



Strength and Conditioning/Athletic Development Coach



Organisation

SOUTHERN ACADEMY OF SPORT LTD

Salary

£22,500 per annum

Location

Chippenham, Wiltshire

Contract type

Fixed Term (Full time)

Closing date

30 December 2021

Job Description

Full Time (37.5 hours/week)

24 month contract with view to permanent.

The Southern Academy of Sport provide Strength and Conditioning, Sports Science and Physiotherapy services to athletes varying from grassroots, development, to world class, with the goal of helping each individual fulfil their sporting and personal potential.

Whilst we work with athletes in over a dozen sports, our speciality in collision sports

is reflected in our client base, which consists of over 50% rugby players and combat sport athletes.

We are seeking an outstanding graduate Strength and Conditioning/Athletic Development coach with an aspiration to achieve World Class standards to join our team.

Job Description

Key Roles and Responsibilities

- Provide Strength and Conditioning programming delivery to individuals, leading coaching delivery in a semi-private format, in both gym and field environments.
- Contribute toward Strength and Conditioning program and curriculum design.
- Contribute toward design and delivery of Athlete Education Program (AEP), providing implementable knowledge to athletes in recovery, mindset and nutrition practices.
- Work in close liaison with Physiotherapists on injury rehabilitation programming and delivery.
- Undertake performance testing and analysis.
- Contribute toward Sport Science services e.g. Constant Blood Glucose Monitoring.
- Co-lead our undergraduate placement program in partnership with the University of Bath.
- Assume some facility management and administrative responsibilities.

Person Specification

- A desire to achieve World Class standards, and willingness to challenge the assumptions of both the individual and the team in order to constantly seek to improve knowledge, service and results.
- Have a genuine passion and enjoyment for coaching: delivery will account for up to 30 hours of a working week, and the successful candidate will consistently contribute both energy and focus to the delivery of our programs.
- Understanding that staff are role models for the young athletes they work with, and as such lead by example in both attitude and actions.
- Demonstrate an understanding that private business is reliant upon a strong team, delivering world class results and service to all clients, at all times.

Key working relationships:

- Academy Director
- S&C/ Athletic Development Coaches
- Physiotherapists
- Soft Tissue Therapists
- Sports Coaches
- Undergraduate Placement Students

Essential

- Graduate qualification in Strength & Conditioning, Sports Science, Sports Coaching or related field.
- Experience of working with either development or high performance athletes.
- Current basic life support training and first aid qualifications

- Computer literacy, including Microsoft Office.

Desirable

- Professional accreditation e.g. CSCC/UKSCA (or working towards).

How to apply

Please contact Joe Alford (jalford@southernsport.co.uk) for an application pack, or any questions on the position.

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