

Goal: <i>What do you want?</i>	Reality: <i>Where are you now?</i>	Options: <i>What could you do?</i>	Will: <i>What Will you do?</i>
Dream Goal: • My over all aim is to work full-time in higher education or work within an elite performance structure (either as an S&C or Performance manager) by 2020 (4 years). End Goal: • My End goal is to work full-time in higher education 2020 (4 years). Performance Goal: • Pass all assignments • Attend net working opportunities with in the sport industry • Improve 'directive' approach to path-goal Process Goal: • Complete my MSc with Cardiff Met by 2018-19 by completing all assignments – set up assignment planner (personal calendar) – see ‘what will I do’. • Attend policy forum on the 17th Nov – networking • Identify work experience opportunities with an elite performance team/structure by March, 2017. • Apply for jobs – HE jobs within wales – 7 by Dec 2017 • Plan tasks/assignments – clarity/ direction – by Friday 4th Nov, 2016	• Working in further education and higher education part-time – 2 days in HE and 2.5 days in FE • Managing a number of students across 2 different organisations – managing part time students who are re-training (fitness industry – Level 2 & 3 qualifications) . • 1st year (1/2-3yr) of MSc . • lacking direction in my path-goal approach Impact: • Reduces quality time with family. • MSc commitments will reduce prep and marking time – employment • Gaining valuable experience in education – working across HE & FE provides me a range of experience with different organisations/leaners challenges	• Read a range of job specifications – what are HE/NGB.. organisations looking for – by when: December, 2016 • Sign up to job alerts – making me aware of opportunities in the sector – by when: January, 2017 • Alternative: Work in further education. ○ Apply for job opportunities in further education • Work for a NGB/ Sport Council/Trust.... ○ Apply for job opportunities in sport councils/NGB ▪ Gain experience in NGB – speak to support team (lectures/contacts) • Being more directive (Action/work on) – Provide more clarity in my work i.e. assignment workshops	• Research: - events/conferences/seminars • Attend sport/health related conferences – seminars – courses • Email alerts – newsletters – industry specific magazines • I will aim to talk to: ○ NGB ○ Foundations/Trusts ○ Professional teams/organisations • Network: talk (via email, phone, Skype, events) – • Time management skills – review/plan working week ○ Assignments due – - Assignments to mark – - lecture prep – Family time – my time (plan each day[Sunday evening]) • Path-goal approach: (feedback from students[review: what went well-what do I need change]).