

# TRINITY hotel MENU SWANSEA

MON — FRI = 8AM — 12PM  
SAT — SUN = 9AM - 3AM

## STARTERS ALL DAY

- ❑ Sweet Potato Wedges with Garlic perinaise — (4.50) - Veg
- ❑ Yorkshire puddings with gravy (2.10) - Veg
- ❑ Beef pittas (0.30) per pitta
- ❑ Fish pittas (0.30) per pitta
- ❑ Roasted Salmon with potato wedges (4.50)

## MAIN (MON — FRI) ALL DAY

- ❑ Prawn cocktail (6.50)
- ❑ Greek courgette and feta frittata (5.00) - Veg
- ❑ Avocado Pear with prawns (6.50)
- ❑ Avocado pear with salmon (6.50) - Veg
- ❑ Grilled chicken wrap (6.75)

## MAIN (SAT — SUN) ALL DAY

- ❑ Garlic mushrooms (4.05)
- ❑ Mushrooms with prawns (5.10)
- ❑ Chicken curry (3.25)
- ❑ Double chicken wrap (10.75)
- ❑ Slow cooker vegetable curry (3.25) - Veg

MON — FRI MENU ALSO AVAILABLE

ORGANIC 8AM TO 10PM

- SUBJECT TO AVAILABILITY    VEG - VEGETARIAN

# TRINITY hotel MENU SWANSEA

- ❑ Hamburger (2.50)
- ❑ Omelette mayonnaise wrap (3.50)
- ❑ Salad (1.50) - Very Healthy
- ❑ Banana pittas (2.10) - per 10 pittas
- ❑ Milk (0.70)
- ❑ Gluten Free Bread with Beef (1.90)

## DESSERTS ALL DAY

- ❑ Choc-a-lot cake (2.75) - Veg
- ❑ Chocolate yogurt (1.25) - Veg
- ❑ Cornflake tart (1.25) - Veg
- ❑ Mango Gelado (1.50) - Veg
- ❑ Cheese and onion pastry (1.20) - Veg
- ❑ Coconut macarons (0.50) per piece - Veg
- ❑ Chocolate Gelado (3.05) - Veg

## SIDES ALL DAY

- ❑ Mixed salad (1.15) - Veg
- ❑ Coleslaw salad (1.60) - Veg
- ❑ Mixed bean salad (1.50) - Veg
- ❑ Naan bread (3.05) - Veg
- ❑ Peri salted chips (1.50) - Veg
- ❑ Macho peas (2.15) - Veg

## BEVERAGES/DRINKS ALL DAY

COFFEE=

- SUBJECT TO AVAILABILITY

# TRINITY <sup>hotel</sup> MENU SWANSEA

- ☐ Flat white (1.50)
- ☐ Latte (1.50)
- ☐ Bullet coffee (5.10) - *Very Healthy*
- ☐ Espresso (1.50)
- ☐ Double espresso (£1.50)

## SOFT DRINKS/BEVERAGES=

- ☐ Water (0.40)
- ☐ Pepsi Max/Pepsi (1.20)
- ☐ Seven Up (1.20)
- ☐ Fanta (1.20)
- ☐ Ribena (1.20)
- ☐ Oasis (1.20)
- ☐ Coke (1.20)

-PRICES ABOVE ARE FOR 440ML

## ROMANTIC ♥ AFTER SUNSET

- ☐ Deep Fried Brie (12.00) - *Veg*
- ☐ 6oz Striploin Steak (30.00)
- ☐ Grilled Cod Fillets (7.50)
- ☐ Creamy Vegetable Soup (5.10)
- ☐ Mango and Orange Vanilla Cream Trifle (10.25) - *Veg*

## SEASONAL 9AM TO 5PM

- ☐ Chicken with Mango Chutney Rice (7.10) - *Veg*
- ☐ Toad In The Hole (2.50)
- ☐ Shepards Pie (5.00)

- SUBJECT TO AVAILABILITY      *VEG - VEGETARIAN*

# TRINITY <sup>hotel</sup> MENU SWANSEA

- ☐ Quorn Burger (1.50) - *Veg*
- ☐ Margherita Pizza (2.00) - *Veg*

## WINE

- ☐ White Wine with White Fish With Lemon (18.00)
- ☐ Torres Vina Esmeralda With Smoked Chicken (18.00)
- ☐ Chardonnay with Shellfish and Cod (18.00)
- ☐ Prosecco rosé Veneto with Smoked Salmon (20.00)
- ☐ Lambrusco with parmigiano reggiano (25.00)
- ☐ Cabernet Sauvignon With Red Smoked Beef (30.00)
- ☐ Errazuriz Estate Cabernet Sauvignon with salami and Curry Sauce (28.00)
- ☐ Madeira with boston roll sushi (18.00)

- ONLY WINES CAN BE PURCHASED AT A £8 REDUCTION

## CONTACT DETAILS =



## TAKEAWAY AVAILABLE VIA WEBSITE

- SUBJECT TO AVAILABILITY

# Reference

- Madeirarestaurantswansea (2013) Dinner Menu Madiera Restaurant Swansea
- Vicky McDonald (2017) 10 Copycat Appetizers from Your Favorite Restaurants
- BBC good food (2021) Vegetarian Curry Recipes
- BBC good food (2021) Dinner Party Starter Recipes
- Nando (2021) Our Menu
- BBC good food (2021) No-fuss shepherd's pie
- Armands Cellar (2021) Wine & Food Pairing Basics
- BBC good food (2021) What is bulletproof coffee?