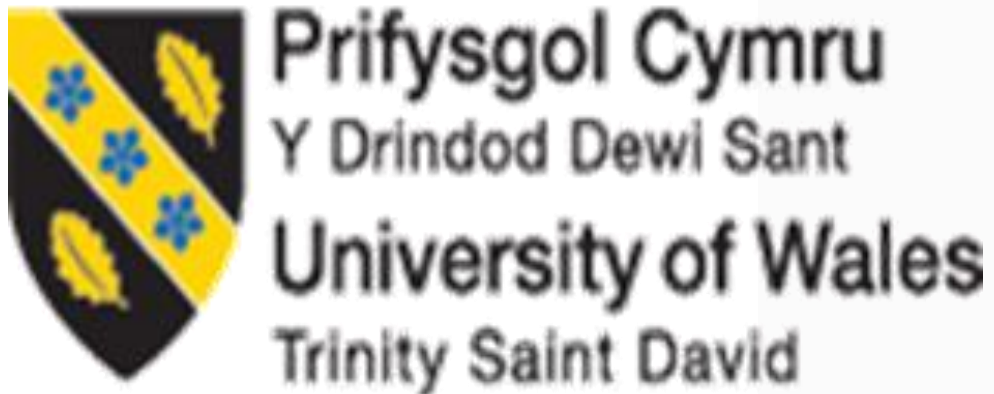


Module: Introduction to Research (BMHP5005)

Assessment 2: Viva Voce



- Student Name: Grace Nkoyo Bassey
George Duke Henshaw
- Student Number: 2020571
- Assignment Title: Investigating the impact of Covid -19 on care workers, carers and families in the community.
- Lecturer Name: Eleni Koutsogeorgou-Andreou

Introduction

The COVID-19 pandemic has profoundly impacted various sectors of society, including care workers who provide essential services to vulnerable individuals in the community. Care workers are crucial in ensuring the well-being and safety of those in need, but the pandemic has presented numerous challenges.

Watson, G. et al, (2021)



AIMS

- To identify healthcare professionals' challenges during the Covid-19 pandemic UK.(Nyashanu, et al 2020.)
- To disclose the factors influencing patients' experience during the Covid-19 pandemic. (Appleton et al. 2021)
- To highlight problems faced by carers during Covid 19. (Dykes, 2020)

Methods



- Secondary research strategy with a systematic literature review is used as the method
- The two databases used include Google Scholar and PubMed
- CASP evaluation criterion was used in which journal article to be considered had distinct features such as clearly stated title, abstract, methodology, findings and conclusion
- Thematic data analysis was used in which qualitative findings are compiled

Byrne, D., 2002

Search Strategy Sheet - ITR

Topic/aim of your research: The Perception of Patients seeking Health Care During Covid-19 Pandemic in the UK

Keywords: Caregivers of Children, Other Perceived barriers, critical care, anxiety, depression, Working without protection, financial constraints, overworked and underpaid.

Database(s): UWSTD Library, Scholarly articles, Books

Date of publication: 2013 - 2023

Language: English

Type of source: Academic General Article

Geography/Location: United Kingdom

Any other: NHS and Private enterprises

Inclusion criteria:

- Children
- Carers, Nurses, Doctors
- Key workers and frontline workers
- This includes ethnic minority

Literature Review

Source citation	Aim of study	Methods and Sample size and characteristics	Summary of main findings
Nyashanu, et al 2020.	To identify the challenges healthcare professionals had during the Covid-19 pandemic UK.	Interviews with 35 caregivers Quantitative data	Delay in decision
Appleton, et al 2021.	To disclose the factors influencing patients' experience during the Covid-19 pandemic.	Qualitative, Carers UK surveyed the experiences of over 5,000 current and former carers	Financial constraints. working without no protection, Such as PPE, impact their mental health and strain their family
Dykes, 2020	To highlight problems faced by carers during Covid 19.	A questionnaire was designed to incorporate validated screening tools for depression, All intensive care workers.	Anxiety; coronavirus; critical care; depression; financial constraints. working without no protection.



Results

Challenges of healthcare professionals

- Increased Workload and Health Risks
- Mental and Emotional Strain

Problems carers faced

- Increased responsibilities and strain on Carers
- Social Isolation and Limited Support Systems

Patient experience

- Access to Healthcare
- Psychological Impact

(Duncan; Cheng, 2021)

Discussion

STRENGTHS

- Emotional Support
- Essential Caregiving Services
- Fostering Community Resilience

WEAKNESSES

- Overwhelming work situation
- Mental Health
- Financial pressure



(WHO, 2020)

Recommendations

1. An increase in pay regarding Carer's Allowance. This is to ensure that food and necessary supplies are purchased.
2. Effective communication between healthcare providers and patients is vital (Splinter et al. 2021; Moroni et al. 2020)
3. To ensure people are guided about the increase in mental health. This can be done by proactive testing and training.
4. Utilising technology
5. Government support for families needing help due to losing loved ones and breadwinners.
6. The healthcare practitioners should have details of the patients with a high likelihood of delaying seeking or avoiding healthcare.



Conclusion

The COVID-19 pandemic has brought significant challenges to how care workers and carers operate in the UK. Thus, we have to honour them for their dedication and continuous work to provide high-quality care to those in need during and beyond the pandemic. Moreover, understanding and addressing factors that affect Patients' experiences is crucial for healthcare providers and policymakers to ensure that patients receive high-quality care despite unprecedented challenges. By acknowledging and addressing the pandemic's impact on all parties spoken about, society can work towards creating a supportive community environment, reducing the burden experienced by these invaluable individuals.

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