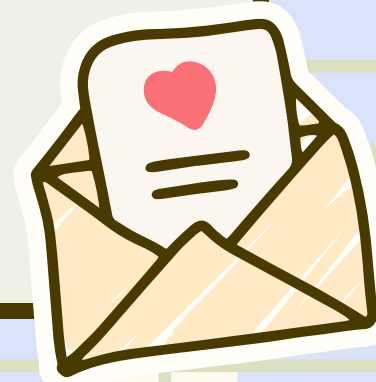
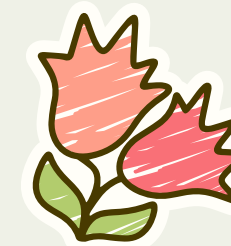
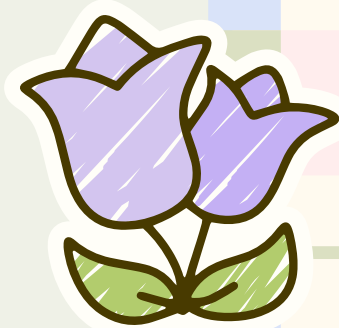
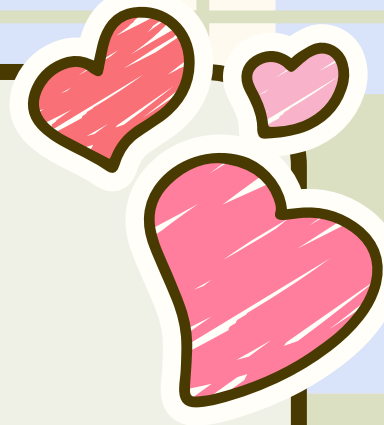
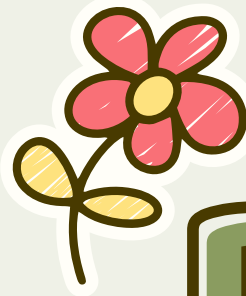
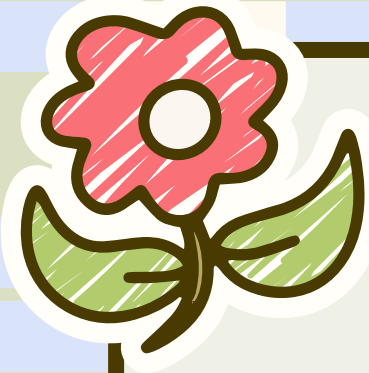


Research in Action (RIA)

