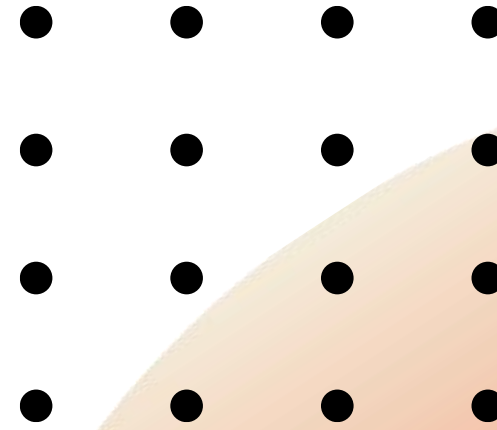
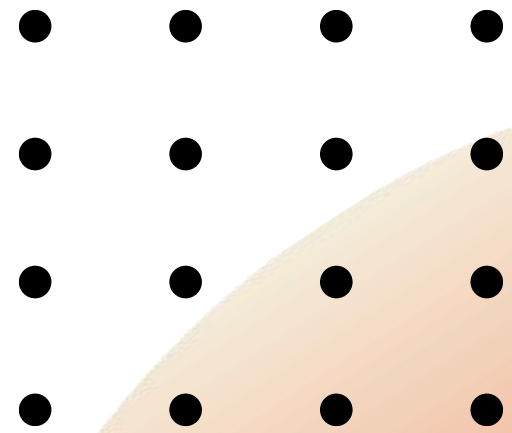




Module: Professional Development within Health and Social Care



Programme: Certificate of Higher Education Skills for the Workplace (Health and Social Care)

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Student ID Number:

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Module code: LCHS4009

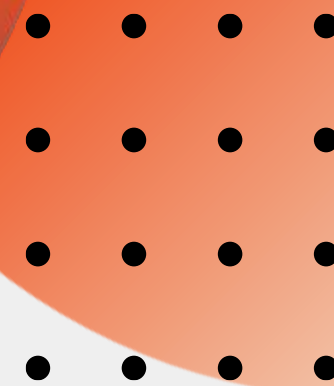
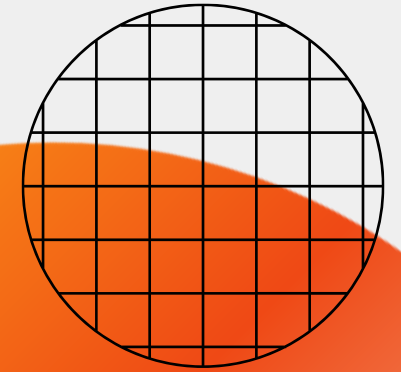
Assignment Title: Self-

Awareness Presentation

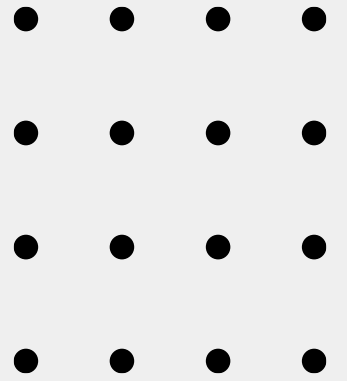
Lecturers: Olubukola Adegbite
(Module Lead)

