

Assignment Title:

E-Portfolio Evidence of Learning

Module:

Change-makers: Building your Personal Brand for Sustainable Employment

Module code: BMHP5015-BIRM

Programme: BSc (Hons) Health and Social Care

Student name: Oslava Chougleva

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OSLAVA CHOUGLEVA

SOCIAL WORKER

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20/10/2022

Manager
Paramount Foster Care
1 Victoria Road
West Bromwich
WE1 1QT

Dear Sir/Madam,

I would like to be consider for the position of Supervising Social Worker - Protected Caseload at Paramount Foster Care. I believe my 10 years of experience can be beneficial for your organisation as dealt with many complicated cases, which are directly linked to the position description .My experience includes successfully dealing with a demanding schedule with small children, youths, and individuals with learning disabilities. I am using a person-centred approach to my work, which entails dealing with service users professionally and practically to get the most outstanding results. I have also had experience working with primary care offices and psychosocial agencies to deliver high-quality care.

I am also really interested in safe standards of childcare. This inspired me to launch a charity project for the community, improving level of care ,and educate potential foster carers. I had to communicate with many institutions and have acquired competence in safety and social care. Along the road, I encountered specific difficulties like a lack of participants' support, involving more diverse communities and overcoming them by using my network of colleagues and friends. The project's overall impact was evaluated by creating small groups of supporting volunteers that can provide additional assistance for safeguarding families involved with Social Services.

My knowledge of work as a social worker benefits me to be committed to assessing what is best for the individual, and I am always looking for ways to improve the service for service users. I could deal with high load. I also have the motivation and enthusiasm required to be successful in this role.

Please review my Curriculum Vitae for further insight on my working history.

Thank you for taking the opportunity to consider my application.

I look forward to hearing from you in the future.

Yours sincerely,

Oslava Chougleva

OSLAVA CHOUGLEVA

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PERSONAL SKILLS

Exceptional interpersonal communication
Problem solving
Caring and sensitive
Extremely Organised
Work well in teams
Logically thinking
Excellent time management
Client assessment and analysis skills

IT SKILLS

Microsoft Packages:

Word

PowerPoint

OutLook

Operating Systems:

Apple Mac & Windows Pc

EDUCATION

BSc Hons.

Health and Social Care

University of Wales Trinity Saint David
Birmingham Campus, UK

Level 4 Certificate in Higher Education

Health and Social Care

University of Wales Trinity Saint David
Birmingham Campus, UK

LANGUAGES

English



Bulgarian



Russian



PROFILE

A positive and highly enthusiastic multi-lingual Social Worker, dedicated to providing the best possible outcome for children, youths, and family. With excessive knowledge necessary to support the communities.

Desire to support and sustain duty that is in the best interest of the children/ young people.

As a professional social worker, I always will look at positive solution for the young people. As I am register with Social Work England and Scottish Social Services Council (SSSC), it allows me to performed duty in Scotland as well in England.

I hold a full clean UK driving license and I have clear enhanced DBS check.

WORK EXPERIENCE

Social Worker

Birmingham City Council

Apr 2015 – Present

- Assisting vulnerable children and their families and ensuring their wellbeing.
- Collaborating closely with government and non-profit organizations to gather and distribute information.
- Helped individuals integrate into the community, support was given in the social, physical, and emotional domains.
- Conducted assessments and reports to determine the patients' needs for the right services.
- Creating an environment where team members feel supported.
- Putting into practice the most recent vital registration laws and expanding my knowledge.

Assistant Social Worker

Birmingham City Council

May 2012 - Apr 2015

- Helping young people with their independent planning process.
- Developed preliminary analyses to define and analyze possible persons' needs and lay out the necessary steps.
- Organizing temporary housing and other support services for young people, as well as helping with any necessary financial assistance.
- Controlling post-treatment services.
- Acquiring and uploading pertinent case data.

Facilities supervisor

Birmingham Hebrew Congregation

Oct 2007 - Jan 2012

- Setting and unsettling the alarm system and securing premises.
- Upkeep and general care of the building and premises.
- Managed general maintenance and minor repair work.
- Managed general portorage duties and moving of furniture.

Self Employed

1990 -2007

- Domestic cleaning and housekeeping services.
- Retail of men's, women's and children's sports equipment and clothing.
- Property upgrade and management.

REFERENCES

Mrs. Anna Smith | Social Worker at Birmingham City Council | Tel: 0121 648 9089 | Email: smithanna@birmingham-city.gov.uk
Mr. Jeff Wilks | Manager HR at Birmingham City Council | Tel: 0121 648 9089 | wilksjeff@birmingham-city.gov.uk



**DYSL
EXIA!**

**OR NOT
INTELLIGENT ENOUGH?**



DYSL EXIA! OR NOT INTELLIGENT ENOUGH?

