



[www.actionagainstaahungerinternational.org](http://www.actionagainstaahungerinternational.org) (2018a)

*Action Against Hunger International Logo*

([www.actionagainsthunger.org](http://www.actionagainsthunger.org): [www.charitynavigator.org](http://www.charitynavigator.org): Coleman (2019)

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# Definitions

## Humanitarianism

**“impartial, neutral and independent provision of relief to victims of conflict and natural disasters”** Gabiam (2016) p382

## Hunger

**“when populations are experiencing severe food insecurity...lack of money, ...access to food”** (www.fao.org)



www.actionagainsthunger.org  
(2017a) *Nutrition*

(Carbonnier (2015): Koops and Biermann (2016): Monico (2014) : Seabrook (2014)

# Theory

## Maslow (1943)

- **Hierarchy of Needs**

(Cooper, 2013: [www.simplypsychology.org](http://www.simplypsychology.org))

## Carl Rogers (1940s-1960s)

- **Humanism** (Cooper, 2013)

## Andreoni (1989, 1990)

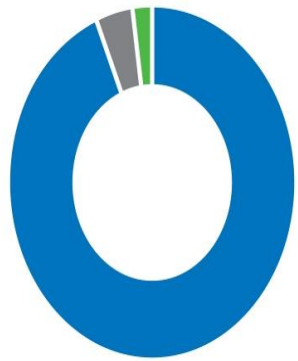
- **Theory of Warm Glow** (Huseyin, 2014)



[www.simplypsychology.org](http://www.simplypsychology.org)  
*Maslow's Hierarchy of Needs*

(Berman, Barasch and Levine, 2018)

# Vision: For a World Free From Hunger

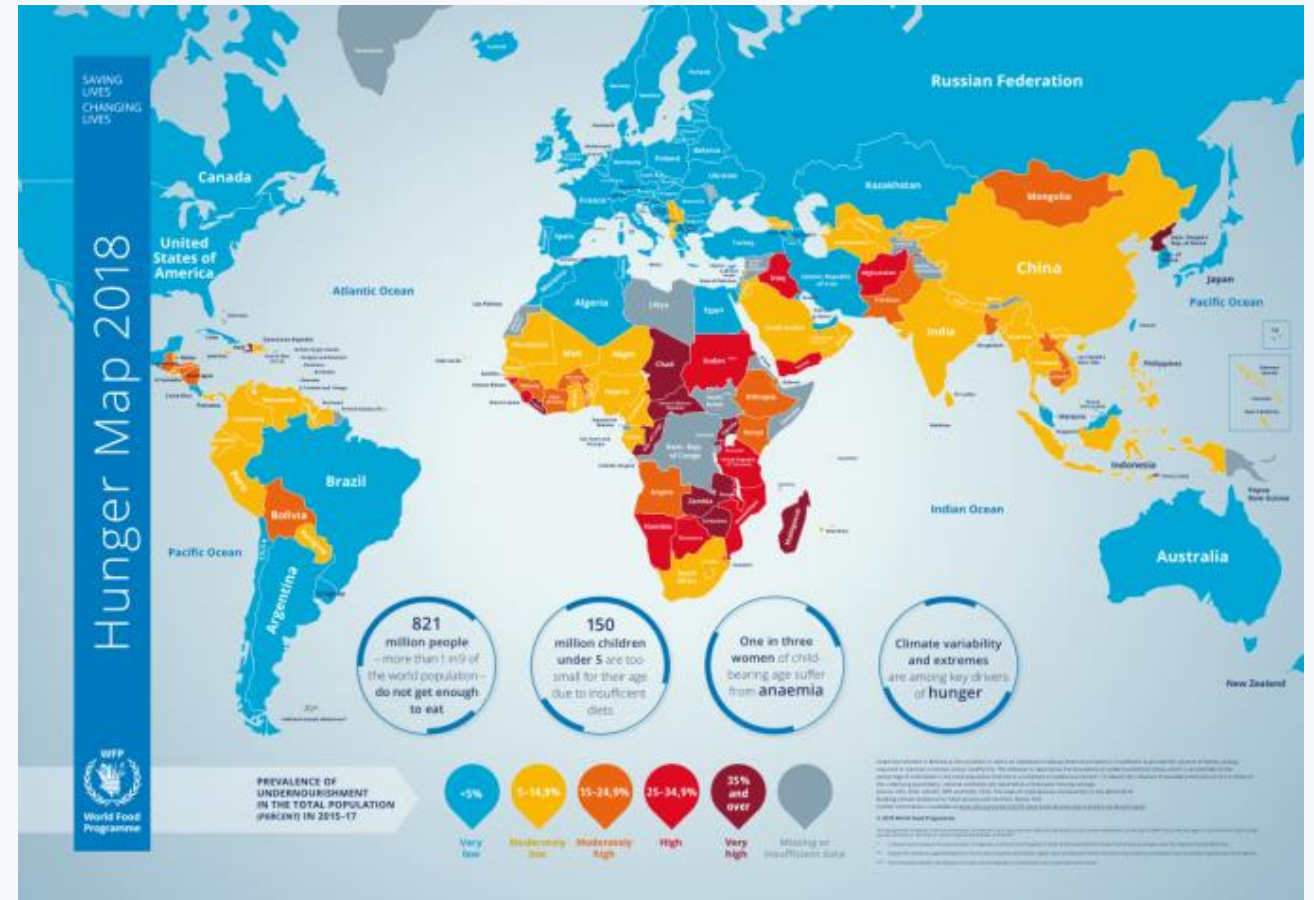


**93% PROGRAMS**

**5% MANAGEMENT & GENERAL**

**2% FUNDRAISING**

*www.actionagainsthunger.org (2017d) Every person counts whether they donate or help out in the field.*



