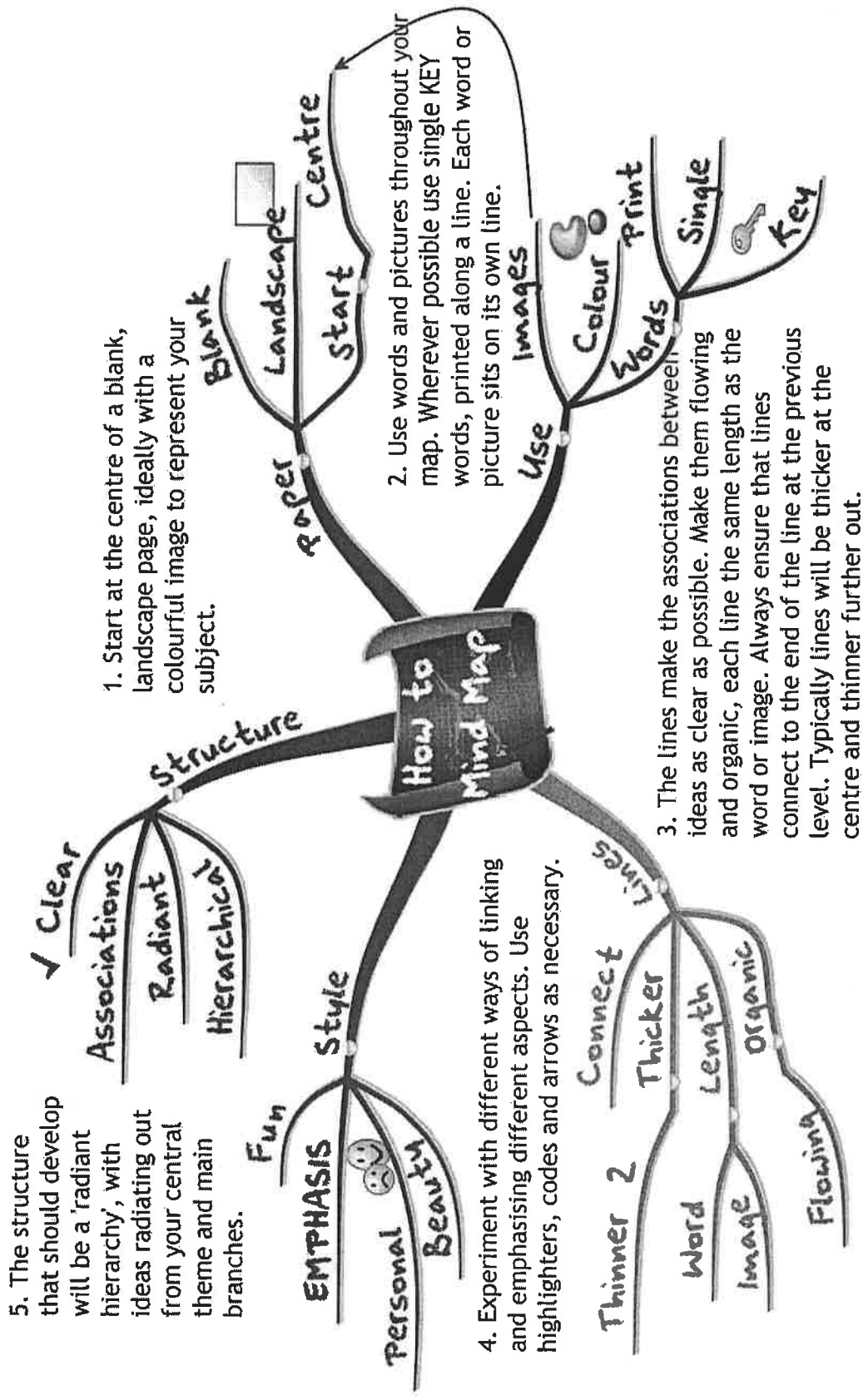


Use your research to create a mind map for your chosen disorder.

This activity counts toward your research portfolio and must be submitted for marking.

Follow these instructions.



• Connecting lines are thinner. • Words are still printed but may be lower case.	also demonstrate the level of importance, as from a branch to a twig. • The size and style of the letters provide additional data about the importance and meaning of the word/image.
7. Add a third or fourth level of data as thoughts come to you: • Use images as much as you can, instead of, or in addition to the words. • Allow your thoughts to come freely, meaning you 'jump about' the Mind Map as the links and associations occur to you.	Your brain is like a multi-handed thought-ball catcher. The Mind Map allows you to catch and keep whatever 'thought ball' is thrown by your brain.
8. Add a new dimension to your Mind Map. Boxes add depth around the word or image.	To make some important points stand out.
9. Sometimes enclose branches of a Mind Map with outlines in colour: • Enclose the shape of the branch and hug the shape tightly. • Use different colours and styles.	The outlines will create unique shapes as you find in clouds and will aid your memory: • These provide immediate visual linking. They can also encourage follow-up and remind you of action you need to take. • They can also show connection between branches by using the same colour outline.
10. Make each Mind Map a little more: • BEAUTIFUL • ARTISTIC • COLOURFUL • IMAGINATIVE and • DIMENSIONAL	Your eyes and brain will be attracted to your Mind Map: • It will be easier to remember. • It will be more attractive to you (and to others as well).
11. Have fun! Add a little humour, exaggeration or absurdity wherever you can.	Your brain will delight in getting the maximum use and enjoyment from this process and will therefore learn faster, recall more effectively and think more clearly.