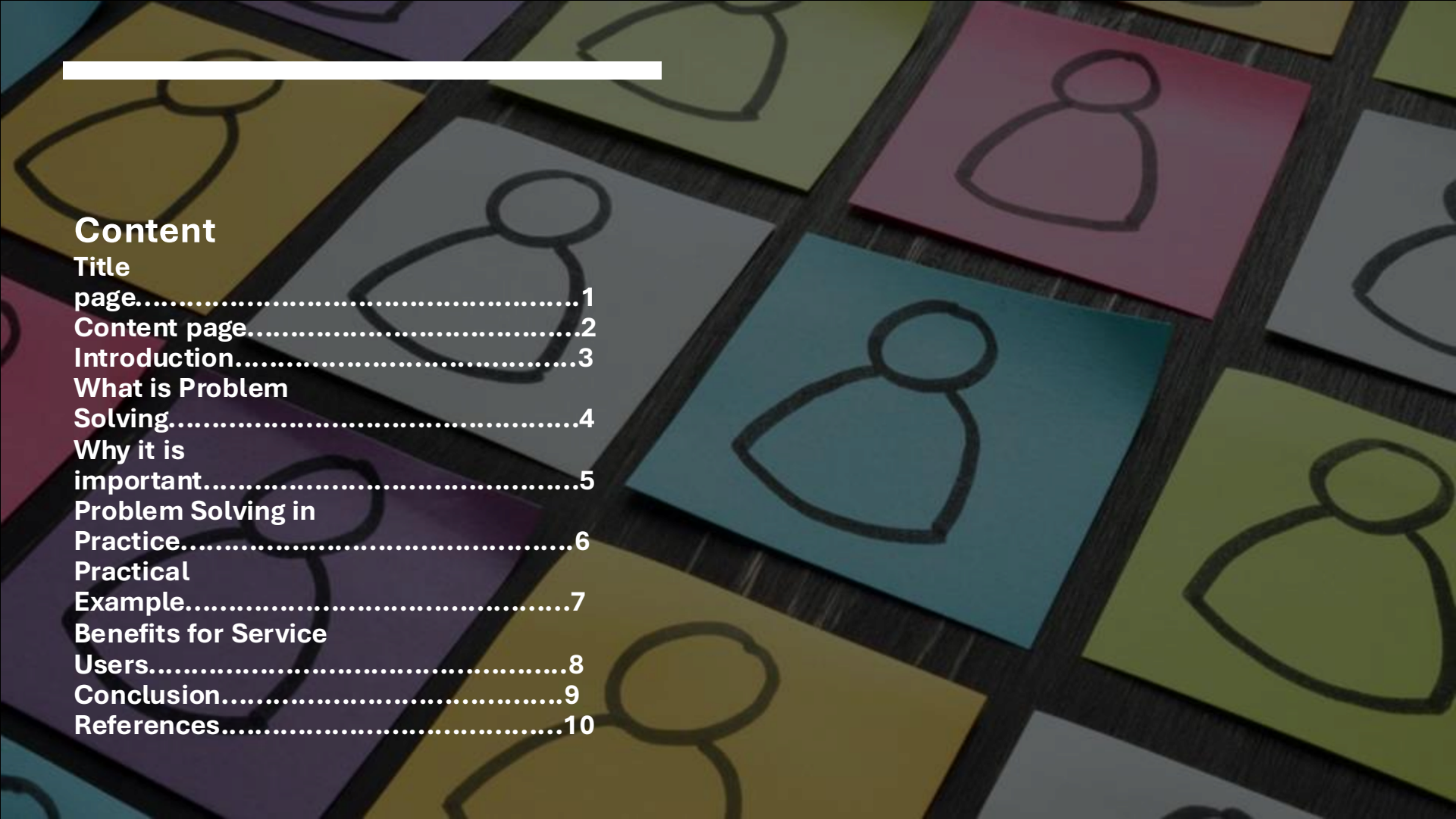

LCHS4009
Assessment 1
Self-Awareness Presentation
Title: Problem Solving
Lecture: Anika Tahsin Ahmed

