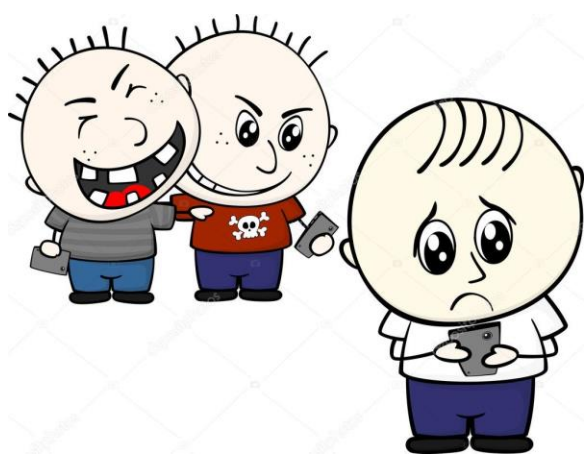




(Deposit photos, 2014).



(Signpac, 2017).



(Barwell Academy, 2018).

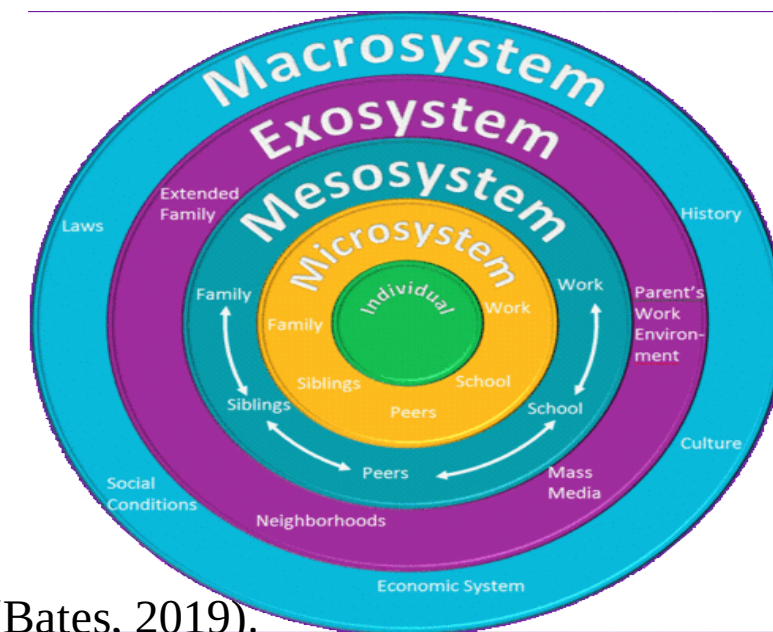


(McCarty, 2017)

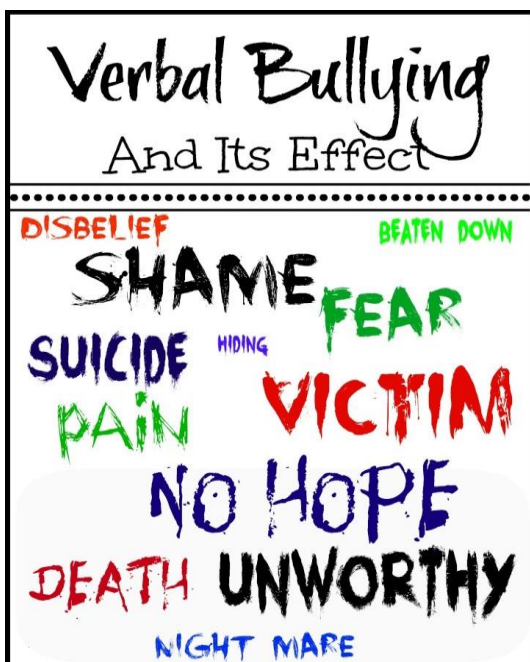
(Say No To Bullying Quotes, 2019).

What is Bullying: "Repeated, persistent and aggressive behaviour intended to cause fear, distress, or harm to another person's body, emotions, self-esteem or reputation" (Duhaime, 2012, p.1).

If you are being bullied speak to someone. A buddy, a friend, a family member or a teacher. It is better to talk.



(Bates, 2019).



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