

POSTMODERN THEORIES

6TH DECEMBER

Relevance, Research, and
Presentation Guidance

A vibrant, folk-art style painting depicting seven individuals of various ethnicities and ages standing side-by-side. From left to right: a man with dark skin wearing a white turban and a white patterned shawl; a woman with blonde hair in a green shirt with a flower emblem and a dark skirt; a woman with dark skin wearing a blue patterned top and a red and yellow sash; a woman with dark skin in a red top and a brown skirt with large black polka dots; a man with light skin in a white shirt with a dark vest and brown pants; a woman with dark skin wearing a blue headscarf and a purple patterned dress; and a woman with light skin in a yellow dress. They are all smiling or have pleasant expressions. Above them is a decorative canopy of green vines with large orange and pink flowers. The background is a warm, textured orange-yellow. The word 'CULTURE' is written in large, bold, black capital letters across the middle of the image, overlapping the figures.

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THE QUESTION

20 MINUTE ORAL PRESENTATION –

Through a postmodern lens critically evaluate current cultural and ethnic discourse in relation to a theoretical therapeutic paradigm or approach.

- ***Approaches to consider:***
- ***Relational psychodynamic approaches***
- ***Narrative Approaches***
- ***Multicultural approaches Indigenous/spirituality***
- ***Other***

SO WHAT IS THE RELEVANCE OF POSTMODERN THEORIES

What has been their contribution?

What has been the significance of moving from modern to postmodern perspectives?

What can be learnt from these approaches?

Who benefits?

RESEARCH

- Collaborative Therapy – Anderson & Goolishian,
- Narrative: Epston, White, Friedman and Combs
- Solution Focused – Current authors
- Multicultural approaches in Counselling, Transcultural Counselling, Cross Cultural Counselling

William West, Roy Moodley, Clement Vontress.... Others

STRUCTURE



■ Introduction (2-3 minutes)

The introduction is the point at which the presenter explains the content and purpose of the presentation.

- *This is your introduction to your process in addressing the question. (You only need to give a taste of what is to come in your rest of your presentation).*
- *What theory(s), definitions and critiques are you considering in exploring culture and postmodern perspectives within counselling. (perhaps highlight possibly 2-3).*
- *Lastly, letting us know contributions, critiques and implications and possible recommendations that are argued within your critiques.*

This is a vitally important part of your talk as you will need to gain the audience's interest and confidence (

MAIN POINTS 10-12 MINUTES

Background - providing context within your presentation; linking theory and contributions: postmodernism, social constructionism within postmodern counselling practices or approaches.

Providing and demonstrating an understanding of definitions related to the current cultural and ethnic discourse with respect to care, and the well-being agenda.

MAIN POINTS CONT.

Discussion - 3-4 points you wish to share with the group about the critical and evaluative arguments with in the discussion of postmodern counselling theory in relation to the current and cultural and ethnic discourse.

This where the relevance and research will enter into your presentation.

(referencing and resources are required in this section)

MAIN POINTS CONT.

- **Implications and recommendations – with respect to a postmodern perspectives within Counselling, Care and Well – being**

RESOURCES

University of Leicester

<http://www2.le.ac.uk/offices/ld/resources/presentations/structuring-presentation>