOCIAL
- ✓ TECHNOLOGY
- ✓ LEGAL
- ✓ ENVIRONMENT



EVALUATION

- ✓ ASSESTMENT
- ✓ ANALYSIS
- ✓ PERFORMANCE
- ✓ IMPROVEMENT
- ✓ RESULTS
- ✓ FEEDBACK



SOLUTIONS

- ✓ GOOD WORK ENVIRONMENT
- ✓ FAIRNESS
- ✓ HONESTY
- ✓ EFFECTIVE COMMUNICATIONS
- ✓ PROBLEM SOLVING
- ✓ REDUCING STRESS LEVELS
- ✓ POSITIVE ATTITUDE



CONCLUSION

- ✓ IMPORTANCE OF WORK
POSITIVE
ENVIRONMENT
- ✓ OUTCOMES
- ✓ FINDINGS
- ✓ VALUES FOR WORK



REFERENCE LIST

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