

The Lighthouse

ETHICS

How do we define ethics?

- Ethics are known to be a set of moral principles.
- BACP Ethical Principals are built upon values, principles and personal moral qualities.

BACP (2018)

Values, Principles and Moral Qualities

- These can be defined as a framework for practice which can be useful when facing ethical dilemmas.
- They promote and support a better quality of service to clients.
- They will assist our Voluntary Organisation to adhere to BACP requirements.

Bond, T. (1993)

Working towards professional relationships

- Insuring accurate information is given to the client before counselling sessions begin and what services they would like.
- Agreeing to a written contract with a client before counselling begins.
- Maintain reviews on a clients progress.

BACP (2018)

Professional and Personal Boundaries

We will maintain boundaries by:

- Ensuring we do not provide a counselling service to people we have personal contact with these include friends, family, ex partners.
- Keeping our personal and professional lives separate on social media that may be harmful to the counselling client relationship.
- Avoiding sexual relationships with clients, trainees and supervisors.
- Ensure that continuing a relationship with former clients is avoided which may effect a clients benefits from counselling.

BACP (2018)

Ethical Dilemmas and Decision process

Ethical Dilemmas occur often within the counselling profession and are known to be unavoidable. Some ways in which we may support our organisation when dealing with Ethical issues are as follows:

- Refer to the BACP Ethical framework for counselling professions.
- Using our supervision time to discuss good approaches to ethical dilemmas.
- Using a step by step procedure to assists us on making the most ethical decision.

Saunders, P. (1994)

McLeod, J. (2007)

Legal Requirements, Policies, Procedures and Insurance

Being aware and having knowledge on some of the current laws such as:

- General Data Protection Regulations (2018)
- Human Rights Act (1998)
- Equality Act (2010)
- Adhering to the BACP Ethical Framework (2018)
- Being covered with Professional Indemnity Insurance

legislation.gov.uk

BACP (2018)

BACP Membership Requirements and its Benefits

Requirements

A commitment to develop a high standard of ethical practice and expertise within the counselling professions.

A passion to support counselling and its value towards the public, commissioners and employers.

Support

Expert guidance

Opportunities to access networking

Help and support with professional development

BACP (2018)

Organisational Membership Requirements

- Offers counselling to clients
- Provides a service to qualified counsellors and students
- Have voluntary staff that use counselling skills in their voluntary placements

BACP (2018)

Applying for Membership

- BACP membership website gives access to an application pack to download.
- Applications are checked to ensure that our organisations standards for a BACP membership are adhered to.
- Renews yearly local voluntary organisation costing £240.
- Does not mean it covers volunteer counsellors as BACP members and needs individual membership at a cost to the Volunteer of £170 yearly.

BACP (2018)



Questions?

Reference List

BACP (2018) Ethical Framework for the Counselling Professions

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(Accessed: 1st March 2019).

Equality Act (2010)

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Available at: <http://www.legislation.gov.uk/ukpga/1998/42/contents>
(Accessed: 1st March 2019).

Towergate Insurance

Available at: <https://www.towergateinsurance.co.uk/counsellors-insurance>

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Reid, B. (2010), Seagull

Available at: <https://i.pinimg.com/736x/14/ae/4e/14ae4e05359036a082d7ca54c8f85656.jpg>

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