

psychopathology and the cinema of loneliness

...entering the dark side of the self

“Art enables us to find ourselves and lose ourselves at the same time”

THOMAS MERTON

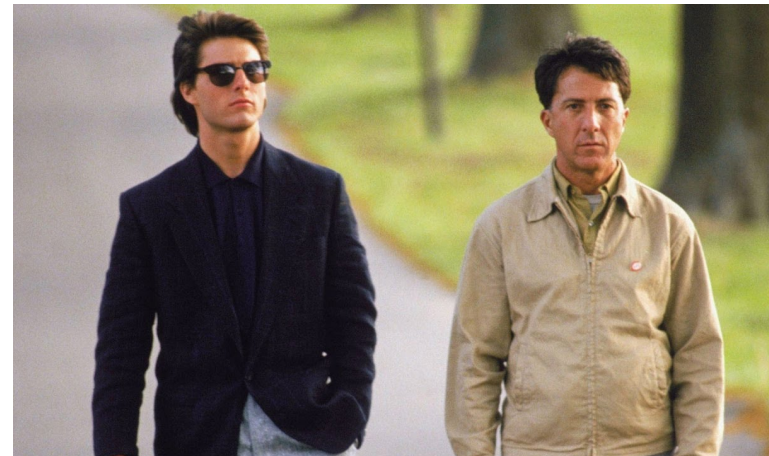
films and psychopathology

"One in four people, like me, have a mental health problem. Many more people have a problem with that." - Stephan Fry

- The **representation of psychological phenomena** in films
- The **depiction of psychological disorders** in films
- Film **Genres**
- **Misconceptions and Stereotypic Themes** in Films
- Mental Illness, Mental Health, and the **Human Condition**

Neurodevelopmental Disorders

Intellectual disability and Autism spectrum, communication disorder



Schizophrenia Spectrum and other Psychotic Disorders

schizophrenic, delusional, psychotic disorders



Bipolar and Depressive Disorders

Mood disorders, creativity, suicide, depression



Anxiety and Obsessive-Compulsive Disorders

Anxiety, OCD, obsessions, compulsions, panic attacks, phobias, agoraphobia, social anxiety



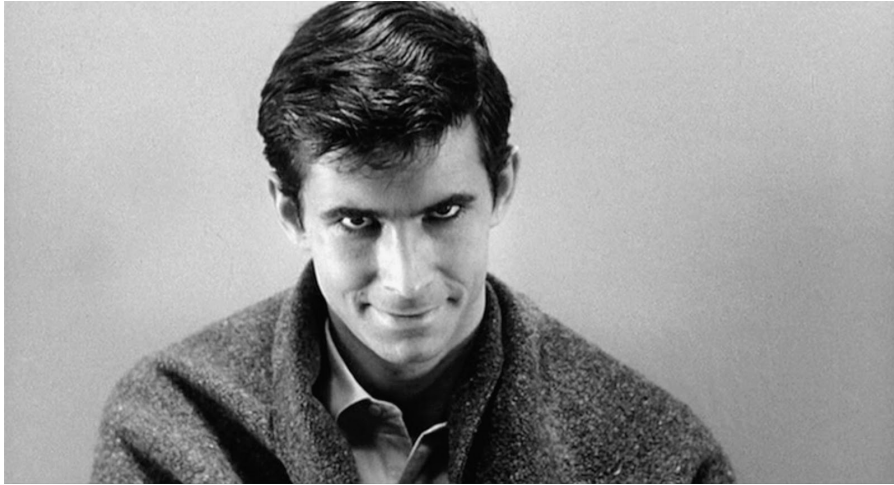
Trauma- and Stressor-Related Disorders

PTSD, acute stress, adjustment, bereavement



Dissociative Disorders

dissociative identity, amnesia, depersonalization..



