

HPCL5015 Oral Portfolio 2 Part II Oral Test (10min)

Instructions:

1. Please interpret the following text into Chinese, you need to cover all the main information and messages given in this text.
2. You will be given 5 minutes to prepare for your interpretation.
3. You can use a dictionary (paper or electronic) during preparation.
4. There will be 2 questions for you at the end of your interpretation base on the text.

Text for interpretation:

Many people have a busy work life nowadays. They may feel that they have no time to meet others, or that they are too tired to speak with others a lot. However, we should smile and use words such as “thank you” more, as this would improve our relationship with them.

Going travelling can also be helpful. You can enjoy the scene while taking photos, and at the same time, make unforgettable memories. Also, if you send the photos to your friends, you can make them happy too.

Another problem with a busy life is doing exercise. People may not exercise enough, or that they don't know how to exercise properly. Generally speaking, 9am is a good time; parks, hills and swimming pools are good locations for exercising; taking breaks and drinking water are also important.

Some problems may look difficult to solve, but if you try to engage with them, they may be easy to overcome.