STUDENT NAME: Neringa Kairiene

STUDENT ID NO:2435673



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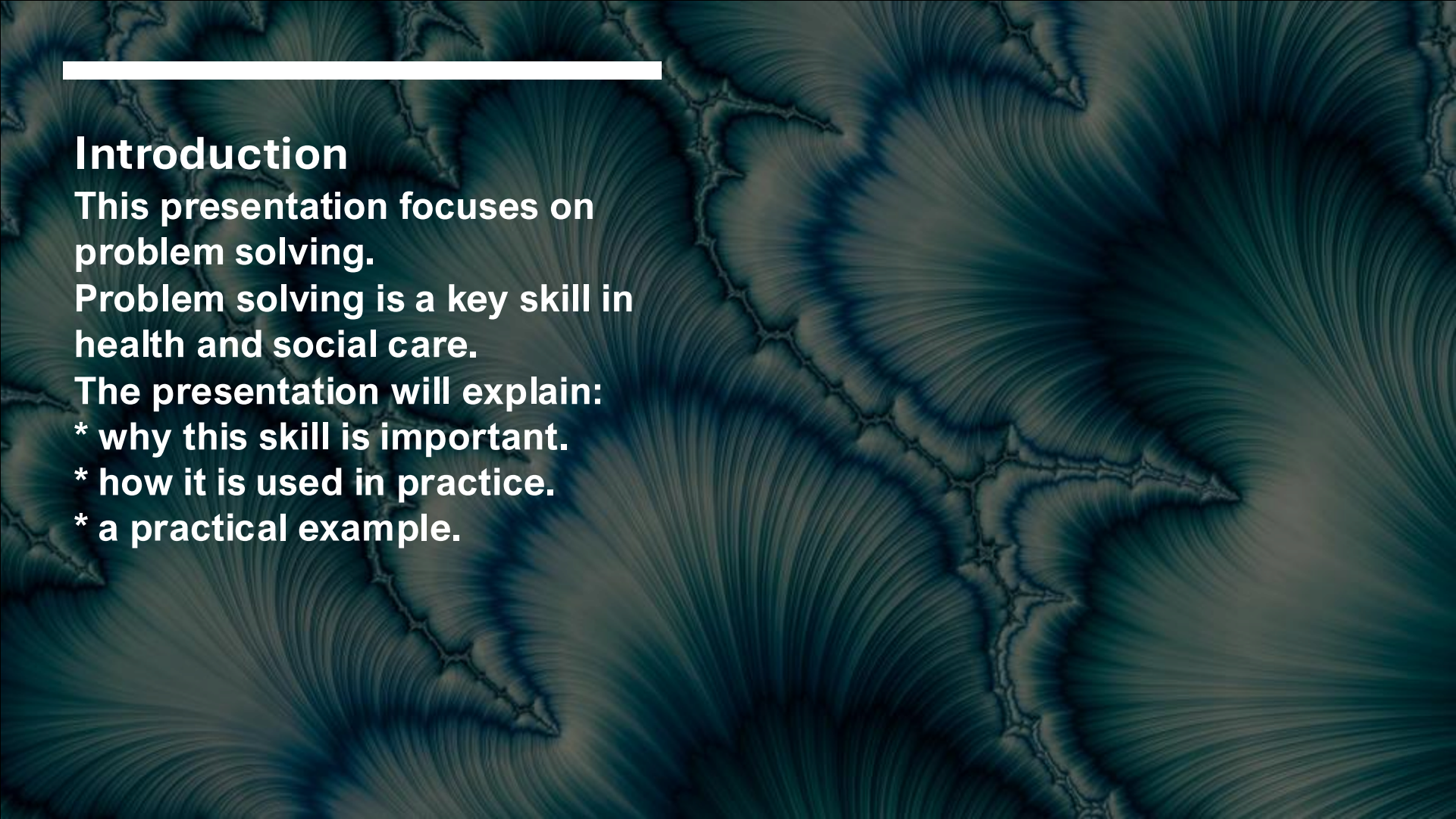
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Introduction

This presentation focuses on problem solving.

Problem solving is a key skill in health and social care.

The presentation will explain:

- * why this skill is important.
- * how it is used in practice.
- * a practical example.

What is Problem Solving

- *Recognising an issue
- *Exploring possible reasons
- *Selecting and implementing a solution
- *Evaluating the results

(Skills for Care,2022)



The background of the slide is a dense, overlapping collage of colorful sticky notes in shades of yellow, pink, blue, green, and purple. Each sticky note features a large, bold, black question mark. The notes are scattered across the entire slide, creating a textured, busy appearance.

