

Jamelia Helena D

PERSONAL STATEMENT

Recent Health and Social Care Level 1 graduate with six months of hands-on experience in care procedures. Recognised for being patient, reliable, and dedicated to delivering high-quality, person-centred support. I would like to develop my professional skills within the care sector. Continue developing professional and meaningful experience in children's lives. Including safeguarding behaviour management and supporting individuals with diverse needs, including disabilities. I approach situations with key patience, as well as positive communication, ensuring every individual is in a comfortable care environment.

Employment history

18/10/21 -22/10/22

Support worker, London, UK/Elysium Healthcare

- Provided personalised care and support for clients, including assistance with personal hygiene, dressing, meals, and medication.
- Document clients progress and always maintain a consistent, accurate record of clients' care plans.
- Ensuring the secure compliance of the Care Quality Commission (CQC) regulation.

5/09/2024 - 16 /12/2024

Support worker, Lowestoft, UK / Figtree House

- Encouraging social activities, such as hobbies, in public involvement
- Assisting with maintaining the hygiene of the house, etc., shopping, tidying up, washing, and drying.
- Health and well-being monitoring.

Education history

Level 1 health & social care - predicted grade 4

Level 2 health & social care - pass

Mathematics - grade 4

English Literature - grade 3

Jamelia Helena D

Your address/town/city: 123

Mpale Street, London/UK

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Core SKILLS -

- Personal hygiene support, dressing, and feeding.
- Safeguarding and child awareness.
- Behaviour management positive de-escalation
- Ability to work under pressure, handle everything with a calm manner.
- follow care plans, record information accurately, and work well with others.

Professional Attributes-

- -Empathic and supportive
- -Team - Team-oriented attention to detail
- -Dependable, punctual, and responsible
- -Motivated, adaptable, and committed to professional growth
- - Trustworthy with strong morals.

References upon request

Jamelia Helena D

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Dear Sir/Madam,

Thank you for taking the time. I am applying for the support worker role at Waking Night Residential Children's Homecare because it is a job I can excel in. I perform at a high professional level under pressure. This job is tailored to my skill set. Joining this company will allow me to grow and hone my attributes in a professional environment.

Researching your organisation in detail. I have seen a strong track record of achievements. Be it from how staff members handle Service Users and their information, to staff members being an integral part of the service users' day-to-day life. The company's values are outstanding. Recently, the company just did a charity in Tanzania called "kijana Kwanza," Meaning children first. Just by this alone, you can see the impact and contribution it brings not only in the UK but internationally.

My experience in care spans about 3 years now. From private care duties, I have always been on target. Helping clients out of bed onto a wheelchair, feeding, etc. I gained high-level skills through operating diligently in my previous workplace. My strongest attributes originate from my upbringing; I find myself to be empathetic and have the ability of compassionate care. In addition to being an exceptional communicator and team collaborator, I fully understand the crucial importance of my professional performance in contributing to the success of the organization. I am a driven professional who adds value through my work and focus.

Your sincerely,

Jamelia Helena D

P.S. I am available for an interview on short notice. I can be contacted via any of my details above the letter.