Let's Start

Effective Communication in Health and Social Care Practice



Introduction

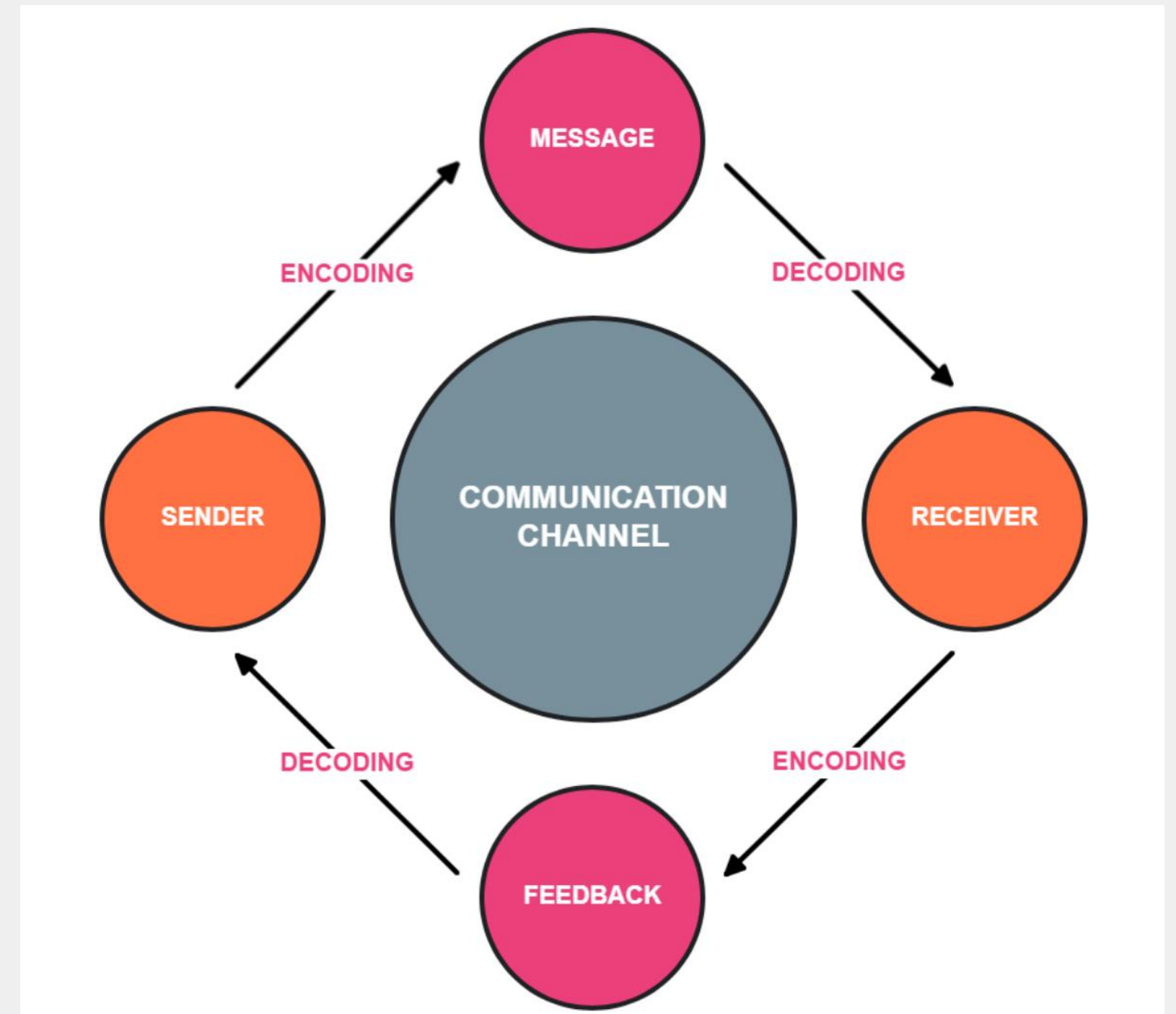


- The communication skill is considered to be the most valuable and professional skill in health and social care.
- It helps the workers to socialize with each other, listen to the service users and act safely to meet their care needs (Wilberforce et al., 2022).
- This presentation will define communication, why communication is so important, SBAR model and how this model can be integrated into practice.

