

INTRODUCTION TO RESEARCH

MODULE CODE: BMHP5005

ASSIGNMENT: ONLINE VIVA VOCE EXAMINATION



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SYSTEMATIC REVIEW

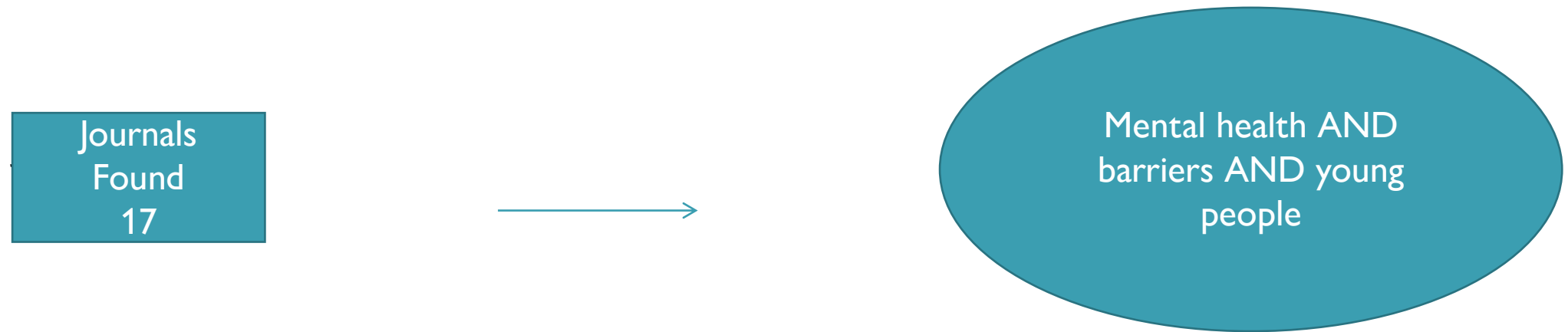
- Liberati. A et al, (2009), states, systematic reviews are the best method for obtaining, compiling, and analysing the best available data on clinical subjects.

They conduct structured research that call for careful methodology to ensure that the findings are accurate and significant, according to, Munn. Z et al, (2014).

METHODOLOGY

- The methodology used in this report was found, using PubMed. A Prism flow diagram was used to demonstrate the methodical selection of research articles, to find the different barriers faced by young people and adults with mental health issues.
- An example of how this was done, (Mental health AND barriers AND young people)
- In accordance with GBD, (2017), the most recent World Health Organisation (WHO), Global Burden Disease (GBD) study, approximately one billion of the worlds 7.5 billion inhabitants are affected by mental health disorders.

PRISM FLOW DIAGRAM



THEMES THAT WERE USED

- Theme A: The influence of cultural barriers & socioeconomic conditions
- Theme B: Smoking and Premature mortality between individual with mental health issues
- Theme C: Migration and negative outcomes in mental health
- Theme D: Protection and safeguarding people with mental health disorders

ARTICLES AND JOURNALS

- **Theme A**, According to, The National Institute for Mental Health in England, (2003), members of black and minority ethnic (BME) communities have a higher chance of experiencing poor health outcomes, and problems obtaining healthcare than the wider public.
- **Theme B**, Richard. S et al, (2019), states, earlier studies have consistently demonstrated that smoker with mental health issues, smoke more and extract more nicotine from each cigarette that they smoke.
- **Theme C**, According to, Fazel. S et al, (2018), the majority of homeless people in the UK are of Polish descent, and that homelessness is linked to substance misuse and mental health.
- **Theme D**: (Emerson & Roulstone, 2014; Mikton, Maguire & Shakespeare, 2014; Sin et al, 2009), suggest, there are few appropriate evidence-based preventative and protection measures available, despite the fact that it is generally known that people with mental health disorders are more likely to be the subject of targeted hostility.

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