



Name: Abibat Laura Bamidele Bamidele

Student ID: 2513925

Module Code: LCHS4001

Module: Academic and Employability skills

Lecturer: Charissa Brain

Submitted on:

Complete the template below (use the prompts in the Task 2 information document to help)

- Take your time, there is no limit – you have until Friday of Week 8 to submit
- Use any notes you have already made to help
- The boxes will expand when you type

Section	Your response (Use your own words!)
1. Research	When I approached research for a presentation on Midwifery, I started by identifying reliable and authoritative sources such as academic journals, official health organization websites, and textbooks related to maternal health. I focused on gathering information about the roles, responsibilities, and importance of midwives in healthcare. What went well was finding detailed and credible information that helped build a strong foundation for the presentation. Using databases like PubMed and trusted sites like the World Health Organisation provided accurate and up-to-date data. The difficult part was narrowing down the vast amount of the information to the most relevant points and ensuring that the sources were current and trustworthy. Sometimes, medical terminology was complex, requiring additional effort to understand and explain clearly. Regarding confidence in using websites or sources, I felt much more confident because applying for the CRAAP test helped me critically evaluate the quality of sources. It ensured that the information I used was not only relevant but also credible which was crucial for the presentation. So yes, the CRAAP test definitely helped me filter out unreliable sources and focus on high-quality information.
2. Presenting	To prepare for my presentation, Firstly I organised the key points I wanted to cover based on the research I wanted to cover based on the research I had done. I created an outline to structure the flow of information. I practiced several times to improve my confidence and timing. What went well was my ability to explain complex topics in an understandable way and engage the audience with real life examples.

	The difficult part was managing my nerves and making sure I didn't go over the time limit. Also, answering some unexpected questions from the audience was challenging. Next time, I would approach the presentation differently by practicing with a friend or mentor to get feedback. I would also prepare more detailed answers for possible questions and try to include interactive elements to keep the audience even more engaged.
3. Challenges you faced	I felt confident in my ability to find reliable and relevant information for my midwifery presentation and to organise it clearly for my audience. I was also confident in explaining the key points in a way that made sense. However, I still found it difficult to handle unexpected questions during the presentation and to manage my nerves fully. Sometimes, I got confused about how much detail to include without overwhelming the audience. Feedback that would help me improve includes advice on how to stay calm under pressure and how to better anticipate and prepare for possible questions. Support like practicing with someone who can give constructive criticism would also be very useful.
4. Actions to improve	Before next term, I wanted to improve my time management skills. To get better at research and presenting, I planned to practice regularly, especially focusing on summarising key points clearly and practicing speaking confidently.
5. Further steps needed to Prepare for Task 3	I intend to carry on building on what I've learned so far and practicing both research and presentation skills regularly. Next, I need to plan my time better for longer projects and practice answering questions confidently. The three skills I need to focus on are: effective time management, clear organisation of information, and confident public speaking. I will also work on improving how I search for information by using more specific keywords and evaluating sources carefully with tools like the CRAAP test.