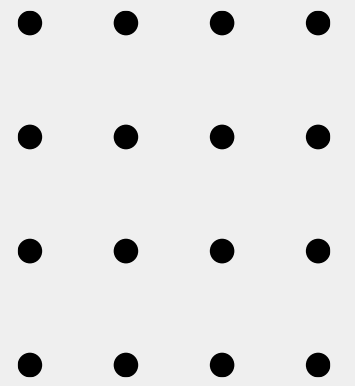


What is the meaning of Communication

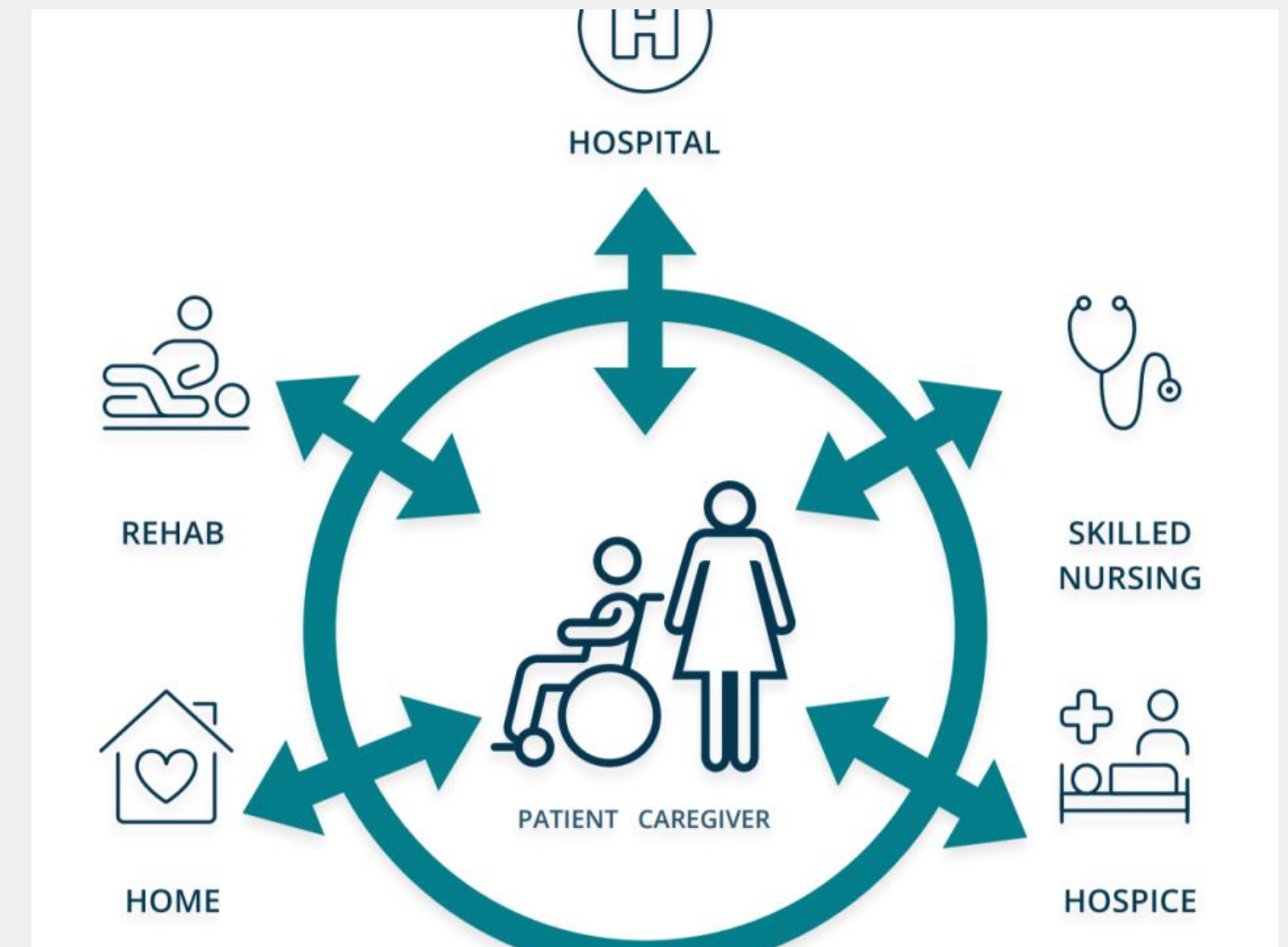
- Exchange of information, emotion and perception can be described as communication between people (Lindquist et al., 2022).
- It embraces communication, hearing, gesture, paperwork and computer based messages in care.
- It should be effective communication, directed towards the needs, experience and situation of the individual and must be clear, respectful, precise and suitable.