PERSONAL RESEARCH SKILL

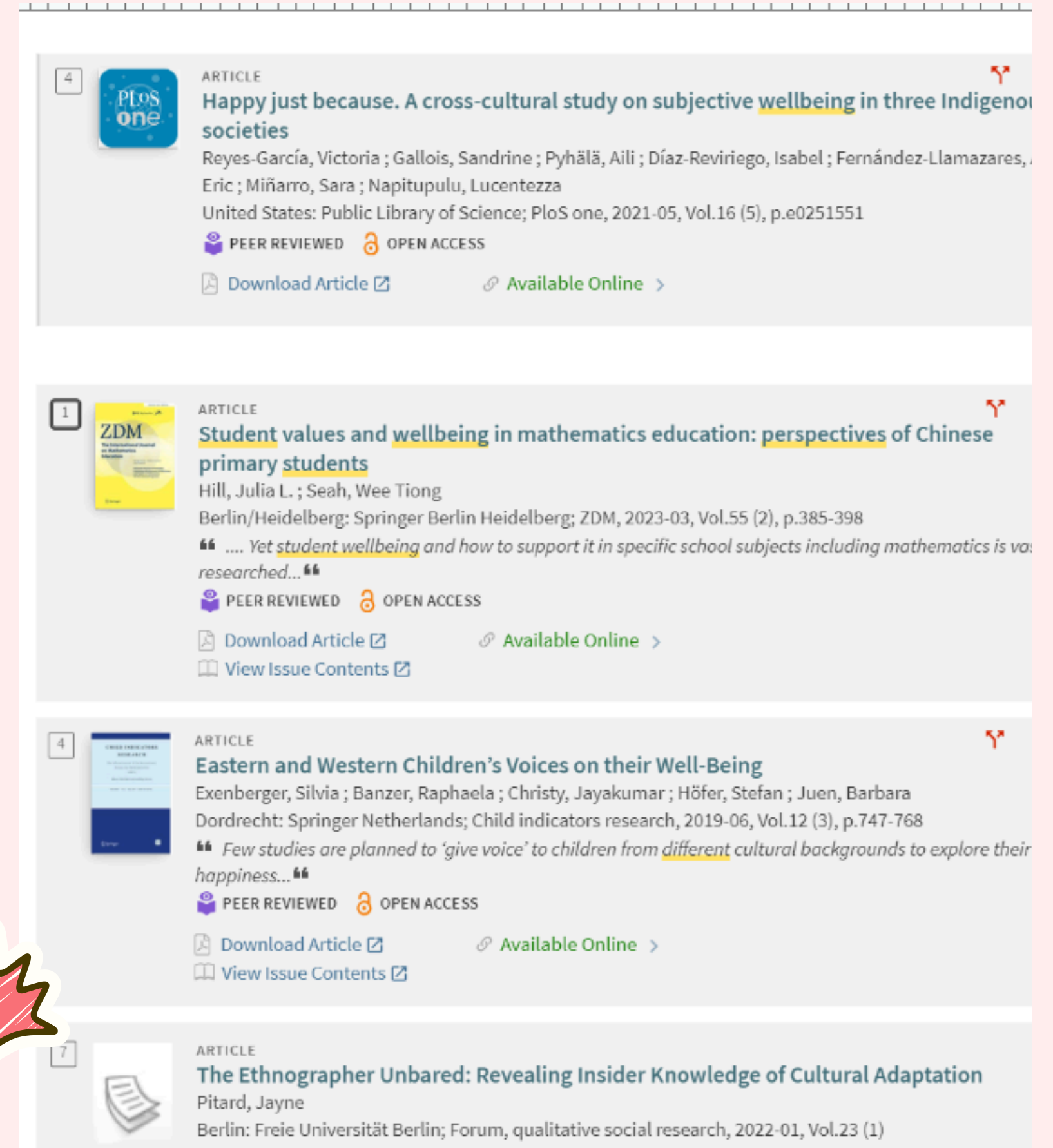
Presented by Darwisha Tarmizi

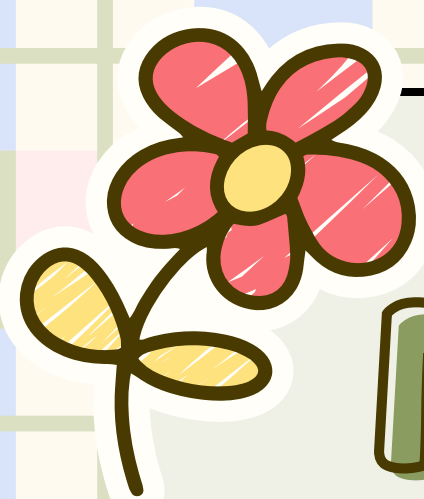
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SYSTEMATIC LITERATURE REVIEW

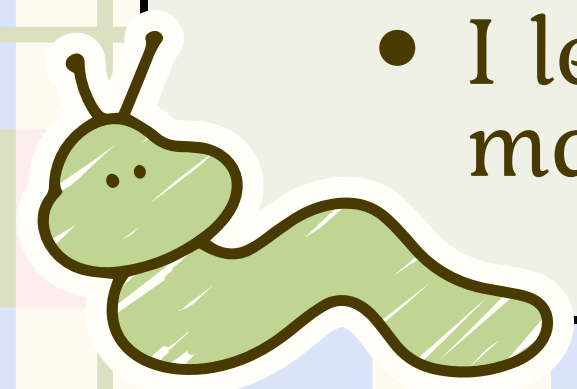
- SLR showcased the detailed search strategy to answer a defined and specific question (McNally, 2021)
- It identifies structured steps to acquire research articles for the certain field





METHODS



- I learned that the methodology involved carefully planned steps and principles to investigate a specific field or topic (Patel & Patel, 2019)
 - Participants are crucial in data collection
 - I learned the importance of materials of methodology
- 

Participants:

Undergraduate students ranging from ages 18 until 25, as they are the main target of the study and most common ages for university students. Moreover, recruitment will be accessible since research members are surrounded by the target participants. The participants will be recruited for the Experimental Management System (EMS). As the research requires point of views of student wellbeing from various cultures, the participant recruitment requires no specific inclusion or exclusion criteria. Moreover, participants from all genders, race, religions, and cultures are welcome to be a part of study subjects. Overall, the research requires six to eight participants to be interviewees in which all research members will interview.

Materials:

The research interview will require an audio recording which can be transcribed for further analysis. Interview psychology labs will be used for face-to-face interviews and the application program called Microsoft Teams will be used for online interviews. Lastly, interview questions and schedules will be used for this interview. The interview questions consist of:

General Questions

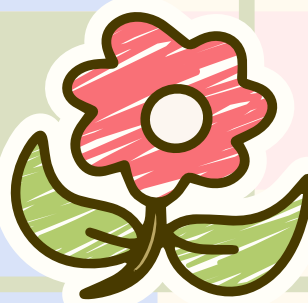
1. What is your name?
2. How old are you?
3. Where do you study?
4. What gender do you identify as?
5. What is your ethnic background?