Why is problem solving importance?

- * Protects service user safety
- * Improves the standart of care provided
- * Assists professionals in making informed decisions
- * Lowers the risk of mistake and errors

(NHS,2023)

Problem Solving in Practice

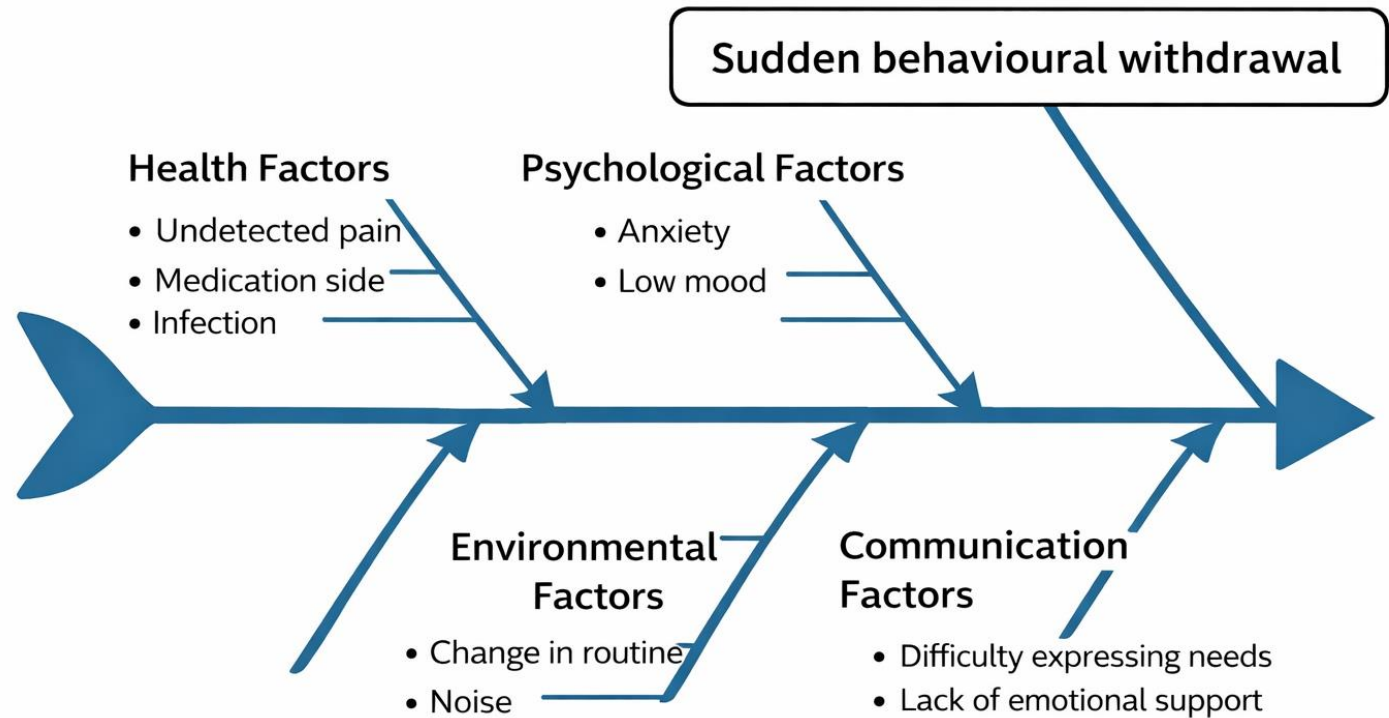
- *Handling unexpected challenges
- *Responding to individuals' needs
- *Collaborating with other professionals
- *Following organisational guidelines



(Skills for care, 2022; Department of Health and Social Care, 2022)

Problem Solving in Practice Example Using the Fishbone Diagram

Scenario:
During my placement in a residential care home, I observed sudden behavioural withdrawal in a service user.