World Food Programme(2019) *Hunger Map 2018*

(www.actionagainsthunger.org (2016,2017b,2017c, 2019: www.give.org, 2015)

# Gambella Refugee Camp, Ethiopia

- **Camp opened in October 2016**
- **South Sudanese Refugees**
- **Phase: Emergency**
- **83,658 refugees**
- **52,251 children**
- **62% under 18 years**
- **Schools**
- **Baby Friendly Service**
- **Partner 17 charities**

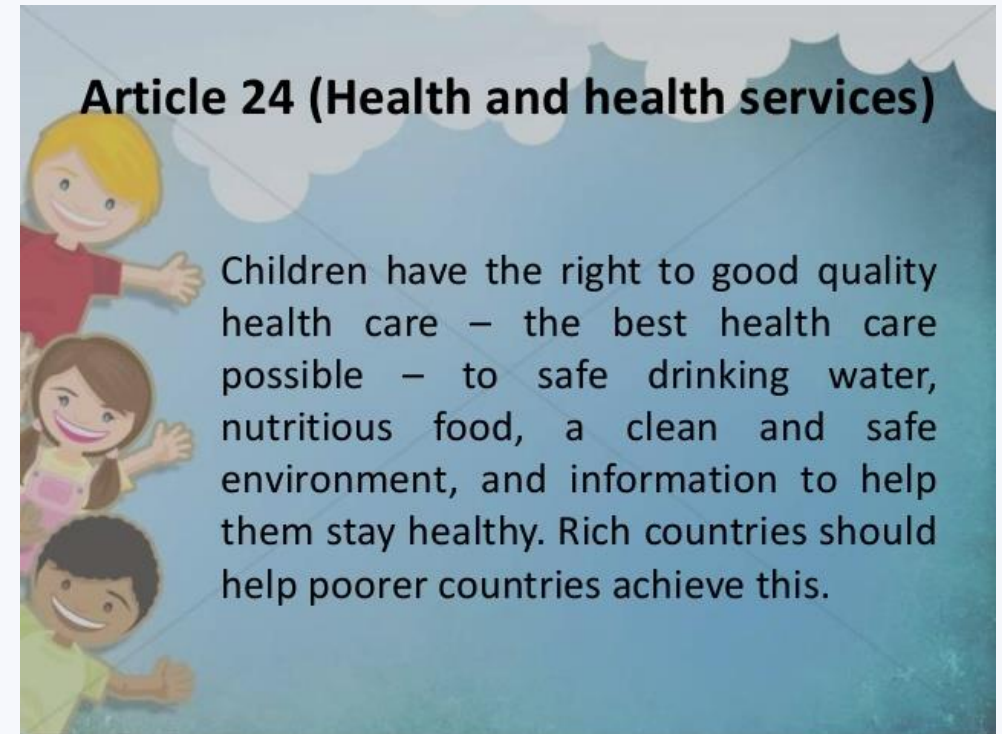


[www.actionagainsthunger.org](http://www.actionagainsthunger.org) (2018b) *Gardening in refugee camp*

([www.actionagainsthunger.org](http://www.actionagainsthunger.org) (2016,2019): Getachew, Bizatu and Worku, (2019): Tadesse et al, 2017)

# Failings of Action Against Hunger in Gambella Refugee Camp

- **Health Workers lack motivation**
- **Inaccurate measuring of mid-upper arm circumference**
- **Lack of engagement with Baby Friendly Services**
- **Inconsistency of water provision**
- **Poor sanitation and personal hygiene**
- **Voucher Scheme**



www.unicef.org (2017)

*Article 24 (Health and Health Services)*

# Mental Health

## Refugees

- Depression, PTSD, Adverse experiences
- Prevalent in 65.5% refugees
- Impacts on physical health
- Affects can last for decades

## Aid workers

- Depression, PTSD, Adverse experiences
- 80% experience distress symptoms
- 7% affects their work efficacy



Ramirez, P. (2019) *The power of mindfulness in a war zone*

# Summary



Definitions: humanitarian and hunger



Theories discussed



Action Against Hunger: policies, practices and strategies



Failings of Gambella Refugee Camp



Mental Health



Future proposals

# Working hard to achieve A World Free From Hunger



[www.actionagainsthunger.org](http://www.actionagainsthunger.org) (2016) *Fundraising*

([www.actionagainsthunger.org](http://www.actionagainsthunger.org) (2019))

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