Research Question 1

1. What is your general understanding of student wellbeing?
2. How does your culture's definition of student wellbeing differ or coincide from other cultures?
3. Does your culture put any emphasis on student wellbeing?
4. Does your culture play a role in your wellbeing as a student?
5. What factors in your culture influence your perspectives on student wellbeing?
6. What are some unique practices or habits in your culture that enhance your wellbeing as a student?

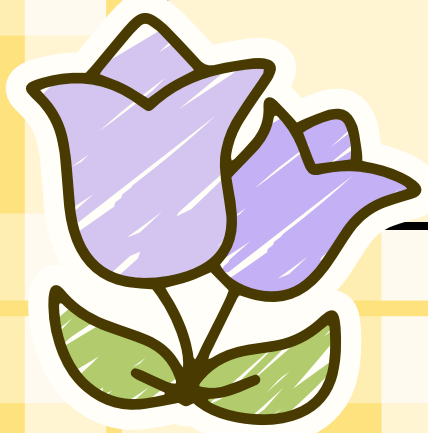
Research Question 2

1. Have you ever encountered a common ground with friends/students from other cultures when it comes to maintaining your wellbeing?
2. What differences on student wellbeing perspectives have you encountered with other friends/students from cultures that have no relation to yours?
3. Do you think that your culture possesses traits and aspects that particularly enhance student wellbeing compared to other cultures?
4. Does your culture negatively impact or neglect your wellbeing as a student?
5. What aspects of other cultures would you like your culture to embrace and adopt to enhance the perspectives on student wellbeing?
6. Has the stigma or opinions from your culture towards wellbeing prevent you from getting the



ETHICS FORM COMPLETION

- The importance of ethics form
- Ethics approval ensures that the research study is meeting the relevant ethical standards (Newson & Lipworth, 2015)

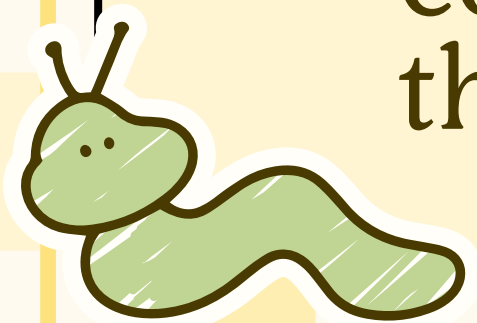


SECTION I: Feedback, Consent and Confidentiality

1	Feedback What de-briefing and feedback will be provided to participants, how will this be done and when?
	After the study, a fully detailed debrief will be provided to the participants. They will also be given a debrief form to ensure them the main purpose and aims of the study. Participants are given the option to withdraw themselves from the research project before they leave. After this point their data will be transcribed and anonymised with any identifiable information removed. Moreover, researchers' student emails and research supervisor contact details will be included in the debrief form if the participants wish to contact them for any inquiries or concerns. Therefore, the debrief form will be explained verbally and on paper if they wish to read and investigate further. They will also be asked if they have any further inquiries before presenting them with the debrief form. <i>(this box should expand as you type)</i>
2	Informed consent Describe the arrangements to inform potential participants, before providing consent, of what is involved in participating. Describe the arrangements for participants to provide full consent before data collection begins. If gaining consent in this way is inappropriate, explain how consent will be obtained and recorded in accordance with prevailing data protection legislation.
	Participants will be given a consent form before the research study both digital and hardcopy. Moreover, participants will have to carefully read through the consent form which will consist of information that is crucial to the study. Then, the consent form will also state the data confidentiality of research participants. Participants will also be notified, from the consent form, of what the researchers are willing to expect from them. However, they will still be reassured that they are not expected to answer the interview question/s if it causes them discomfort. Furthermore, if the topic of the research study causes them distress, they will have every right and option to not sign up for the study. Lastly, they will give time to give their consent to be a part of the research project. Verbal consent will also be obtained after the recording starts. <i>(this box should expand as you type)</i>
3	Confidentiality / Anonymity Set out how the anonymity of participants and confidentiality will be ensured in any outputs. If anonymity is not being offered, explain why this is the case.
	Following the ethical guidelines, placed out by the UWTSD Research Ethics & Integrity Code of Practice policy and the British Psychological Society (BPS) code of ethics, the participants of the study will remain anonymous throughout the entire study. This would mean their names, race, gender, age, and crucial information. In the study, they will be referred to as 'Participant 1', Participant 2', and so forth. In addition, participants' names will be redacted from the transcript to guarantee the confidentiality and anonymity of participants. This will ensure the anonymity of participants and their data will be stored separately, so it prevents them from being traceable. Overall, only the student researchers and principal investigator of this study will have restricted access to the participants' details.

