

Narcissistic personality disorder (NPD)

Conclusion

Personality disorders

What are they?

- Everyone has a personality or characteristics which some say are integral to everyone's sense of self value, how they behave, who they view themselves, and how they act day to day Widiger, (2012).
- Personality disorders effect these things and cause distress throughout a persons life
- Classified into 10 types split into three clusters .

Narcissistic Personality Disorder

What is it

- First introduced in the 1960's by Kernberg, NPS and Kohut, NPD in 1967 and 1968 Widiger, (2012).
- Cluster B personality disorder characterised by a constant pattern of grandiosity (in fantasy or behaviour), need for admiration, as well as a lack of empathy Widiger, (2012).
- Split into two types: grandiose and vulnerable

Aetiology

Possible causes

- Psychodynamic: emotional deprivation Widiger, (2012)
- Biological
- Sociocultural
- Early

Symptoms

Diagnosed through presentation of multiple different symptoms

- Two of four domains of personality dysfunction which include; empathy, intimacy, self-direction and identity.
- Personality traits of grandiosity and attention seeking.
- Miller et al, (2022)
- Over all presentation

Treatments

Commonly used

- Psychotherapy; CBT, transference focused, talk therapy
- Medication