

Programme Handbook & Scheme of Work 2019-2020

ECHC5004 Professional Relationships

MODULE CODE: ECHC5004
TITLE: Professional Relationships
DATED: 17/05/2017

LEVEL: 5
CREDITS: 20

JACS CODE: B940

AIM(S)

- To provide learners with an understanding of various professional relationships within organisations where therapy can take place.
- To provide students with an understanding of clinical supervision.
- To become familiar with a range of organisational structures and understand policies, procedures and agency boundaries.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to demonstrate the ability to:

- Make critical use of supervision to develop understanding about clinical work and to enhance and protect wellbeing.
- Critically assess contact with external agencies and professionals, as appropriate to the interest of the client.
- Critically evaluate policies and procedures of placement such as, equal opportunities, disability and widening participation
- Critically evaluate the range of psychological services and interventions available to clients.

INDICATIVE CONTENT

- Exploration of pressures and challenges of working with different organisations.
- Consider the wider role of the counsellor in the exploration and development of new initiatives within organisations.
- Identify the confidentiality, disclosure needs and ethical implications when Counselling within different organisations.
- To understand the role and expectations of supervision within various Counselling agencies.
- Critical assessment of the term 'professional' as it relates to contemporary Counselling.
- Critical assessment of Counselling regulation
- Critical assessment of mental health provision locally and internationally

LEARNING AND TEACHING STRATEGY

The module will be taught concurrently to ensure that learning is across a range of knowledge and practice areas to enable the student to develop a multi-layered approach to practice, reflecting the depth and complexity of the nature of Counselling practice. In addition, a number of teaching and learning strategies, appropriate to the aims and learning outcomes of the module, will be used to enable learners to develop the full range of skills and knowledge achieved in this module.

Practical classes and workshops will form the core learning and teaching strategy of this module, which will enable students to develop the skills acquisition identified in the aims of the module. Practical supervision time will enable students to receive direct and immediate feedback on skills and lecturer demonstration will act as a pedagogic function. A range of teaching and learning strategies, appropriate to the aims and learning outcomes of the module, will be used to enable learners to develop the full range of skills and knowledge achieved in this module. Lectures will introduce the learner to the concepts, principles and practices under consideration and seminars will illustrate with examples, which will be used to support the application, discussion, and critical evaluation of the topics. Tutorials will enable students to receive one-to-one support from lecturers and assignment supervision will offer focused support and discussion regarding assignments. In addition, learners will work collaboratively in small groups, participate in workshops, role play and experiential and reflective activities. Lecturers will provide pedagogic demonstrations and observation with formative feedback. Students will be encouraged to share peer learning by preparing and presenting information on selected topics.

The allocation of teaching to deliver the module is:

Activity type	Hours	Percentage
Scheduled learning	40	20%
Independent learning	160	40%
Placement learning		
TOTAL	200	100%

ASSESSMENT

Assessment Component 1: 50%

Coursework assignment: Essay (2500 words)

Critically discuss the implications of confidentiality agreements when working within a professional clinical team, where there is an expectation and a need to share information.

Assessment Component 2: 50%

Practical: Presentation (20 minutes)

*Critically evaluate **one** Counselling organisation, identifying the philosophy, culture and economic boundaries of the organisation.*

Assessment Summary

Activity type	Percentage
Written exam	
Coursework	50%
Practical	50%
TOTAL	100%

EDUCATION FOR SUSTAINABLE DEVELOPMENT (ESD)

Does the module contribute to ESD?	Yes
If yes please provide brief details (no more than 100 words): Sustainable Literacy Skills	
- Students are encouraged to consider and engage with conversations relevant to sustainability. The module will engage students in the dialogues and tensions between the individual understanding of psychological, socio-political and constructivist theories to stimulate future thinking regarding the growing incidence of mental health. - Students are encouraged to think critically and creatively within the field of mental health and social care and explore new approaches to practice. - Students are able to appreciate the importance of environmental, social and political contexts to their studies.	

