

Introduction

This poster will explore critical thinking and the skills that students may need while studying at university. The skill to think clearly and reasonably about what to do or believe is defined as critical thinking. According to one source website University of Sussex (2021). "Recognizing strong arguments, even when we disagree with them, and poor arguments, even when those support our own point of view, is part of critical thinking." In addition, Cottrell (2011) Nobody other could possibly view the evidence the same way you did. It takes bravery to argue for a different perspective, especially when there's a chance, you're incorrect. Moving forward, we'll talk about some useful techniques including notetaking, time management, critical reading, and research.

Note taking

According to Loveless, B (no date) on a website <https://www.educationcorner.com/note-taking.html> One of the keys to academic success is taking good notes. Students should spend a significant amount of time analysing the information presented in class. Without solid notes, it is exceedingly difficult to retain precise details—even key concepts—from lectures and seminars. According to (Boch and Piolat, 2005) The use of note taking to record conveyed information frequently overshadows another crucial role: reflection. Note taking is a useful information-processing technique that is utilised in many professions as well as in everyday life.

Reading and researching

According to Cottrell (2011), even if you don't know much about the topic, you can typically spot a bad argument if you're a strong critical thinker. Background research, on the other hand, is typically beneficial to critical thinking. Also, according to Cottrell (2013), research, or "finding out," is something we all do on a regular basis, whether we want to learn more about music, people, sports, shopping, or following up on a media story. Our approaches differ based on the topic, the amount of information we need, and the material's availability. Similarly, depending on the subject field, degree of study, source materials, and assignment, there are many ways to research a topic in academically.

Time management

According to Caposey, P. J. (2018). Deep self-reflection or compassionate and focused coaching seem to be the best ways to address time management, which is a challenging and personal issue. As a result, according to Aeon, B, and Aguinis, H (2017), time

management has aided individuals in organising their professional life for millennia. However, there is a lack of clarity in the available literature as to if, when, how, and why time management contributes to key outcomes such as well-being and work performance.

Work out your goals, develop a list, focus on outcomes, take a lunch break, and prioritise key tasks, according to NHS (2019). This reduces the odds of activities being "urgent and vital."

(Prof. Mehnaz Kaushar, 2013) states apart from having outstanding lectures delivered by their educators, conducive settings and environments would undoubtedly encourage beneficial outcomes for the pupils. For students to succeed, they must be able to manage their time effectively. However, some students lack effective time management abilities, which has had a severe impact on their lives and academics.

Conclusion

To summarise, we have looked at critical thinking and some of the techniques that have been covered include note taking, reading, and researching, as well as time management. We discovered that these techniques are linked to critical thinking, and that one without the other would be ineffective.

References

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