

SESIYNAU CYNNAL A CHADW BEICIAU RHAD AC AM DDIM CAMPWS ABERTAWE



Gall peirianwyr proffesiynol Dr Bike drwsio'r rhan fwyaf o broblemau â beiciau ar unwaith, gan eich helpu i fynd yn ôl ar y ffordd yn ddiogel.

Mae gwasanaethau'n cynnwys:

- **Breciau:** Addasu caliperau a cheblau, ailosod ceblau mewnol a phadiau brêc
- **Gerau:** Mynegeoio ac addasu, ailosod ceblau mewnol (ag eithrio ceblau wedi'u llwybro'n fewnol)
- **Cadwyn:** Gwirio treulio ac iriad
- **Teiars:** Trwsio tyllau, ailosod tiwbiau, a llenwi tiwbiau i'r pwysau a argymhellir
- **Gwiriad diogelwch cyffredinol:** Tynhau nytiau a bolltau, archwilio pen-setiau a bracedi gwaelod, ailosod plygiau bar a chapiau pen ceblau sydd wedi'u colli



Bydd peirianwyr yn gweithio ar bob beic am hyd at **30 munud**. Os oes angen atgyweiriadau mwy sylweddol, byddan nhw'n rhoi cyngor ar gyfer y camau nesaf.

Lleoliad IQ002c

Archebu eich slot a rhoi bywyd newydd i'ch beic.



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David



BikeAbility Wales
the inclusive cycling charity



Cyngor Abertawe
Swansea Council

FREE BIKE MAINTENANCE SESSIONS SWANSEA CAMPUS



Thursday 12 March

The professional *Dr Bike* mechanics can fix most common bike issues on the spot, helping you get safely back on the road.

Typical services include:

- **Brakes:** Calliper and cable adjustment, inner cable and brake pad replacement
- **Gears:** Indexing and adjustment, inner cable replacement (excluding internally routed cabling)
- **Chain:** Wear check and lubrication
- **Tyres:** Puncture repair, tube replacement, and inflation to recommended pressure
- **General safety check:** Tightening nuts and bolts, headset and bottom bracket inspection, replacing missing bar plugs and cable end caps



Mechanics will work on each bike for up to **30 minutes**. If more significant repairs are needed, they will provide advice on the next steps.

Location IQ002c

Book your slot and give your bike a new lease of life.



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