Module Code	EHC5004	
Module Title	Professional Relationships	
Classification	Reading List entry	Electronic*
Essential	Bond, T. 2015. <i>Standards and Ethics for Counselling in Action</i> . 4 th ed. London: Sage	☐
Essential	Moore, J and Roberts, R. 2010. <i>Counselling and Psychotherapy in Organisational Settings</i> . Exeter: Learning Matters	☐
Essential	Hawkins, P. and Shohet, R. 2012. <i>Supervision in the Helping Professions</i> . 4 th ed. Maidenhead: McGraw-Hill/Open Univeristy	☐
Further	McLeod, J. 2013. <i>An Introduction to Counselling and Psychotherapy</i> . 3 rd ed. Maidenhead: McGraw-Hill/Open University	☒
Further	Reid, H. and Westergaard, J. 2013. <i>Effective Supervision for Counsellors: An introduction</i> . London: Sage	☐
Further	Mitchels, B. and Bond, T. 2010. <i>Essential Law for Counsellors and Psychotherapists</i> . London: Sage	☐
Further	Jenkins, P. 2017. <i>Professional Practice in Counselling and Psychotherapy: Ethics and the Law</i> . London: Sage	☐
Further	BACP Counselling and Psychotherapy Research Journal	☐
Further	Therapy Today	☐
Further	Person-centred & Experiential Therapies	☐
Further	Journal of Humanistic Psychology	☐
Further	British Journal of Guidance and Psychotherapy	☐
Further	Journal of Psychotherapy and Counselling Psychology Reflections	☐
Further	Journal for Social Action in Counseling and Psychology	☐
Further	International Journal of Psychotherapy and Politics	☐
Further	Journal of Critical Psychology, Counselling and Psychotherapy	☐
Further	Databases e.g. ProQuest, Science Direct, JStore	☒

Scheme of Work

Subject to adaptations and changes

Mondays 9-11

Dates	Topics
	Semester 1
Week 1 30 th Sept	Module Introduction – Semester 1 Assessments & Expectations Activity: <i>What do you know?</i> Supervision Group procedure
Week 2 7 th Oct	Review of BACP Ethical Framework & Data Protection Act 2018 Exploring the BACP Ethics Hub Why too need to consider ethics? Or be guided by an ethical framework?
Week 3 14 th Oct	Professional Practice and Confidentiality Discussion on Confidentiality in various professional practices Further Assessment Guidance
Week 4 21 st Oct	Counselling within the NHS Primary and Secondary Services Module Evaluation - Midpoint
WC 28 th October Reading Week	
Week 6 4 th Nov	Counselling with the GP/Surgery Addiction Organisations
Week 7 11 th Nov	Counselling in Voluntary Organisations Mental Health Charities, Bereavement organisations, domestic violence or organisations working with abuse, cancer charities, and others.
Week 8 18 th Nov	Counselling in Schools Primary to Tertiary
Week 9 25 th Nov	Counselling in Private Practice Private Practice Implications The online counsellor
Week 10 2 nd Dec	Peer Supervision Groups – Ethical Dilemmas Scenarios Critical Essay Writing Tutorial Assessment
Week 11 9 th Dec	Peer Supervision Groups – Ethical Dilemmas Scenarios Tutorial Assessment Module evaluation – 1st Semester
Assessment Period 8 th – 20 th 7/01/2020	Tuesday, 8th January 2020 – Assessment

Week 12 27 th Jan 2020	Module Introduction – Semester two Assessment & Expectation Updates on placements
Week 13 3 rd Feb	Regulation of the Counselling Profession – Professionalism The current political debate Ethical Framework Review
Week 14 10 th Feb	Policies and Procedures within Counselling Organisations Placement policies Individual Feedback on Assessment 1
WC 17 th February Half Term	
Week 16 24 th Feb	Understanding Supervision Current practice and debates Module Evaluation – Midpoint – Semester 2
Week 16 24 th Feb	Supervision Models Exploration of various models – what type of models are placement utilising
Week 17 2 nd March	New Initiatives within Counselling Today Group Work, natured-based approaches and others
Week 18 9 th March	Cultural and Diversity Implications Critiquing the counselling profession
Week 19 16 th March	Counselling – Social Justice Is Counselling Political?
Week 20 23 rd March	REVIEW – Assessment Preparation Student Choice
WC 30 th March Spring Holidays	
Week 21 20 th April	How to give an excellent presentation Student Choice Placement check – Group Work
Week 22 27 th April	Assessment 2: Seminar Presentations
Week 4 th May	Assessment 2: Seminar Presentations Module Evaluation – Semester 2