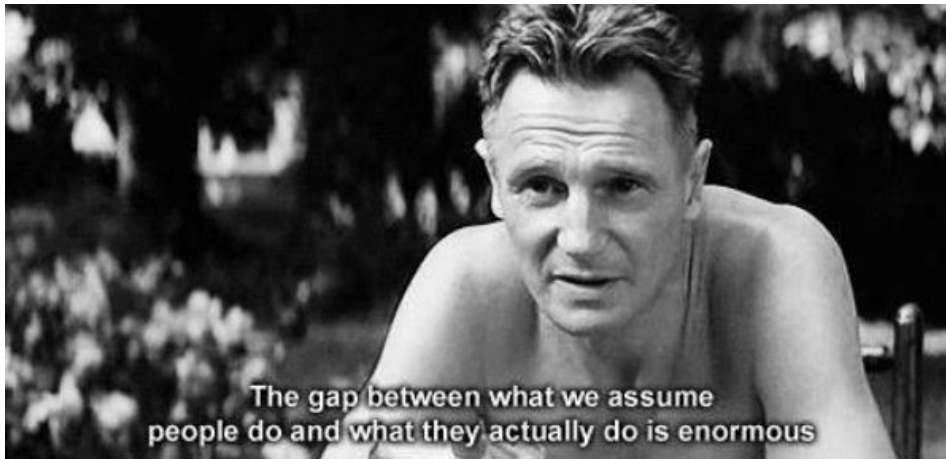
Sleep-Wakes, Eating and Somatic Symptom Disorders

Insomnia, narcolepsy ("sleep attacks") anorexia, binge, body image, illness anxiety, psychosomatic



Gender Dysphoria and Sexual Dysfunctions

“Don’t you find it odd that plastic surgery can cure a mental disorder” Transamerica (2005)



Disruptive, Impulse-Control and Conduct Disorders

mental health, defiance, explosive, dysfunctional families, kleptomania, pyromania



Substance-Related and Addictive Disorders

alcoholism, drug and substance abuse, gambling, sex, shopping



Neurocognitive Disorders

Memory disorder, dementia, amnesia, delirium, epilepsy



Personality Disorders

Psychopathy, antisocial personality, narcissistic, schizoid, dependent, avoidant, obsessive-compulsive



