

BASIC DIGITAL SAFETY: PROTECTING YOURSELF ONLINE

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1. Use Strong, Unique Passwords

Avoid using the same password for multiple accounts. Combine letters, numbers, and special characters to create strong passwords.

2. Enable Two-Factor Authentication (2FA)

Add an extra layer of protection by enabling 2FA on accounts that support it (e.g., email, banking).

3. Beware of Phishing Scams

Be cautious when receiving unsolicited emails or messages, especially those asking for personal information.

4. Keep Your Software Updated

Regular updates ensure that your devices have the latest security patches to protect against vulnerabilities.

5. Use Secure Wi-Fi Networks

Avoid public Wi-Fi for activities like online banking or shopping. Use a Virtual Private Network (VPN) for added protection.

Stay Safe, Stay Secure!