

ACADEMIC AND EMPLOYABILITY SKILLS - TASK 1 BMSW4001

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ACADEMIC AND EMPLOYABILITY SKILLS DEFINED

Skills that can be acquired to enable an individual to become employable. (Mens, 2020)

ABOUT ME



PERSONAL

- Hardworking
- Passionate about health care
- Embrace diversity

ASPIRATIONS

- Career - Registered nurse

EDUCATION

- Diploma in general nursing and acupuncture from Romania

WORK

- Health care cleaner
- Care support worker in the NHS next month (May 2021)

NURSE SKILLS, MEANING AND EXAMPLE

- Interpersonal and communication skills
 - engaging, listening, even doing presentation
- IT literate
 - technology doing this presentation, learning online, emailing
- Demonstrate initiative
 - Taking action when required
- Prioritising skills
 - ensuring important tasks are achieved or completed early
- Flexible
 - Availability
- Clear written and spoken English
 - Documentation, sharing information



SWOT ANALYSIS



STRENGTHS

- Education, qualifications
- Personal attributes
- Current acquired skills

WEAKNESSES

- Grammar – learning in a different language
- Limited clinical experience

OPPORTUNITIES

- Degree qualification
- Increased skills and employability
- Continuous personal development

THREATS

- Unpredictable life events
- Inability achieve requirements

SKILL IMPROVEMENT TECHNIQUES

Communication

- SBAR (Kosstof et al, 2016)

Prioritising

- SMART goals (Chan et al., 2018)
- Lists

Interpersonal skills

- SPIKE protocol (von Blankenburg et al, 2020)

Reflection

- Performance and professional behaviour



SKILL DEVELOPMENT PLAN

- Education
 - BSc Nursing Qualification after 3 years
 - Nursing registration with Nursing and Midwifery Council (2018)
 - Revalidation – every 3 years (NMC, 2019)
 - English course
 - Work experience
 - As a carer
 - Placements
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