

The background of the slide is a collage of numerous hands of various skin tones, ranging from light pink to dark brown. Each hand is open, palm facing forward, and has the phrase '#Me Too' or 'Me too' written on it in a handwritten style. The hands are overlapping, creating a sense of a large group of people standing together. The text is in white, making it stand out against the darker background.

Sex Discrimination - in the workplace

The emotional impact

Danielle Bastier - 1150159



“If 2018 is to be a turning point for women’s equality and not just a footnote in history, then it is clear that we need deeds, not just words. We need to be impatient for change; a lot has been achieved in the last 100 years, but there is still a long way to go”.

- Dr Carole Easton - Chief Executive of the Young Women’s Trust



Welcome to
the story of
Bob and Al

Bob
£1





Bob
£1

AI
78p



Bob gets a PAY RISE!

9th Birthday

Toy Cupboard Supervisor

- Decides where things go
- Organises the toys
- Manage the other brother and make sure he tidies away properly





Bob	Al
Five star rating	Fair general ability
Organisational skills	No management experience
Management and leadership skills	Lacks confidence
Self determination	Low morale

Roll out the
experiment



Roll out the experiment

Twin boys called Bob will be

- More confident
- Greedy for leadership roles
- Sure of themselves
- Convinced of their own opinions





It will be a Bob's World!









Case study - Heather

Young, white, childcare worker

Suffers with stress and anxiety

Lacks support from husband

Limited power in her relationship

The Equality Act 2010

The Equality Act 2010 says that you must not be discriminated against because

- You are (or are not) a particular sex
- Someone thinks you are the opposite sex
- You are connected to someone of a particular sex

Human Rights Act 1998

Illegal to discriminate on grounds of sex or gender
This includes indirect discrimination
Let's you defend your rights in UK courts
Compels governments and local councils to treat everyone equally

In the therapy room

- Improve confidence and self value
- Acceptance, empathy and genuineness
- Person-centred, gender aware, and feminist therapy
- Self reflection for the counsellor is vital



In the therapy room

- No place for personal prejudice
- Respect, curiosity and transparency
- BACP (2018) recognises the importance of self inquiry, personal feedback and professional development
- Trustworthy, therapeutic and non-discriminatory relationship



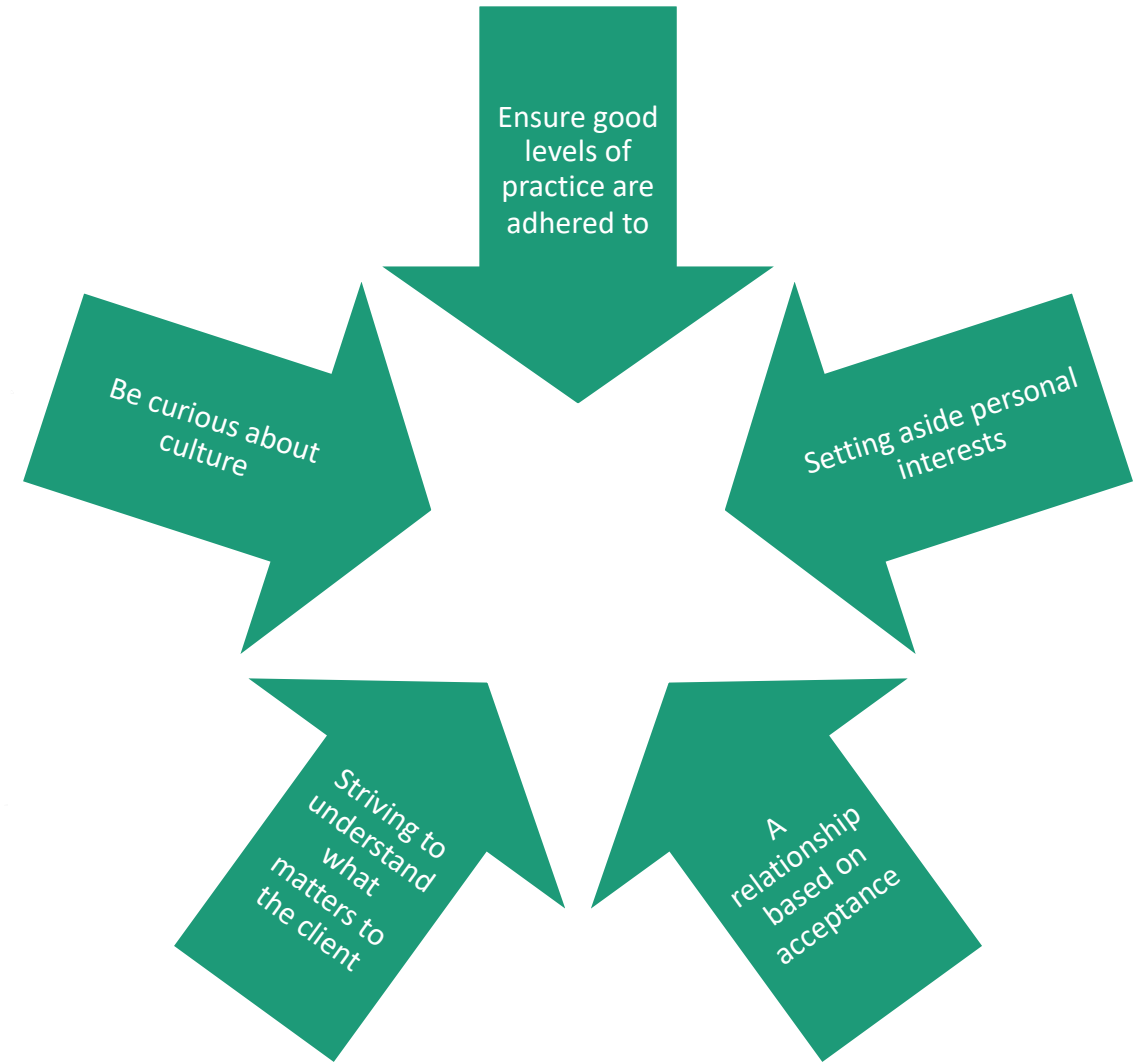


Supervision is vital!

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Bond, T (2015) p. 225

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