

Cyber and Internet Safety

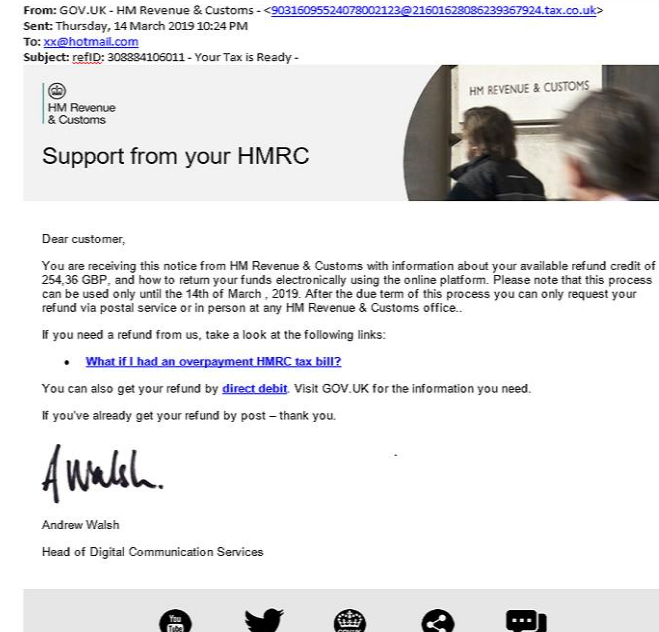
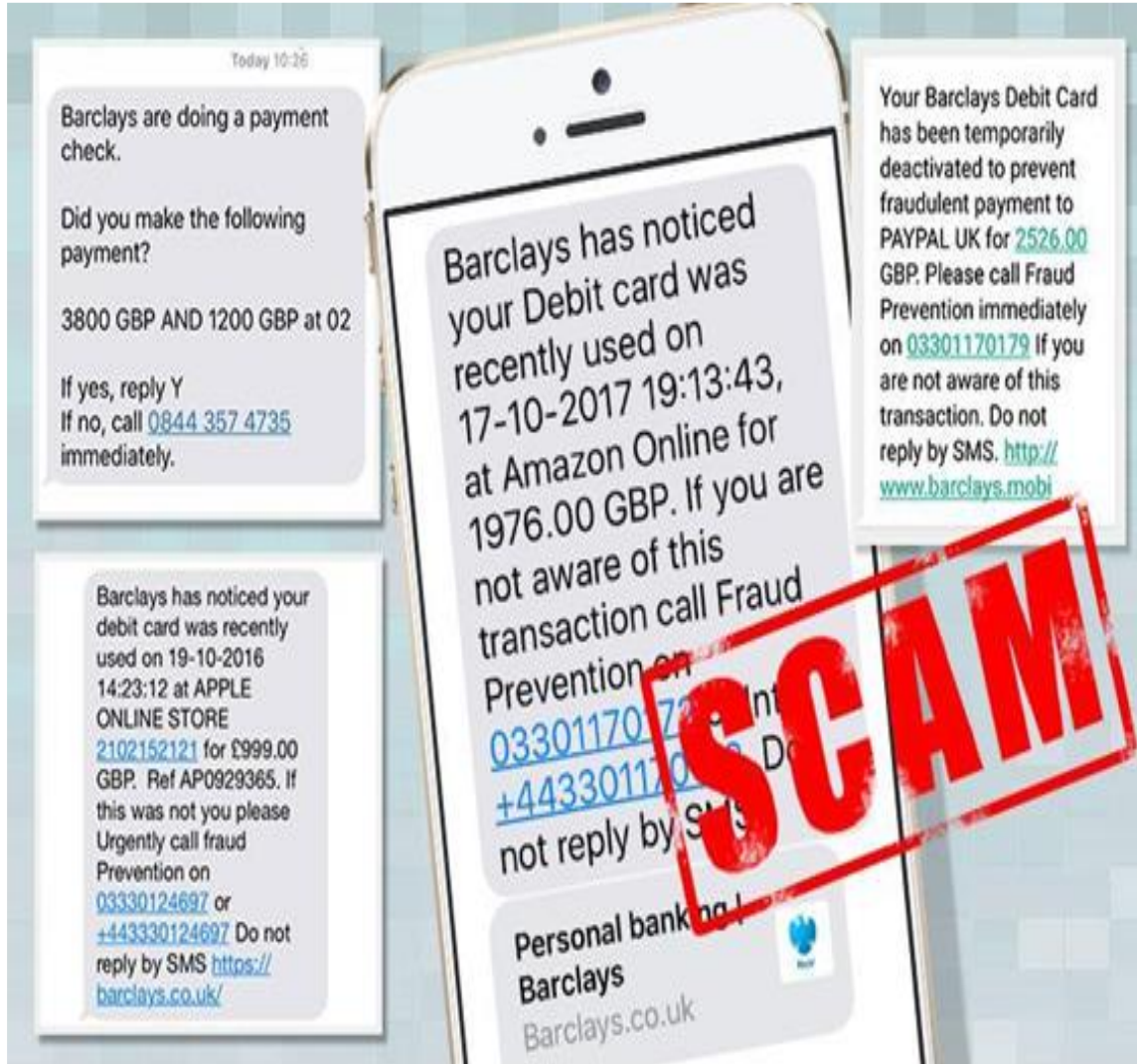


South Wales Police
Keeping you Safe Online





Phishing, Smishing & Vishing



Phishing, Smishing & Vishing



1. **Authority** – Is the message from someone claiming to be in Authority?



<https://takefive-stopfraud.org.uk>

2. **Urgency** – You're told you have a limited time to respond - such as 24 hours or *Immediately*.

3. **Emotion** – Does the message make you panic, fearful, hopeful or curious?

Phishing, Smishing & Vishing



4. **Surprise?** – Are you expecting the email or message?



<https://takefive-stopfraud.org.uk>

5. **Scarcity/Current Events** – Is the message offering something in short supply? What is happening?



**WATCH THIS HACKER
BREAK INTO
MY CELL PHONE ACCOUNT
IN 2 MINUTES**



Important to set strong passwords and have
different passwords for accounts

Cyber criminals often use software that guesses your
password until it cracks it.

Known as a Brute force or dictionary attack

Shorter passwords (under 14 digits) are the easiest
to crack

Passwords – Do not give them away so easily



Multi Factor Authentication

"Defence in Depth"





WIFI PRIVACY

11:13 45°
CBS 4
WBZ
a WBZ



Carry out your own health checks

<https://haveibeenpwned.com>

<https://www.security.org/how-secure-is-my-password/>

';--have i been pwned?

Check if your email or phone is in a data breach

terriblepassword@easytohack.com

pwned?

Oh no — pwned!

Pwned in 2 data breaches and found no pastes (subscribe to search sensitive breaches)

3 Steps to better security

Start using 1Password.com

security.org

Home SecuritySmart HomeDigital SecurityAbout UsWhat's My Security Score?

Q

sponsored ad

KEEPER

Your passwords will always be secure with Keeper.

Start Free Trial

How Secure Is My Password?

✔ The #1 Password Strength Tool. Trusted and used by millions.

ENTER PASSWORD

Entries are 100% secure and not stored in any way or shared with anyone. Period.

How Safe Are You Online?