Improve safety and protection of Service Users

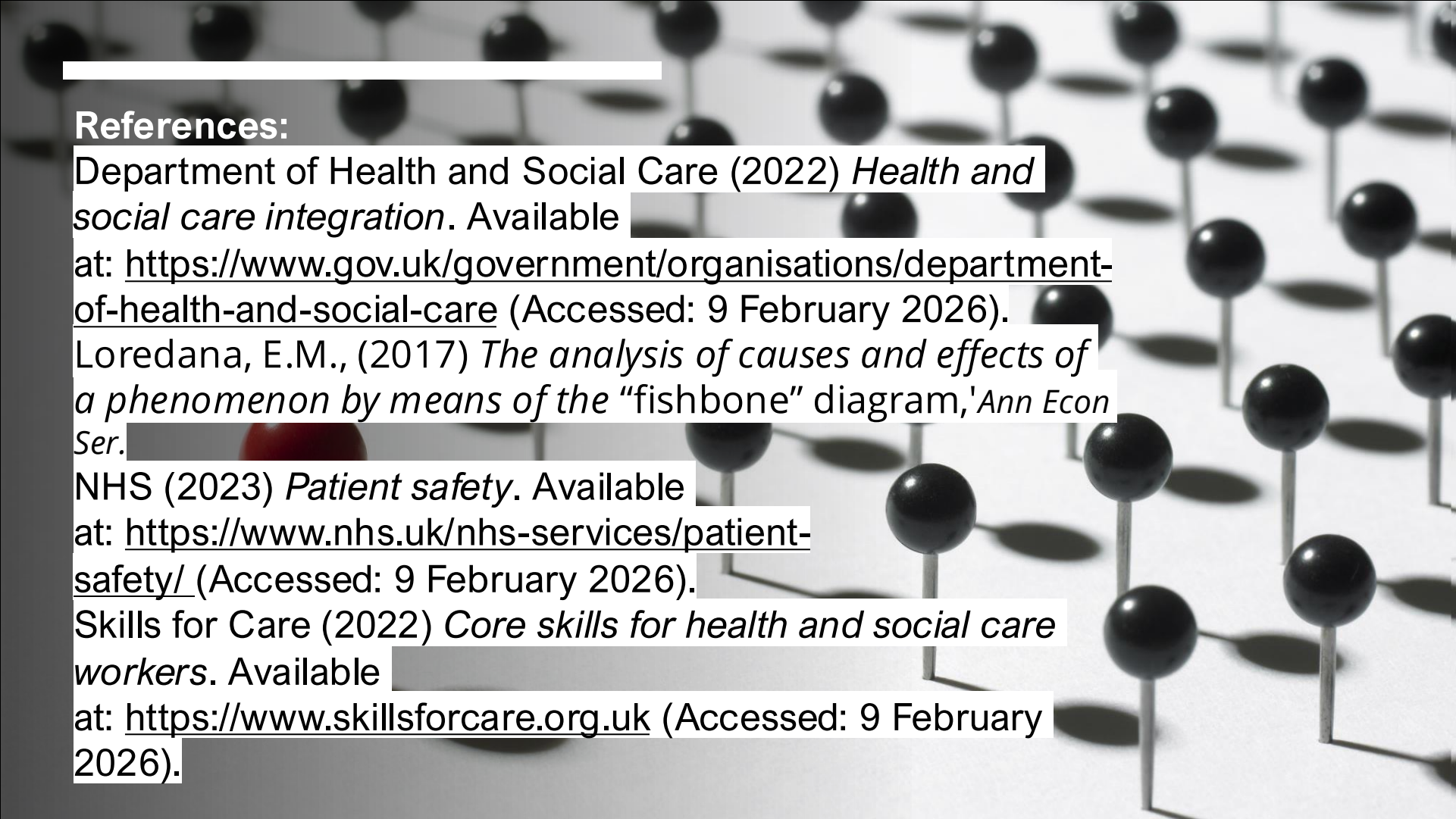
- *Safer care delivery
- *Care tailored to individual needs
- *Clearer communication
- *Improved health and wellbeing outcomes

(NHS, 2023)

Conclusion

- * Problem solving is an essential skill in health and social care practice
- * It supports safe and informed professional decision-making
- * It improves the quality and effectiveness of care delivery
- * Structured tools, such as the Fishbone diagram, enhance person-centred practice





References:

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Loredana, E.M., (2017) *The analysis of causes and effects of a phenomenon by means of the "fishbone" diagram*, 'Ann Econ Ser.

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