INFORMED CONSENT FORM

- I learned that an informed consent form ensures that participants can enter the research project with full information (University of Oxford, 2021)
- It makes me understand consent form ensures that the study is ethical



Study Consent Form

I understand that I will be taking part in this research study that is being conducted by a second-year student for the purpose of their undergraduate module and that taking part in this research project will require me to answer interview questions provided by the interviewer/student. I understand that I am over the age of 18 to take part in the interview.

Moreover, I understand that participating in this study will require 30 minutes of my time. I understand that the entire interview session will be audio recorded for research purposes.

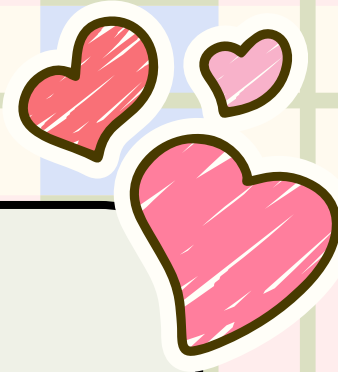
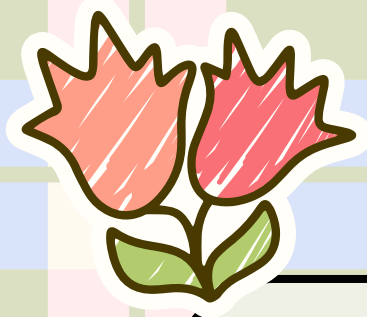
I understand that my data, such as my name, will be censored and stored anonymously. My data will also not be traced back. Therefore, my data will be kept confidential, following. I further understand that I have permission to withdraw from the study at any given point of time without facing any penalty. I understand that the information data taken from me will be stored according to the UWTSD Research Data Management (RDM) and my data will only be used for the research's intended purposes.

I, _____, hereby **consent** to participate in this research study conducted by the student researchers in the School of Psychology, University of Wales Trinity Saint David, Swansea under the supervision of Zoe Cooke.

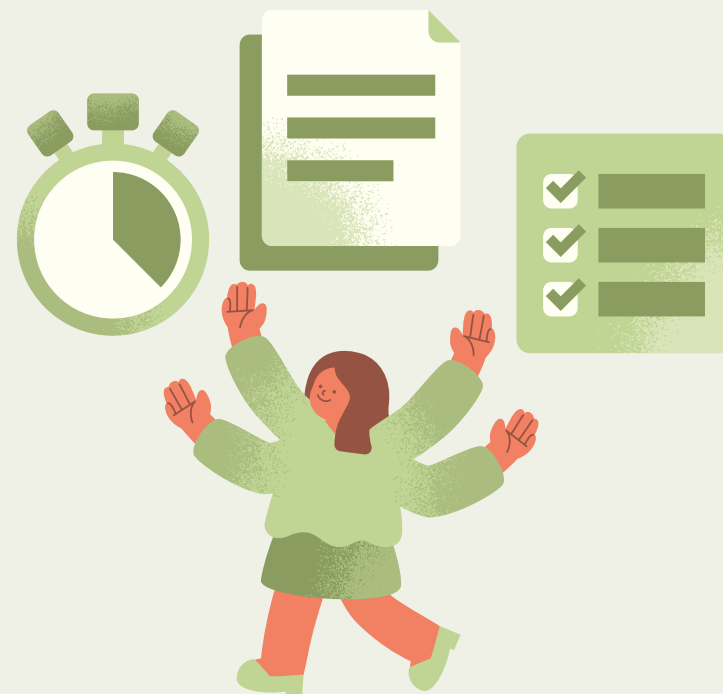
Date

Signature

SKILLS ADAPTED



**COMMUNICATION
SKILLS**



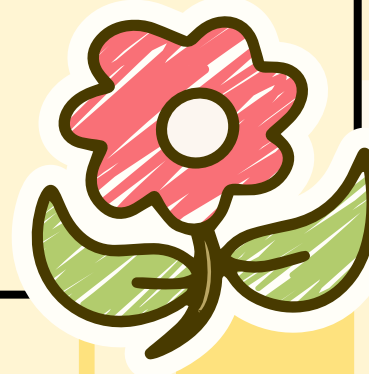
**TIME
MANAGEMENT**



**LEARNING
EXPERIENCE**



THANK YOU



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