Paraphilic Disorders

Sadomasochism, voyeuristic, fetishistic

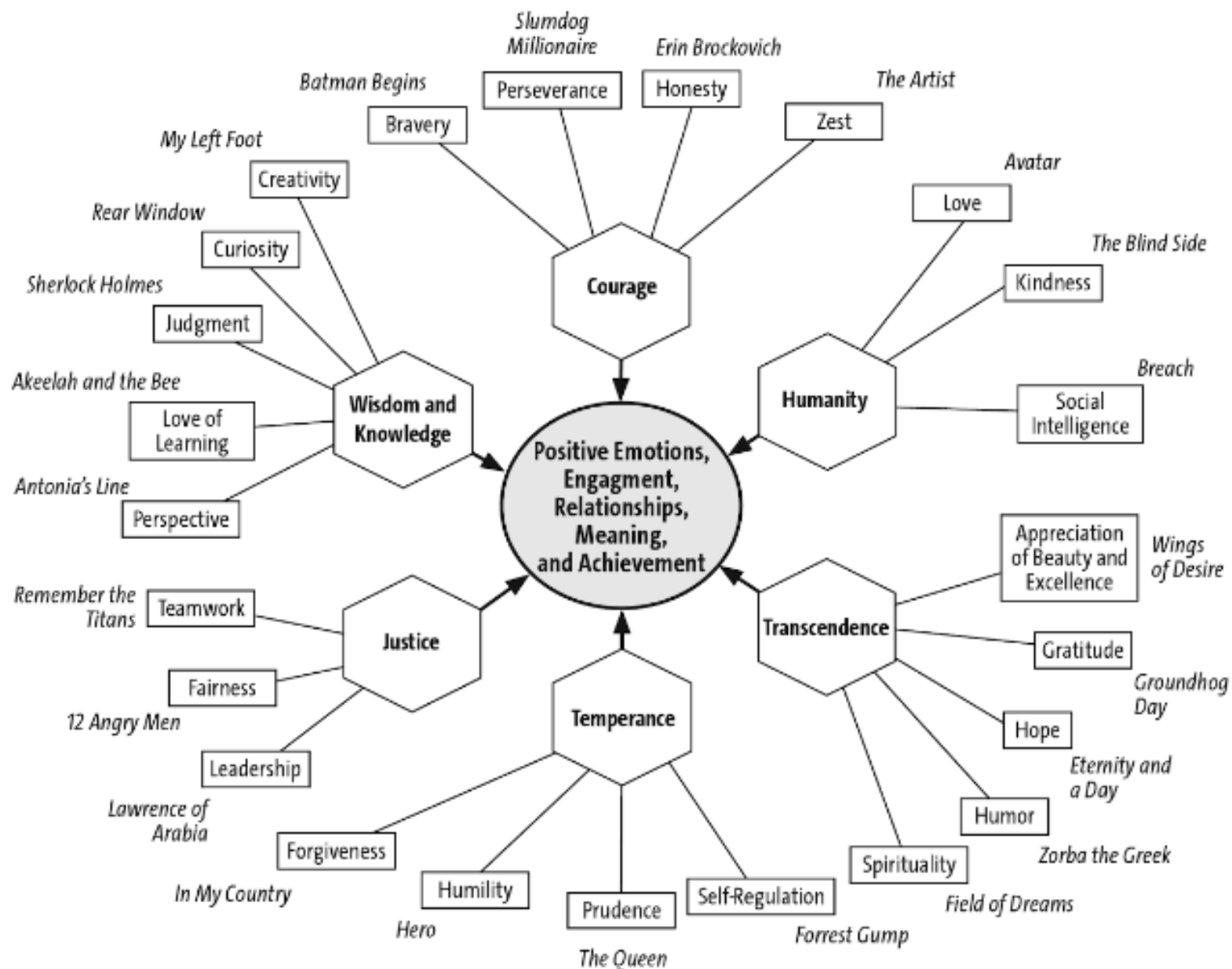


Violence and Physical and Sexual Abuse

Violence, revenge, abuse



RECAP: POSITIVE PSYCHOLOGY – STRATEGIES FOR SURVIVAL AND COEXISTENCE



Psychopathology supported by Character Strengths and Virtues (Positive Psychology)

Film	Psychopathology	Virtue	Character strength(s)
<i>Elling</i> (2001)	Anxiety disorder	Courage	Bravery and perseverance
<i>Away from Her</i> (2006)	Dementia	Humanity	Love
<i>Mishima: A Life in Four Chapters</i> (1985)	Suicide	Temperance	Self-regulation
<i>Canvas</i> (2006)	Schizophrenia	Wisdom and transcendence	Creativity and Hope
<i>The Soloist</i> (2009)	Schizophrenia	Wisdom	Creativity
<i>Insomnia</i> (2002)	Sleep disorder	Courage	Bravery and perseverance
<i>American Beauty</i> (1999)	Mood disorder	Transcendence	Appreciation of beauty
<i>It's a Wonderful Life</i> (1946)	Adjustment disorder	Transcendence	Gratitude and hope
<i>A Clockwork Orange</i> (1971)	Personality disorder	Wisdom and transcendence	Curiosity and appreciation of excellence

Identifying Character Disorders

Lecture 4 **Workshop**

- Identify at least one film of your choice for six of the psychopathology categories.
- Who are the main character and what are their particular disorders.
- Identify other key characters in the film and their qualities too.
- What is the genre of the film?
- Summarise the themes of the film in relation to psychopathology
- Provide some formal analysis of the aesthetics of the film.
- Characterisation and performance (behavioural characteristics)

next steps...
story development

- Combining your research from lesson **1 – positive psychology and lesson 2 – psychopathology** and **notions of the self** present your story ideas and documentary research.
- Put forward your area of interest that you want to focus on going forwards **into the story /theme/character/idea development stage of your project.**