Importance in Care



- Communication is important since it promotes safety, dignity, trust and teamwork (Fuchshuber and Greif, 2022).
- Failure to communicate well can result in failure to understand, carelessness or waiting or being wrong.
- However, effective communication helps the professionals to familiarise themselves with the service users, elucidate care and provide safer care.

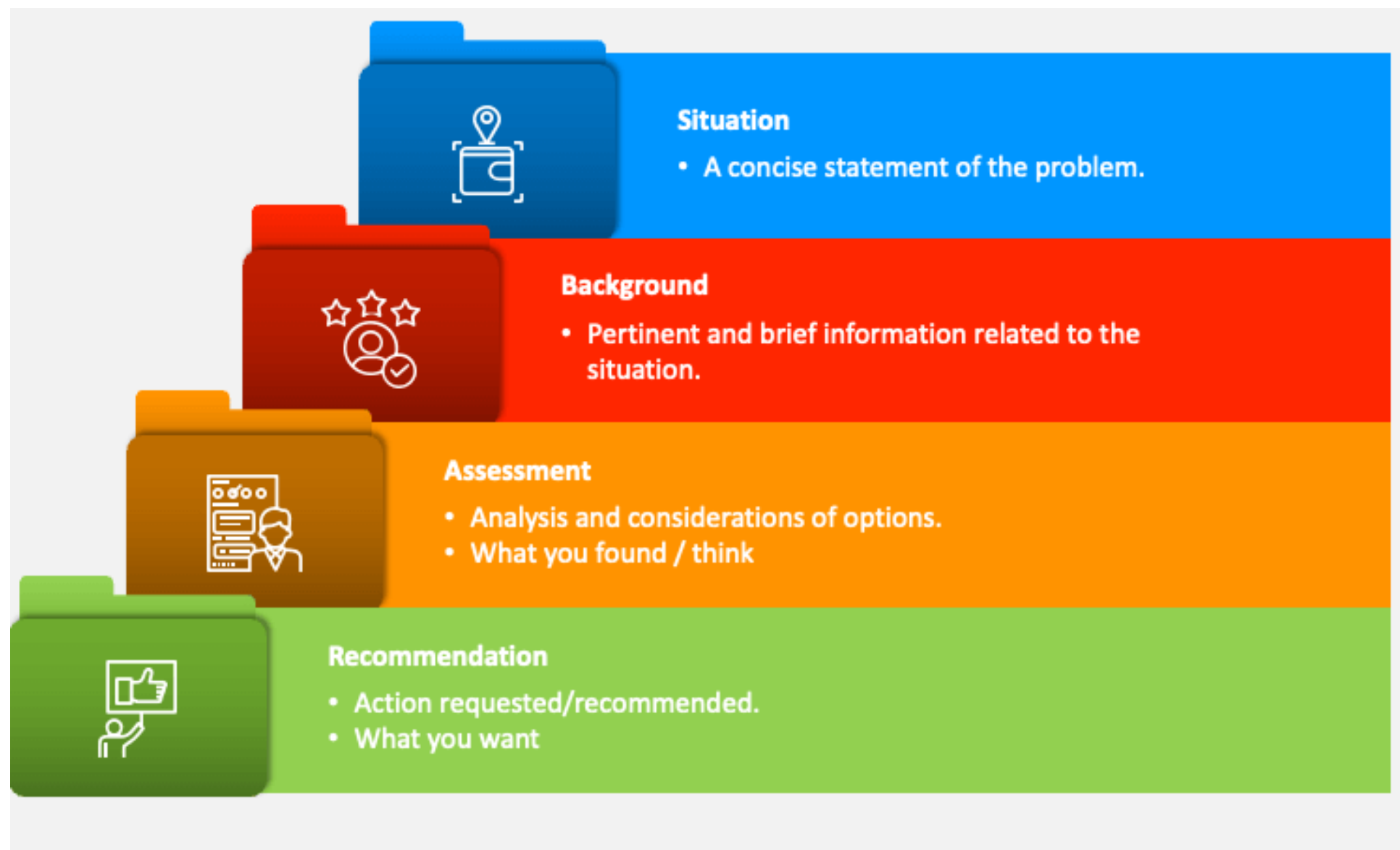
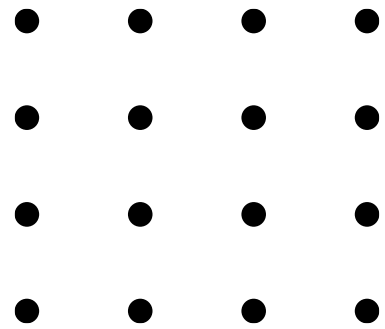


