

National Water Safety Management Program Inland & Coastal Waterways Joint Worksheet

Candidate details (*Please complete below*)

Candidate name: _____ Date of Birth: ____ / ____ / ____

Candidate statement – I can confirm the following:

- The assessment within the theory and practical assessments has been completed under exam conditions
- The answers on this sheet are my own work
- The assessor has provided me with feedback for the theory and practical assessments and I am satisfied with the information received

Signature: _____

Trainer Assessor details (*please complete below*)

Trainer Assessor Name: _____ Society Number: _____

Assessment date: ____ / ____ / ____

Trainer assessor statement – I can confirm the following:

- All assessment paperwork has remained in a secure location until the start of the assessment
- I have checked the candidate's photographic identification prior to the assessment commencing
- The candidate has completed all elements of the assessment under exam conditions
- I shall ensure all remaining assessment paperwork is retained securely

Signature: _____

Candidate result – Worksheet assessment: ____ /21 (*candidates must score at least 16 to pass*)

Candidate result – Practical assessment: Pass/Fail

Candidate result – Final Result: Pass/Fail

1. Identify one hazard associated with a river

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use only

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2. Each tide takes around....

- a. Five hours to rise and six hours to fall
- b. Six hours to rise and five hours to fall
- c. Six hours to rise and six hours to fall
- d. Five hours to rise and five hours to fall

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3. Name one method of communication

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4. Identify the different hand signals that may be used when communicating from land to water



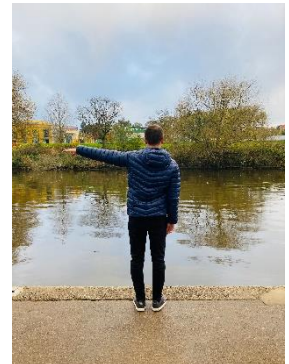
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5. What is the position in the picture called?

- A. Security position
- B. Stand off position
- C. Safe position
- D. Standard position



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6. What does one long blast of a whistle mean?

- A. To tell others you are going on your lunch break
- B. To attract attention of a person or group
- C. To attract the attention of other instructors/ members of the team
- D. To clear the water of all participants

7. Identify a hazard associated with working at night

8. Which of the following would be found in the Normal Operating Procedure

- A. Emergency access point
- B. Daily operations
- C. Minor injury response
- D. Overcrowding

9. What is the purpose of a dynamic risk assessment?

- A. To create a detailed plan for managing an emergency situation
- B. To ensure everyone follows established safety protocols
- C. To highlight new or evolving hazards whilst at a venue
- D. To create a overall risk assessment of an activity/ venue

10. Identify a reason you may choose to use a line formation when in moving water

- A. Operating alone
- B. Narrow route
- C. To get good pictures
- D. So you can stand next to your friends

11. Which type of rescue are Life Rings designed for?

- A. Reach rescue
- B. Shout and signal rescue
- C. Throwing rescue
- D. They are not designed to be used during water rescue

12. What best describes the "HOT" zone?

- A. The area more than 2 meters away from the waters edge
- B. The water
- C. Up to 2 meters away from the waters edge
- D. up to 6 meters away from the waters edge

13. Name one type of search

14. What is the technique called when floating down moving water

- A. Defensive swimming
- B. Aggressive swimming
- C. Breaststroke
- D. Front crawl

15. What does the "L" stand for in C.L.A.P?

- A. Line of sight
- B. Level of water
- C. Lookout
- D. Leader qualification

16. When entering the water to perform a rescue, which of the following is NOT a safe entry?

- A. Walk in
- B. Straddle
- C. Dive
- D. Step-in

17. Which answer best describes a Permanent rip?

- A. The rip may stay for a few weeks to several years
- B. The rip may last for several hours to many months
- C. The rip moves along the beach, pushed by the action of the waves
- D. The rip is caused by a sudden build-up of water on the beach caused by waves

18. Identify one species of marine life that may cause harm
