

Assignment 2 Professional development plan

by Francois Riches

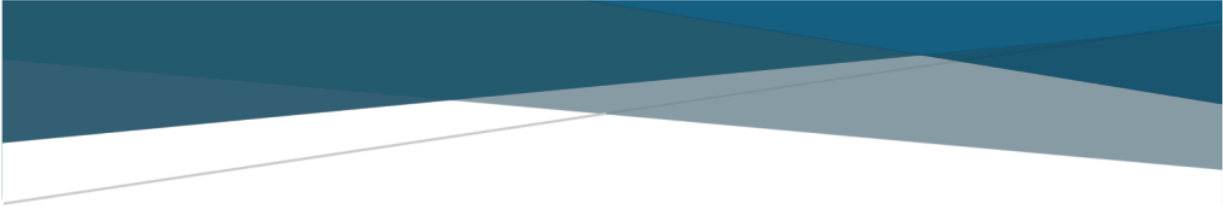
Submission date: 02-Dec-2024 01:51PM (UTC+0000)

Submission ID: 244366853

File name: 50339_Francois_Riches_Assignment_2_Professional_development_plan_559777_399228810.docx
(1.86M)

Word count: 65

Character count: 351



ASSIGNMENT 2: PROFESSIONAL DEVELOPMENT PLAN

Module: Learning in the Digital Era (Computing &
Electronics)
Module Code: ACCA4025
Bachelor of Science: Computing (Software Engineering)

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Task 1 – Self-evaluation



Self-Evaluation

Strengths	Weaknesses	Traits
• Authenticity • Kindness • Generosity • Fairness • Dependability • Open-Minded	• Procrastination • Blunt • Self-Critical • Introverted • Lack of Confidence • Low Motivation • Uncomfortable with ambiguity	• Compassionate • Conscientious • Honest • Loyal

Task 2 – PDP

PDP was created in PowerPoint using the create table feature. Link to PowerPoint presentation below.



Personal Development Plan

What do I want/need to learn or develop? Specific & Relevant	What will I do to achieve this? Specific	What resources or support will I need? Achievable	What will my success criteria be? Measurable	Target dates for review and completion. Timebound
Improve my programming skills.	I will take a course in intermediate C programming	Linked in Learning "Level Up C" course[10].	Completion of the course.	3-4 hours to complete. To be completed by 2025.
Take a risk. Leave comfort zone.	I will apply to enter and complete a competition.	Inspiring Skills[11], coding. Via the UWTSD.	To complete my competition entry.	Event will be completed by March 2025.
Improve creativity. (Digital Art)	I will take a course in using Inkscape.	Linked in Learning "Inkscape Essential Training" course[12].	Completion of the course.	7-9 hours to complete. by April 2025.

Task 3 – Unit 4 topic summary



Learning to Learn: Learning Agility

There are three main elements to agile learning, navigating newness, understanding others, and self-awareness [13].



Organisations seek employees with learning agility to foster adaptability and resilience within their workforce [13].



Learning to Learn: Breaking Habits

Habits are routines that are done automatically without too much thought[14].

Breaking a bad habit takes intent, fortitude, and behaviour modification[14].

Urges can be overcome with fortitude and distraction, inducing other sensations like hot/cold can be helpful.

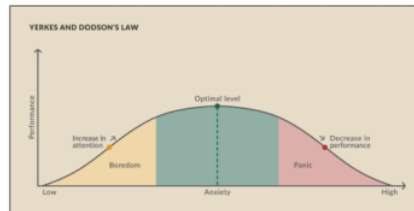


Learning to Learn: Comfort Zone



(Fig 1: Comfort to Growth Zones[15].)

The anxiety plays a key role in achieving optimal performance (see Fig 2) facilitating the learning zone, in which new skills are acquired and challenges met [15].



(Fig 2: Yerkes and Dodson's Law [15].)

Task 4 – Video presentation

Link to video Presentation: <https://youtu.be/LfEOZ8Mzj5Q>

Link to presentation outlook file: [Assignment 2 PDP.pptx](#)

Assignment 2 Professional development plan

GRADEMARK REPORT

FINAL GRADE

GENERAL COMMENTS

94/100

Total:		94
1. Engagement with Literature Skills		
+ Good use of citations and formatted reference list. – some additional high-quality reference sources could be used.	20	18
2. Knowledge and Understanding Skills		
Self-reflection: + Knowledge and understanding of self provided, including strengths, weaknesses and traits, from self-reflection. Good. Self-evaluation: + Good Knowledge and understanding of self provided, including strengths, weaknesses and traits, gained from the self-assessment tools. PDP: + Good understanding of Professional Development Planning demonstrated. + Reflective model documented. + Resources to achieve goals including supporting citations/reference sources included. Unit 4 Topic summary: + Some key areas/concepts have been described. Good. + Knowledge and understanding include some supporting citations and relevant reference sources.	20	20

3. Cognitive and Intellectual Skills		
Self-reflection: + Self reflected evaluation documented. Self-evaluation: + Good analysis from self-assessment tools provided. + Analysis includes reference to relevant theories and concepts. PDP: + Reflective model used in the analysis. + Good SMART Goals and PDP analysis covering development areas included. Unit 4 Topic summary: + Some key areas/concepts have been analysed. + Analysis includes some supporting citations and relevant reference sources.	20	20
4. Practical Application Skills		
Video creation: + Good use of Video creation and streaming platform. Self-evaluation: + Use of self-evaluation tools and their output clearly documented and presented in a well-structured format. PDP: + SMART well-structured PDP created. Goal progress: + Goal progress clearly documented. LPDP: + Understanding of the basic and underlying self-evaluation & PDP concepts and principles is applied. + Linked to personal & professional development.	20	20
5. Transferable Skills for Life and Professional Practice		

Video presentation:

- + Good format, structure and delivery.
- + Good balance between text and images/diagrams.
- Some Animation fx could be used.
- + Introduction and conclusion included.
- Time Management: - Over.

Word document submission: + Title page. Table of contents (Toc). Required content. Video link works well.

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