Bullying Interventions

Who can help?

- Schools
- Parents
- Peers
- Educational Theorists
- UK and Welsh Government
  - Acts and Policies

(The Good Schools Guide)

(124RF)

School Bullying Strategies -

How can we help?

- Care and Be Fair
- Listen
- Communicate
- Friendship Club
- Buddy Scheme
- Circle Time
- Play, Art and Music Therapy
- Create Safe and Trusting Relationships and Environments
- Working in Partnership Parents, Families and Peers

Carl Rogers

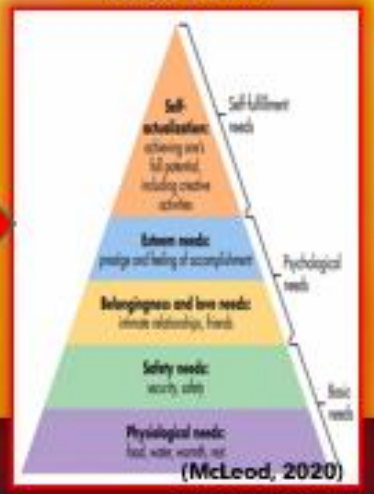
(Parteciparte, 2018)

The Impact of Technology and Social Media

Effects of Bullying!

- Low self-esteem and self-worth
- Anxiety
- Withdrawal
- No Sense of Belonging
- Loneliness
- Aggression
- Suicidal Thoughts
- Poor Academic Performance

Maslow



(McLeod, 2020)

Bronfenbrenner

(Study of the Mind, 2015)

Who are At Risk?

- Vulnerable children and adolescents
- Children with impairments
- ASD- Asperges
- The bully-victim

(Getty Images 2020)

References

124RF (No Date) *Light at the end of the Tunnel Stock Vectors, Clipart and Illustrations.* Available at: https://www.123rf.com/clipart-vector/light_at_the_end_of_the_tunnel.html?alttext=1&sti=mf4pzszyntizo9353j| (Accessed 1st December 2020).

Appleton, J. V. and Sidebotham, P. (2018) *Safeguarding Children and Young People is Everyone's Responsibility. Child Abuse Review Vol. 27: 423-428 (2018)* Published in Wiley Online Library. Available at: https://onlinelibrary.wiley.com/journal/10990852 DOI: 10.1002/car.2542 (Accessed: 1st December 2020).

Aubrey, K. and Riley, A. (2017) *Understanding and Using Challenging Educational Theories.* London: Sage Publications Ltd.

Aubrey, K. and Riley, A. (2019) *Understanding and Using Educational Theories.* London: Sage Publications Ltd. 2nd Edn.

Bradshaw, J. (2016) *The Well-Being of Children in the UK.* Bristol: Policy Press. 4th Edn.

Burton, M., Pavord, E. and Williams, B. (2014) *An Introduction to Child and Adolescent Mental Health.* London: Sage Publications Ltd.

Collins, J. and Foley, P. (2008) *Promoting Children's wellbeing: Policy and Practice.* Bristol: The Policy Press.

Cubic, B. A. (2020) *Client-centred Psychotherapy.* Available at: https://slideplayer.com/slide/10803711/ (Accessed: 14th December 2020).

Flaspohler, P.D. et al., (2009). *Stand by me: The effects of peer and teacher support in mitigating the impact of bullying on quality of life*. Psychology in the Schools, 46(7), pp.636-649. Available at: http://dx.doi.org/10.1002/pits.20404 (Accessed: 1st December 2020).

Getty Images (2020) *Tunnel Vision Illustration and Clipart.* Available at: https://www.gettyimages.ca/illustrations/tunnel-vision?family=creative&mediatype=illustration&phrase=tunnel%20vision&sort=best (Accessed: 19th November 2020).

Goepel, J., Childerhouse, H. and Sharpe, S. (2015) *Inclusive Primary Teaching.* Northwich: Critical Publishing Ltd. 2nd Edn.

Great Britain, Chief Secretary to the Treasury (2003) *Every Child Matters.* Available at: London: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/272064/5860.pdf. (Accessed: 13th December 2020).

Harcourt, D. and Hagglund, S. (2013) *Turning the UNCRC upside Down: a bottom-up perspective on children's rights. International Journey of Early Years Education, 2013 Vol. 21(4), pp. 286-299. http://dx.doi.org/10.1080/09669760.2013.867167. (Accessed: 10th December 2020)*

Hodkinson, A. (2016) *Key Issues in Special educational Needs & Inclusion.* London: Sage Publications Ltd. 2nd Edn.

Huang, L. (2020) *Peer Victimization, Teacher Unfairness, and Adolescent Life Satisfaction: The Mediating Roles of Sense of Belonging to School and Schoolwork-Related Anxiety.* School Mental Health **12,** 556-566 (2020). Available at: https://doi-org.exproxy.uwtsd.ac.uk/10.1007/s12310-020-09365- (Accessed: 1st December 2020).

Huberty, T.J. (2012) *Anxiety and Depression in Children and Adolescents.* London: Springer.

McLeod, S. (2020) *Maslow's Hierarchy of Needs.* Available at: https://www.simplypsychology.org/maslow.html (Accessed: 23rd November 2020).

MENCAP (2016) *Bullying Wrecks Lives.* Available at: https://www.mencap.org.uk/sites/default/files/2016-07/Bullying%20wrecks%20lives.pdf (Accessed:10th December 2020).

National Assembly for Wales (2018) *Mind Over Matter.* Available at: https://senedd.wales/laid%20documents/cr-ld11522/cr-ld11522-e.pdf (Accessed: 18th December 2020).

Parteciparte (2018) *Bullying: Light and Shadow.* Available at: http://www.parteciparte.com/en/eventi/bullying-light-and-shadow/ (Accessed: 22nd November 2020).

Study of the Mind (2015) Ecological Systems Theory. Available at: http://psychologydos.weebly.com/psych-journal/journal-8-urie-bronfenbrenners-ecological-systems-theory (Accessed: 23rd November 2020).

The Good Schools Guide (no date) *Bullying.* Available at: https://www.goodschoolsguide.co.uk/education-consultants/articles/bullying (Accessed: 19th November 2020).

Thompson, M. (2012) *Child and Adolescent Mental Health: Theory and Practice.* London: CRC Press. 2nd Edn.

Welsh Assembly Government (2003) *Respecting Others: Antibullying Guidance.* Available at: https://gov.wales/sites/default/files/publications/2018-05/NAFWC-23-03-respecting-others-anti-bullying-guidance.pdf (Accessed: 8th December 2020).