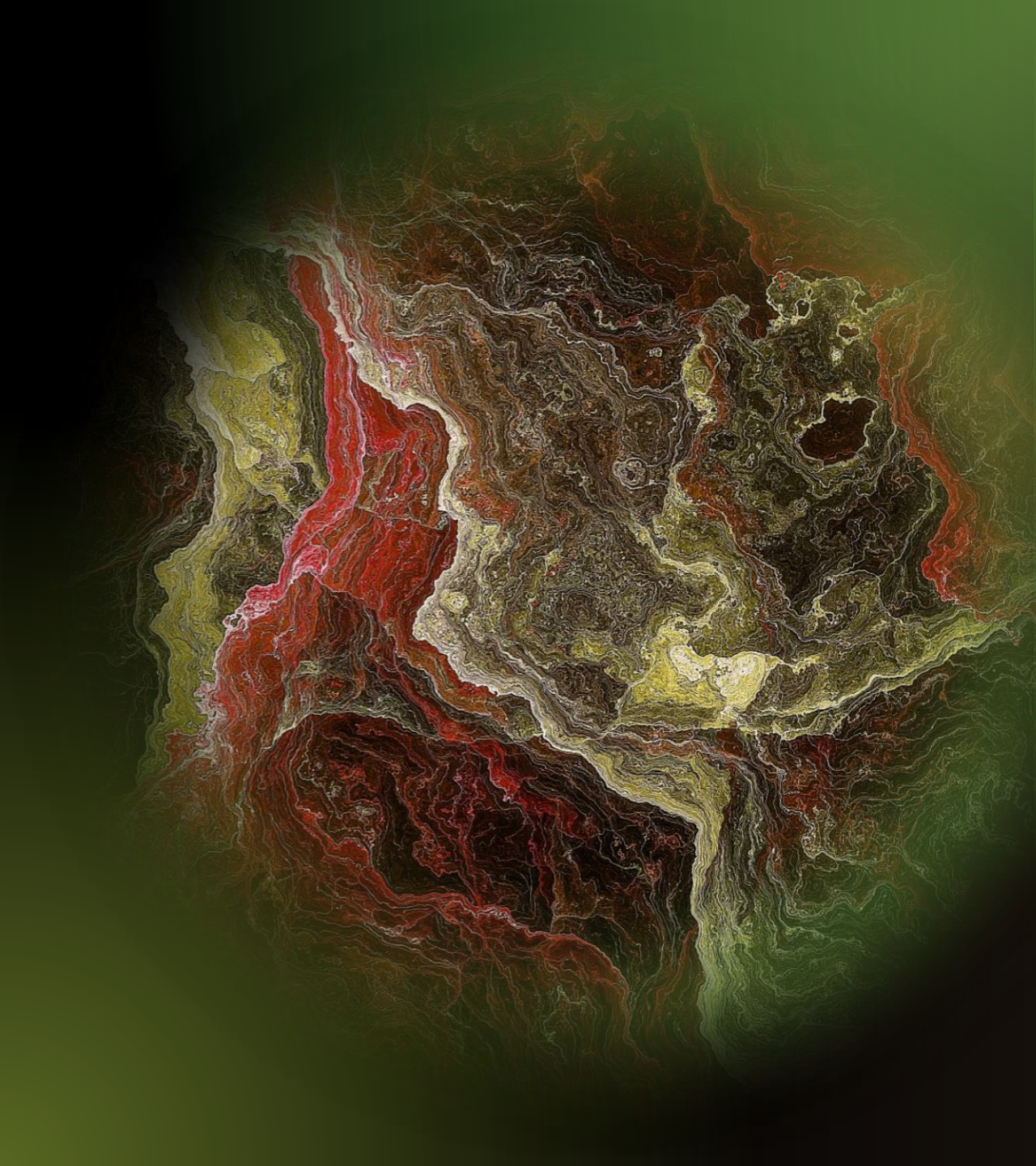


An abstract, marbled pattern in shades of red, yellow, and green, resembling a cross-section of a tree trunk or a geological formation, set against a dark green background.