Communication in the Profession

- The professional care practice communication will assist the care workers to adhere to the care plans, establish a good rapport and maintain confidentiality.
- It also aids person-centered care in that professionals are able to comprehend what is important to each service user and act accordingly to their taste.

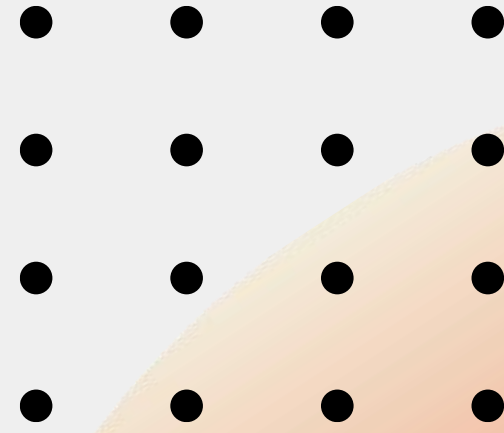


Model - SBAR



- SBAR is a model of healthcare communication.
- It connotes Situation, Background, Assessment and Recommendation.
- Assists the employees in the logical sequence of information especially when passing the patient to the next shift or when the patient suddenly changes and the condition of that patient is to be taken into consideration.

Practical Example

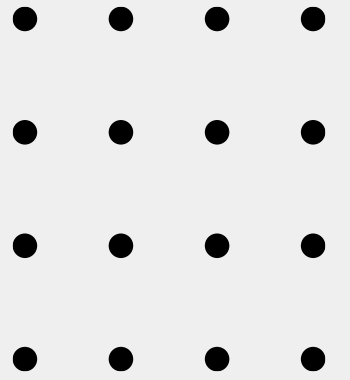


- An elderly resident is confused, sleepy and refusing to eat, which is noticed by a Healthcare Assistant (Batchelor et al., 2025).
- The assistant also comforts the resident and documents her impressions and sends the problem to the nurse via SBAR to ensure that the resident might be examined as soon as possible.



