



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

Name: Nihla Salim

Student ID: 2326132

Module: Empowering the Older Person

Module Code: BMHP6027

Lecturer: Kenndy Obohwenmu

Assignment Title: Component 2 – Debate/Discussion

Reference

- Albarqi, M.N. (2024) "Exploring the Effectiveness of Technology-Assisted Interventions for Promoting Independence in Elderly Patients: a Systematic Review," *Healthcare*, 12(21), pp. 2105–2105. Available at: <https://doi.org/10.3390/healthcare12212105>.
- An, J., Zhu, X., Wan, K., Xiang, Z., Shi, Z., An, J. and Huang, W. (2024) "Older Adults' self-perception, Technology anxiety, and Intention to Use Digital Public Services," *BMC Public Health*, 24(1). Available at: <https://doi.org/10.1186/s12889-024-21088-2>.
- Atchley, R.C. (1989) "A Continuity Theory of Normal Aging," *The Gerontologist*, 29(2), pp. 183–190. Available at: <https://doi.org/10.1093/geront/29.2.183>.
- Ben Mortenson, W., Demers, L., Fuhrer, M.J., Jutai, J.W., Lenker, J. and DeRuyter, F. (2012) "How Assistive Technology Use by Individuals with Disabilities Impacts Their caregivers: a Systematic Review of the Research Evidence," *American Journal of Physical Medicine & Rehabilitation*, 91(11), pp. 984–998. Available at: <https://doi.org/10.1097/PHM.0b013e318269eceb>.
- Care Act (2014) *Care Act 2014*, *Legislation.gov.uk*. Available at: <https://www.legislation.gov.uk/ukpga/2014/23/contents> (Accessed: June 29 2026).
- Coulter, A. and Oldham, J. (2016) "Person-centred care: What Is It and How Do We Get there?," *Future Hospital Journal*, 3(2), pp. 114–116. Available at: <https://doi.org/10.7861/futurehosp.3-2-114>.
- Dash, P. (2024) *Review into the Operational Effectiveness of the Care Quality Commission: Full Report*, GOV.UK. Available at: <https://www.gov.uk/government/publications/review-into-the-operational-effectiveness-of-the-care-quality-commission-full-report/review-into-the-operational-effectiveness-of-the-care-quality-commission-full-report> (Accessed: June 22 2026).
- Department of Health and Social Care (2019) *NHS Long Term Plan Launched*, GOV.UK. Available at: <https://www.gov.uk/government/news/nhs-long-term-plan-launched> (Accessed: June 21 2026).

Ejiri, M., Kawai, H., Ito, K., Hirano, H., Fujiwara, Y., Ihara, K., Kim, H. and Obuchi, S. (2022) "Association of Social Disengagement with Health Status and all-cause Mortality among community-dwelling Older adults: Evidence from the Otassha Study," *Scientific Reports*, 12(1), p. 17918. Available at: <https://doi.org/10.1038/s41598-022-22609-y>.

Fothergill, L., Hayes, N., Latham, Y., Hamilton, J., Ahmed, S. and Holland, C. (2025) "Understanding how, for Whom and under What Circumstances Telecare Can Support Independence in community-dwelling Older adults: a Realist Review," *BMC Geriatrics*, 25(1). Available at: <https://doi.org/10.1186/s12877-024-05650-6>.

GOV.UK (2010) *Equality Act 2010*, *Legislation.gov.uk*. Gov.uk. Available at: <https://www.legislation.gov.uk/ukpga/2010/15/contents> (Accessed: June 11 2026).

Granström, E., Wannheden, C., Brommels, M., Hvitfeldt, H. and Nyström, M.E. (2020) "Digital Tools as Promoters for person-centered Care Practices in Chronic care? Healthcare Professionals' Experiences from Rheumatology Care," *BMC Health Services Research*, 20(1), pp. 1–15. Available at: <https://doi.org/10.1186/s12913-020-05945-5>.

Health (2025) *Assistive Technology Research and Development work: 2024 to 2025*, GOV.UK. Available at: <https://www.gov.uk/government/publications/assistive-technology-research-and-development-work-2024-to-2025> (Accessed: July 2 2026).

Health and Care Act (2022) *Health and Care Act 2022*, *Legislation.gov.uk*. Available at: <https://www.legislation.gov.uk/ukpga/2022/31/contents> (Accessed: June 26 2026).

Hocking, C. (2012) *Continuity Theory - an Overview* | *ScienceDirect Topics*, *Sciencedirect.com*. Available at: <https://www.sciencedirect.com/topics/medicine-and-dentistry/continuity-theory> (Accessed: June 11 2026).

Lu, X., Yao, Y. and Jin, Y. (2022) "Digital Exclusion and Functional Dependence in Older people: Findings from Five Longitudinal Cohort Studies," *EClinicalMedicine*, 54(54), p. 101708. Available at: <https://doi.org/10.1016/j.eclim.2022.101708>.

National Information Board (2014) *Personalised Health and Care 2020*, GOV.UK. Available at: <https://www.gov.uk/government/publications/personalised-health-and-care-2020> (Accessed: June 29 2026).

NHS England (2023) *Inclusive Digital healthcare: a Framework for NHS Action on Digital Inclusion*, NHS England. Available at:

<https://www.england.nhs.uk/long-read/inclusive-digital-healthcare-a-framework-for-nhs-action-on-digital-inclusion/> (Accessed: June 24 2026).

NHS England (2024) *Person-centred Care*, NHS England. Available at:

<https://www.hee.nhs.uk/our-work/person-centred-care> (Accessed: June 23 2026).

NICE (2025) *Standards and Indicators*, NICE website: the National Institute for Health and Care Excellence. NICE. Available at:

<https://www.nice.org.uk/what-nice-does/standards-and-indicators> (Accessed: June 28 2026).

Qonita Miladi, Tuti Pahria and Iqbal Pramukti (2025) "Effectiveness of Digital Health Interventions to Enhance Continuity of Care in Patients with Pulmonary Tuberculosis: a Systematic Review of Randomized Controlled Trials," *Patient Preference and Adherence*, Volume 19, pp. 1807–1823. Available at: <https://doi.org/10.2147/ppa.s533210>.

Sweeting, A., Warncken, K.A. and Patel, M. (2024a) "The Role of Assistive Technology in Enabling Older Adults to Achieve Independent Living: past and Future. (Preprint)," *Journal of Medical Internet Research*, 26, pp. e58846–e58846. Available at: <https://doi.org/10.2196/58846>.

Wang, X., Wu, Y.C., Zhou, M. and Fu, H. (2024) "Beyond surveillance: Privacy, ethics, and Regulations in Face Recognition Technology," *Frontiers in Big Data*, 7(1337465). Available at: <https://doi.org/10.3389/fdata.2024.1337465>.

Welch, V., Tanjong Ghogomu, E., Barbeau, V., Dowling, S., Doyle, R., Beveridge, E., Boulton, E., Desai, P., Xiangji Huang, J., Elmestekawy, N., Hussain, T., Wadhwani, A., Boutin, S., Haitas, N., Kneale, D., Salzwedel, D.M., Simard, R., Hébert, P.C. and Mikton, C. (2023) "Digital Interventions to Reduce Social Isolation and Loneliness in Older adults: an Evidence and Gap Map," *Campbell Systematic Reviews*, 19(4). Available at: <https://doi.org/10.1002/cl2.1369>.

Xu, H., Xie, B. and Chang, C.H. (2023) "Empowering the Care of Older Adults through the Use of Technology," *Work, Aging and Retirement*, 10(1). Available at: <https://doi.org/10.1093/workar/waad030>.