A team of researchers are interviewing several people who have dyslexia. Around 10% of the UK population, or 6.3 million people, have dyslexia (Government Digital Service, 2017). Those who experience dyslexia suffer challenges in reading, writing, and math (Rakshit and Mete, 2022). The documentary will show the story of three people with dyslexia. Some of them are highly successful. The documentary will reflect on their challenges and discuss how to recognise and manage their dyslexia.

This is my proposal for a TV documentary, which features three characters with variable experiences and stories regarding dyslexia. The discussion of those three characters will help the public to understand the complexity of dyslexia.



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First three episodes will be 15 minutes each and will highlight three persons personal difficulties of dealings with dyslexia. Also, will discuss the importance of diagnosing dyslexia and the effects it may have on various subgroups. As children with difficulties reading, writing, or counting can experience significant consequences. It will emphasise of how important the early diagnosis is. As dyslexia may affect the type of intervention the children receive.

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EPISODE 1: JOHN STUDENT OF THE YEAR IS DYSLEXIC.

John is 35 years old; he left school at 14 after frequently getting sent out of class for poor behaviour. It appeared that everyone had assumed that John was not intelligent because he had experienced significant difficulty in relation to reading and writing, therefore it impacted his concentration levels during study (Allan, 2018) (Brimo et al., 2021). It harmed his self-esteem (Lithari, 2021).

However, 20 years later, he won the Student of the Year award at Dundee and Angus College.

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EPISODE 2: STEPHANIE DYSLEXIC. SUCCESSFUL. DIRECTOR.

Stephanie is a director of the training and consulting organisation Hologic. Her story began when she was in her last year of primary school. Because of challenges in classes, she was falling behind her friends. Because of this, she believed that some people are intelligent from birth while others are not, and she is not intelligent. Her real trouble began when she went to secondary school. She intentionally misbehaved and got out of class with minimal achievement, as it took her longer than her friends to learn and complete the task (Kalsoom, Mujahid, and Zulfqar, 2020). She was downgraded a year and placed in the "nurture group," the bottom level, with young children who were emotionally different from her (Tynan, 2019).

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EPISODE 3: KYRA DYSLEXIC & PHD.

Kyra is a PhD student, an avid reader, and fluent in Welsh and English. As a child, she always had a torch tucked under the pillow and continued reading the book even if it was bedtime. She often reread chapters and passages to ensure that she understood everything, as she did not fully understand everything she was reading. Because of her love for reading, one thing that helped her to remain unnoticed and misdiagnosed for such a long period was how much she adored reading and literature (Hamilton, 2021). The school tests she completed had the same format and pattern. Managing to put them together is one example of how she unknowingly adapted because there weren't many modifications made to them from year to year (Rimfeld et al., 2019).

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THE 4TH EPISODE

will be 15 minutes and will discuss:

THE AVAILABLE TECHNOLOGIES THAT COULD ASSIST PEOPLE WITH DYSLEXIA.

Employers and educational institutions are required by the Equality Act 2010 to make accommodations so that students and employees with disabilities can perform successfully (Disability Law Service, 2020).

Transforming text into speech, assistance with writing and help to get more organised.

- Text-to-speech software, optical character recognition scanning and reading pens, can assist people with reading dyslexia.

Checking and correcting spelling can help with writing dyslexia.

Word processing programmes, voice assistants such as Siri, Cortana, Google Assistant or Amazon's 'Alexa' to ask how you spell words, voice, or speech recognition software. When composing, editing, and formatting text on a computer, it is frequently a very efficient and productive process (Abilitynet.org.uk, 2022).

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**THE 5TH EPISODE:
WILL BE 15 MINUTES AND WILL DISCUSS**

**THE IMPORTANCE OF RECOGNISING MENTAL HEALTH ISSUES CAUSED
BY DYSLEXIA AND THE AVAILABLE MENTAL HEALTH SUPPORT.**

One of the most common causes is low self-esteem. It leads to emotions of unworthiness, inadequacy, and deficiencies. Self-esteem also means how much one believes in what they are capable of or entitled to recognition (Nalavany and Carawan, 2011).

This episode will discuss how counselling can reduce the risk of developing emotional and behavioural issues. Supporting line for children and adults who need motivation and education assistance (Livingston, Siegel and Ribary 2018). The importance of providing support and guidance to persons suffering from dyslexia-related difficulties in their daily lives will make them feel part of society and reduce mental issues.

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I think that the most suitable time for this documentary to reach the public is during Dyslexia Awareness Week from October 3–9. As documentary discusses the challenges people with dyslexia frequently encounter ,while emphasising how people, organisations, and the educational system can overcome these challenges (British Dyslexia Association, 2022).



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