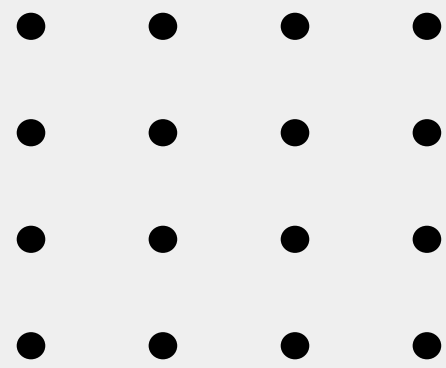


Barriers and Improvements



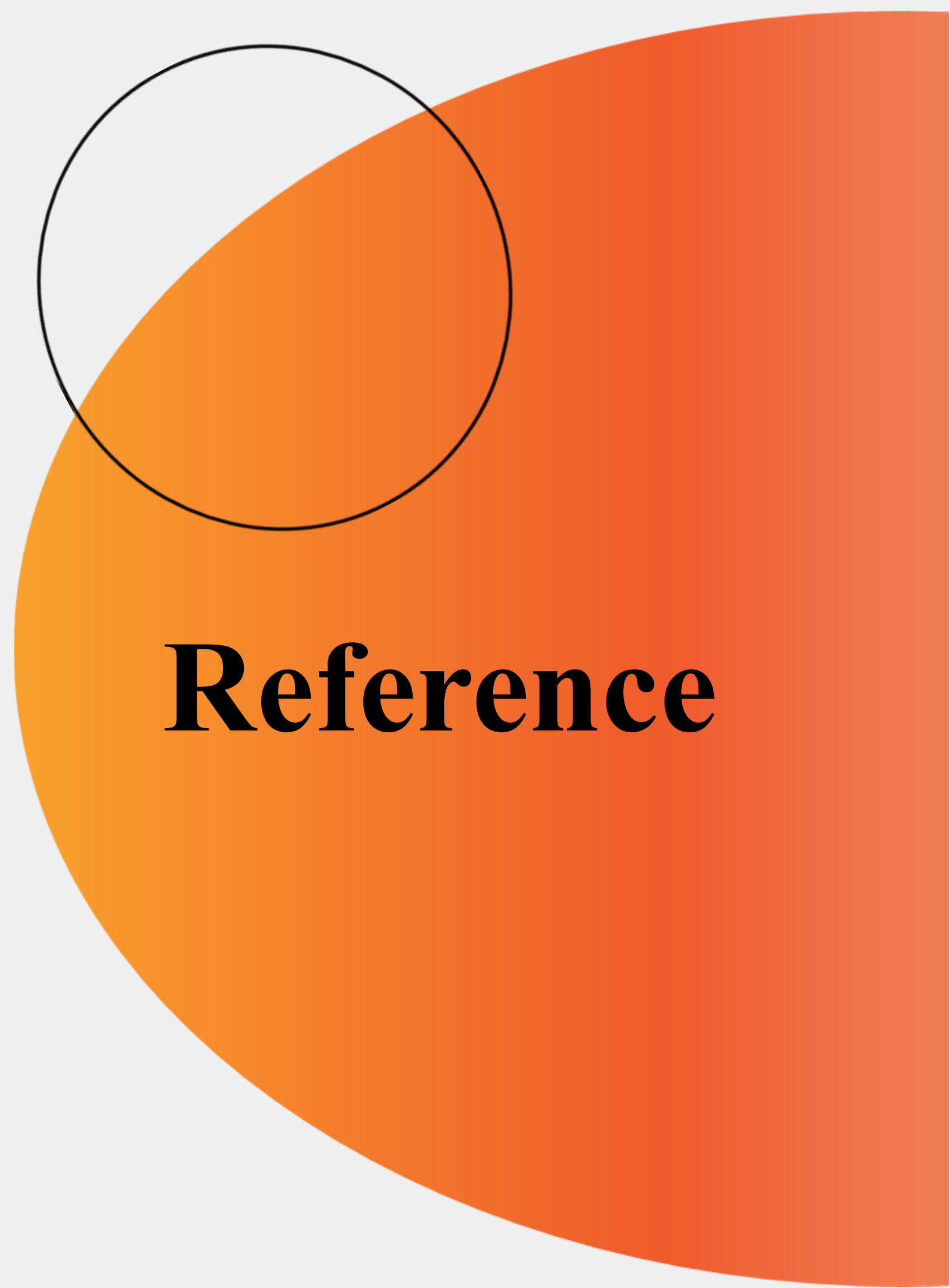
- The communication barriers include hearing impairments, dementia, language barrier, stress, pain and hectic care setting (Menzfeld et al., 2025).
- These may be boosted with the help of simple language, active listening, Privacy, Patience, Communication aids and checking understanding.





Conclusion

- Communication is one of the most vital skills to successful and safe health and social care practice.
- It enhances safety, dignity, collaboration and professional development of patients.
- SBAR model helps to organize, rely on and make communication in the professional care setting adequate.



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