

Introduction to Research

BMHP5005

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Literature Review Focal Point

Title: Adults with Autism Spectrum Disorder And The Challenges They Cope With



- Research Question: What are the effects of autism spectrum disorder on employability for adults affected?
- Aim: The aim of this research is to answer the topic questions and find the gaps
- Objectives: The objective of this literature review is to research relevant literatures, observe them and find the evidence correlating to employability and autism

Methods

- **What did you do?** A secondary research was done on qualitative data
- **Key Words:** Autism, ASD, Employment, Paid-work, Jobs, UK and International countries
- **Data Sources:** Uni Library, Google scholar, PubMed, Publish research, Sage Journals, Articles and media e.g., YouTube video
- **Inclusion and Exclusion criteria:**
- Inclusion criteria was autistic adults and employability. Working adults and their behaviour in a work environment. ASD adults and paid-work, articles within the last ten years. Within the UK and Internationally
- Exclusion criteria were under 18 years of age with Autism, none-working adults with ASD, unpaid work and any literature done before the last ten years

Findings & Key Themes

Key Findings:

- Individuals with ASD are at a disadvantage of being employed. Unable to find conclusive interventions that would absolutely support the progress of employment effects for people with ASD. (Westbrook, et al).
- They are at a disadvantage when it come to securing employment because of limited social skills (Gal et al, 2015)
- The basis of evidence used to determine the cases generally include a mixture of data obtained from different sources and data resources for example medical histories, health professionals, educational suppliers, teachers, parents, etc., (Alsehem et al, 2017)
- Results were successful with support and work-related social skills interventions and soft skills, (Connie Sung et al, 2018).

Key Themes:

- They do not get employed as other people who doesn't have ASD, employment is low (Hendricks, 2016).
- They are more likely to be unemployed, difficulty finding employment (Seaman, 2016)