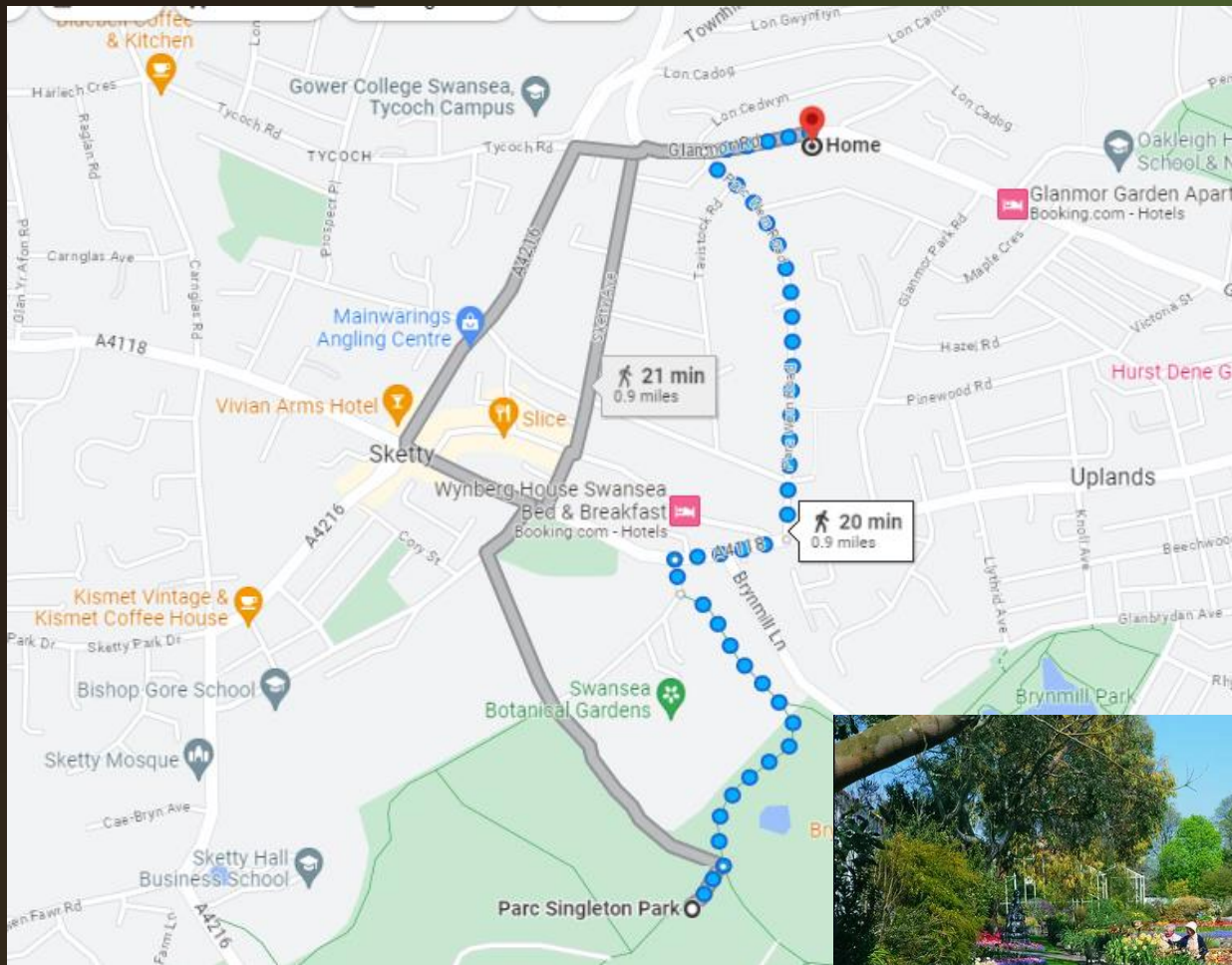
John Muir Sustainability Award

AIMEE DAVIES

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Discovering the local area



Growing up in the middle of Swansea there were a few options when it came to exploring greenery. Luckily enough we were able to explore Singleton Park which was home to the Swansea botanical gardens which opened my eyes to the variety of flowers that was grown there and the different environments that was needed to help them grow,

Discovering my back garden

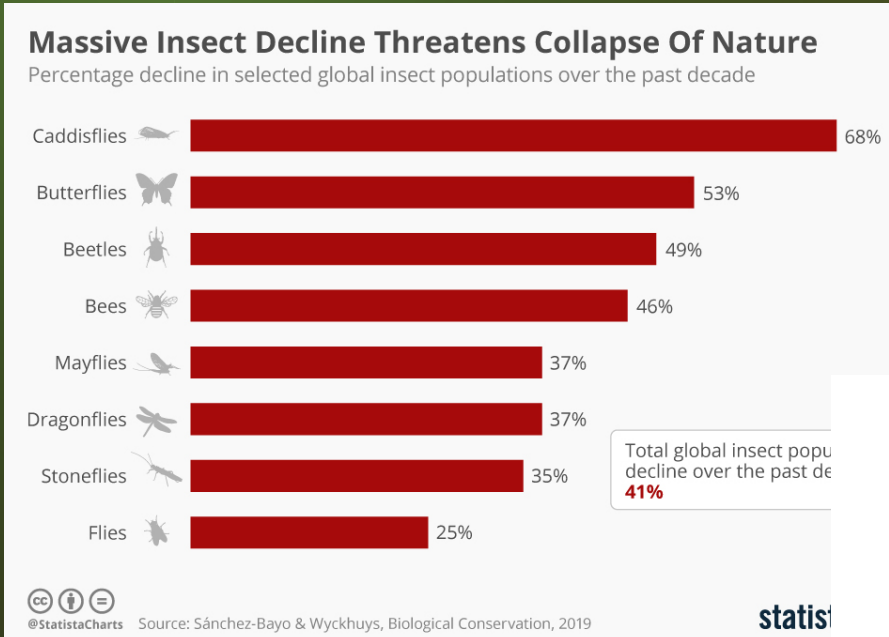
Due to having building work done in the garden of our family home we have had a reduction in the natural habitat for birds, bees and insects.

Although we did not lose all our sustainability efforts.



Explore

Then came to exploring part of the John Muir Award. I thought about what sustainability meant to me. I remembered from my time growing up that sustainability was something that had to start at a smaller level at home. If you can change your own habits and enlighten your ways of thinking, then anything is possible.



World Bee Day 2023: What's all the buzz about?

19 May



World Bee Day

Bees are so important to the health of our planet that they have their own special day.

World Bee Day takes place on 20 May each year, and its aim is to spread awareness of the significance of bees.

Bee campaigners also ask people everywhere to do more to help and protect the special insects.

The Food and Agriculture Organization of the United Nations (FAO) is urging everyone including governments, private companies, researchers and consumers, to take action to help save the popular pollinators.





Conserve

From my interest in the declining insect population, especially bees. I decided to introduce lavender to my garden, this was a great way to entice the bees back after a long period of construction in my garden.



Share

I had a great sense of accomplishment once the lavender had bloomed, we often get over 100 bees daily on the lavender plant which I know is doing the world of good for the pollination of the plants and trees in our area.



I had great happiness is sharing my success with friends and colleagues. Many of which have now began to think about their gardens and what they can do to promote sustainability.