

25th February 2022

# Menu Engineering

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The module title: Food & Beverage Operations BMIH4002

lecturer's name: Laurence Blake

# Trinity Hotel Swansea



TEL: 07710038775

SEA FRONT, 1, SA1  
2AB

Thursday - Sunday  
15:00 – 21:00

**British traditional  
take away menu**



## APPETIZERS

### **BOWL OF CHIPS £5**

Served with sour cream, tomato sauce and mayonnaise

### **HALLOUMI £5**

Served with lemon & tartar sauce

### **GARLIC BREAD £4**

Nonbread with creamy garlic butter & cheese

### **BRUSCHETTA £7|two for £10**

Feta cheese & balsamic glaze, tomato, pesto, fresh basil  
onion served on crisp Indian bread [V]

## MAINS

### **Sunday Roast £10.50**

Served with thyme roasted pork and homemade apple sauce, roasted rib of prime beef  
served with traditional Yorkshire pudding, half of garlic and lemon, roasted chicken, and  
onion stuffing

### **MIXED GRILL £13.50**

lamb cutlet, 2 pork sausages, bacon, grilled mushroom and tomato, fried egg [GF]

### **BAKED MEDITERRANEAN SALMON £14.50 (bottle of SIDEWOOD Chardonnay 2020 white wine for extra £7)**

Oven-baked salmon on a leafy mixed green salad and onion, garden peas, roasted red  
peppers, feta, roasted macadamia nuts & chickpeas. Drizzled with spiced olive oil [GF]

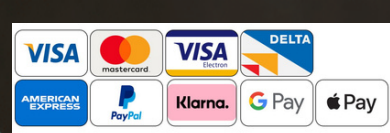
### **BURGER OF THE WEEK £13.50**

Beef, pickle, green salad blue cheese with chips and coleslaw on the side

### **SLOW COOKED LAMB SHANKS WITH RED WINE SAUCE £14.00 (bottle of Silk & Spice Red Blend 2019 red wine for extra £6)**

Served with mashed potatoes, garden peas, cooked in deeply flavoured red wine





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Approximate delivery time  
1 hour**

**GF| GLUTEN-FREE | GLUTEN-FREE OPTIONS AVAILABLE (ASK STAFF WHEN ORDERING)  
V| VEGETARIAN VA| VEGETARIAN OPTIONS AVAILABLE (ASK STAFF WHEN ORDERING)**

**DO YOU HAVE ANY SPECIFIC DIETARY NEEDS OR ALLERGIES? WHEN ORDERING, PLEASE INFORM  
A MEMBER OF STAFF.**

## **SWEET TREAT**



**Sticky Pudding £7**

**Chocolate Fudge Cake £7**

Served with chocolate sauce on side

**Lemon Cake £7**

## **DRINKS NON-ALCOHOL**

**Diet Coke 12oz 0.99p | 1.25L £2.00|**

**Classic Coke 12oz 0.99p | 1.25L £2.00|**

**Fanta Zero 12 oz 0.99p | 1.25L £2.00|**

**Fanta Classic 12oz 0.99p | 1.25L £2.00|**

## **Alcohol**

**Bottle of white wine - Murviedro Galeam dry Muscat 2019 from  
Spain £16.99**

**Bottle of white wine - SIDEWOOD Chardonnay 2020 from  
Australia £16.99**

**Bottle of red wine - Casillero del Diablo, Malbec (reserve)2018  
£16.99**

## References

IMAGE: <https://flyingsaucercatering.files.wordpress.com/2011/10/menu-idea1.jpg>

Jamie Oliver. 2022. Sunday lunch recipes | Jamie Oliver. [online] Available at: <<https://www.jamieoliver.com/recipes/category/occasion/sunday-lunch/>> [Accessed 22 February 2022].

Man Vs Food Grill House. 2022. Dessert Menu. [online] Available at: <<https://www.manvsfoodgrillhouse.co.uk/menus/dessert-menu>> [Accessed 21 February 2022].

The Mediterranean Dish. 2022. BEST Baked Lemon Garlic Salmon | The Mediterranean Dish. [online] Available at: <<https://www.themediterraneandish.com/lemon-garlic-salmon-recipe/>> [Accessed 22 February 2022].

Starhotelsale.com.au. 2022. [online] Available at: <<https://starhotelsale.com.au/wp-content/uploads/SUMMER-MENU-2021-49.pdf>> [Accessed 21 February 2022].

Vivino.com. 2022. Vivino (United Kingdom) - Buy the Right Wine. [online] Available at: <<https://www.vivino.com/GB/en>> [Accessed 22 February 2022].