

Content page

03 May 2019 17:15

Skills

1. Skills covered
2. Worksheets
3. Research paper report

Personal development

4. Interview
5. Managing organisations report
6. Video critique
7. Counselling theory essay
8. Physiology

References

Skills

05 May 2019 00:40

Throughout this year in university and studying Nursing studies and health, I have gained a number of different skills as well as knowledge and understanding of nursing. I furthered my time management and organisational skills, as I had to keep on top of a lot of work, and ensure my assignments were submitted on time. My communication skills were improved as I had to communicate with a lot of new people that I didn't know, as well as lecturers.

Worksheets

05 May 2019 00:41



Worksheet
3

These worksheets consist of homework sheets as well as revision sheets. As well as in class tasks we have to complete. Most of which were completed in physiology, as that's the only subject where we had exams to revise for. I completed a number of different tasks in order to help me learn the topics and help revise for exams which were soon to be coming up. Each worksheet helped me understand the topic as well as gain knowledge about the human body and how it functions. Each worksheet was a different way to help me remember the information, some were fill in the gap, and others were mind maps. This helped the information sink in as there were a variety of revision methods.



worksheet
2

Report

03 May 2019 17:15



Karens
report

In my opinion, this report took more time than expected as there was a lot of research involved, in order to do it correctly. I think that I could have started this report earlier and spent more time in writing up the report, and then I may have got a better mark overall. However, I found this report interesting to write as I was learning different things as I was going through each part. The report gave me a better understanding of the topic I choose and realise the reasons as to why nurses leave the NHS voluntarily. From looking at the feedback received from the lecturer, there are many different ways in which I could improve on such as making sure that my references are correct, and used throughout the report. The feedback will help me improve in other assignments, so I am then able to get a higher mark. Throughout writing this report I have I have gained a number of skills and also improved on my knowledge and understanding of the NHS and how to conduct a report. I've gained time management skills, as well as organisational skills as I had to be organised with researching for this piece.

Interview

03 May 2019 19:49



interviews

The interview write up was record of what happened in a mock interview that took place within the university to help us prepare for real interviews in the future. I got an understanding of what a nursing interview entails, so therefore I was able to go home and practise and revise the answers to the questions I was asked in the mock. I furthered my communication skills as I had to communicate with the interviewers as well as the other students that were being interviewed with me. I believe that I did relatively well in this assignment and in the interview, because I had to relay the questions and my answers, and how I could improve, in my own opinion and from looking back at feedback from the panel members.

I received feedback from the three panel members through email, and referred back to it when appropriate in the write up. I believed that I performed well within the interviews as answered my questions the best I could under the circumstances, as well as joining in with group questions.

Report

04 May 2019 23:54



Manageme
nt and lea...

Essay

05 May 2019

00:15



counselling
essay

This essay was the first essay I completed for the Nursing studies and health degree and I found it difficult and harder than expected, as I had to improve my ways of writing in order to achieve a good grade/ mark. However, as I came to university straight from college I understood what an essay was and how it needed to be written. With this essay I gave myself plenty of time to complete it as I was determined to get a good mark for my first assignment, which I received 64/100. In my opinion and looking back ad feedback I needed to improve on my referencing as well as the way I am wording things, as I tend to repeat myself. This essay was difficult to others as it was on a video critique that we previously completed in pairs, which is something I had never done before. This task was out of my comfort zone and I felt anxious about making the video as I wasn't paired up with a 'friend' or someone I knew. However, I enjoyed the task as it helped build confidence around others and be more open around people I don't know.



Event risk
assessme...

Theory essay

05 May 2019 00:29



theory
essay

This essay wasn't as successful as the others as I handed it in after the submission date due to the lack of my time management skills, therefore, I received a low mark. I had a number of assignments due in and I didn't give myself enough time to complete them all. I gained a lot of knowledge and understanding of different counselling theories.

References

05 May 2019 00:38

Moodle: