

Research reflective log

Study Code	Brief description of procedure	Time taken and credits awarded	Reflections	Notes
SWAN_credit_TH	Demographic form required, questionnaire measuring behaviour and thought process in relation to sexual consent via computer (Likert,1932).	20 minutes – 2 credits	Signed consent form before starting the experiment, advised about right to withdraw and confidentiality reassurance – short questionnaire with informative questions, was in an isolated room, therefore, no distractions, researcher was very professional.	Researcher could have taken the time to make me feel more comfortable due to the nature of the questionnaire.
SWAN_CREDIT_TL	Demographic form required, questionnaire evaluating the relationship between sunbed use and self-esteem, via computer - (Likert, 1932).	15 minutes – 1 credit	Signed consent form before starting the questionnaire, was advised about right to withdraw and confidentiality afterwards – short questionnaire, was placed in an isolated room but door was left open. Simple questionnaire and easy to answer.	Due to the door being left open, there was some outside interference but was not too much of a problem, also, would have preferred all legal information before participation.
CARM_credit_KN A	Demographic form required, questionnaire and video in relation to the stigma surrounding ADHA – qualitative research method via computer.	15 minutes – 1 credit	Signed consent form, also informed to all legal rights for myself before starting the experiment – the questionnaire was quite vague, but video was informative. Placed in an isolated room, therefore, felt comfortable throughout.	Questions in questionnaire could have been more descriptive – researcher was very kind and made effort to ensure I was comfortable.
CARM_credit_KE	Demographic form required, questionnaire exploring how participants view those with Autistic Spectrum Disorder - quantitative research method via computer.	15 minutes – 1 credit	Signed consent form before beginning, also informed as to withdrawal and confidentiality rights beforehand - easy and well thought out experiment, part one required reading a statement then answer a question with the thoughts retrieved	Enjoyed this experiment, felt as though I have learnt a lot following my participation – researcher made it clear would was expected from myself and I

			from said statement, then watched an emotional video followed by the same process.	should expect, also ethical.
Swan_Credit_LJ	Demographic form required, questionnaire including pictures of young women wearing provocative underwear, with a requirement to rate their attractiveness (Likert, 1932) - via computer.	30 minutes – 2 credits	Signed consent form was presented before participation, placed in isolated room which was great due to the subject of the experiment. I did experience feelings of anxiety as I do not feel I was fully informed as to the provocativeness of the photos. Right to withdrawal and confidentiality was given after completion.	Although I was not fully comfortable during the experiment, it was well throughout and easy to complete.
SWAN_CREDIT_LPH	Two questionnaires recording personality traits, social media addiction and emotional intellect – via computer.	30 minutes – 2 credits	Consent form, right to withdrawal and confidentiality were presented before completion – both questionnaires were detailed, informative yet simple to answer. For example, asking details questions such as how many hours a day do I spend on social media, how does that effect my mood and productivity.	Extremely enjoyed participating in this experiment, ethical and clearly set out.
SWAN_credit_CA A	Demographic form required, questionnaire including photographs of young females wear provocative clothing, with a rating scale of how attractive they look (Likert, 1932) - via computer.	30 minutes – 2 credits	Consent form, and all legal rights were presented before completion, questionnaire was quite quick to complete, was placed in an isolated room – debrief sheet was given after completion.	Felt very uncomfortable upon arrival as researcher explained the images were going to be of very young women, anxiety was eased when the researcher presented debrief.
SWAN_credit_LT	Demographic form requires, two questionnaires were presented, along with a reading exercise regarding motivation to be part of a group – via computer.	30 minutes – 2 credits	Consent form, along with all legal rights information was presented before completion, I was in an isolated room with no outside interference, the questionnaires were	Felt at ease throughout the entire process, was quite informative; provoking self-awareness of my motivation.

			long and detailed as well as the reading material. After completion of experiment, the researcher was quick to present debrief form.	
SWAN_Credit_S M	Demographic form required, in person focus group discussing how the media portrays transgenderism and their desire to become parents.	45 minutes – 3 credits	All forms and legal information were presented before the focus group began; each member of the group was handed an article by the researcher, then we began to share our opinions were each other in an interesting conversation. Brief was handed out at the end.	I enjoyed this experiment completely, it was so interesting to hear other individuals view on such a sensitive subject, I felt comfortable sharing my own views and can see it has helped me gain knowledge as to the influence the media can have.
SWAN_credit_CP	Demographic form required, two questionnaires surrounding participants emotions towards immigrants – an integrated threat measure (Stephan and Stephan, 2000, Murray and Marx, 2013) via computer.	30 minutes – 2 credits	Consent form was presented before the process, statements were given, and participants were asked to rant how strongly they agreed or disagreed with said statement. The second questionnaire had the same process, I did have to wait a while after completion to receive debrief form.	Easy to complete, yet all questions were kind of the same; just worded slightly different. Also, the researcher left me to wait a while after completion to receive my debrief form was not very professional.
SWAN_credit_DG	Demographic form required, three questionnaires each with a different subject, the first being chosen favourite animated character. The second how I felt towards said character, lastly, the third being participants feelings regarding loneliness – via computer.	15 minutes – 1 credit	Consent form, right to withdraw and confidentiality were all given before completion, was available from own laptop which made me feel more at ease. Simple questions so were not time consuming, quite enjoyable. Debrief was not presented.	Simple, ethical and enjoyable – no debrief given after completion.
Non-study credits		2 credits granted		

Throughout my first year in university, I have participated in a variety of experiments conducted by fellow students; the range of emotions I felt during this time were vast because each experiment I chose were based around a variety of subjects. All the experiment helped me to gain knowledge around said subject, though, there were a couple that stood out for me, in both a positive and negative light. All requiring specific actions from myself as the participant, such as filling out a demographic form; stating my age, gender and ethnicity, also, the acknowledgement that the researcher had informed me, as the participant, that I had the right to withdrawal at any time as well as my information provided would be confidential. An experiment that stood out for me in a negative context was that of the study, which used an integrated threat measure (Stephan and Stephan, 2000, Murray and Marx, 2013) to measure levels of symbolic threat in regard to immigrants; it made me as a participant anxious to comment on such a sensitive subject to begin with, as well as all the questions seemed extremely volatile and similar in context with each other. Answering each question to my honest knowledge, I did not feel as though I left with any new knowledge and was not informed as to how negative the questionnaires focus would be; also the researcher did not acknowledge my completion of said experiment for a while, thus, I could not leave promptly, as I had to retrieve my debrief form, highly unprofessional. The experiment I signed to towards the end of the year was that of a focus group, exploring the way in which the media portrays those in the transgender community, more specifically those of that community wanting to become parents. I was extremely nervous as focus groups can be quite intimidating; yet the researcher was quick to make every individual present to feel comfortable, each of us present were handed a demographic form instantly, informed of our right to leave anytime, as well as the reminder that our identity and opinions will remain confidential. After each of us read an article given to us by said researcher, we were expected to share our honest views on the subject. Throughout the whole time in this focus group, I felt at ease and comfortable expressing my opinions on the given subject as the researcher had told us exactly what to expect and made sure it was entirely ethical and clear. I made sure to answer all questions asked by the researcher, to ensure the findings given would result in an accurate result for said researcher. Transgenderism is that of a negative subject for most, but I felt as though I left said experiment feeling I had gained so much knowledge; not just from the researcher and the articles given, but by my fellow student also. This experience had a profoundly positive effect on me, helping me to understand other communities and due to this specific experiment, I look forward to more experimental focus groups throughout my time in university.