

Module Code	LCHS4005
Title	Professional Development within Health and Social Care
Date	10/11/2021
Level	4
Credits	20
Pre-Requisites	

AIM(S)

- To introduce students to strategies for personal reflection and career development planning within health and social care.
- To gain confidence and competence as effective health and social care employee and practitioner.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- Understand the skills and knowledge needed for working effectively within health and social care.
- Demonstrate readiness for employability and personal advancement through an understanding of personal strengths and areas for further development.
- Establish health and social care employment goals and develop a personal action plan.

INDICATIVE CONTENT

- Concepts of self-awareness, emotional intelligence and the various approaches to self-assessment and learning.
- Understanding personal learning preferences.
- An analysis of personal strengths, weaknesses, and tools to support professional development planning and annual appraisal systems.
- Ideas relating to the concept of personal confidence, study and thinking independently.
- Strategies for exploring employment options acquiring, selecting, and collating information from a range of health and social care sources.
- Techniques for record keeping and the handing over of important clinical and social care information in a clear, coherent, and logical manner.

- An examination of effective systems, such as rotas, health and safety regulations and whistle blowing within health and social care organizations.
- An introduction to strategies for career advancement within health and social care: staff recruitment, job evaluation, person specifications, job specifications, interviewing, induction, mentoring, and retention issues.
- Development of students' confidence and readiness for employability such as responsibility and accountability; interpersonal relationships; effective means for communication and reliability.
- Identify good practice relating to respect, effective communication and partnerships in the health and social care workplace.

LEARNING AND TEACHING STRATEGY

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	40	20%
Independent learning	160	80%
Placement learning	0	0
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

(Tick one)

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Online Portfolio	2000 words	70%

Assessment Component 2

(Tick one)

☐ Written exam ☐ Coursework ☒ Practical

Mode of assessment	Volume	Weighting
Presentation	6 minutes	30%

Assessment Summary

Activity type	Percentage
Written exam	
Coursework	70%
Practical	30%
TOTAL	100%

READING LIST

Module Code	LCHS4005	
Module Title	Professional Development within Health and Social Care	
Classification	Reading List entry	Electronic*
Essential	Bardard, A. (2017) Developing Professional Practice in Health and Social Care (1 st edition). London: Routledge.	☐
Essential	Cottrell, S. (2015) Skills for Success: Personal Development and Employability – Macmillan Study Skills (3rd edition). Hampshire: Palgrave MacMillan.	☐
Essential	Alsop, A. (2013) Continuing Professional Development in Health and Social Care: Strategies for Lifelong learning (2 nd edition). UK: Wiley-Blackwell.	☐
Further	Health Careers (2021) Continuing professional development (CPD). [online] https://www.healthcareers.nhs.uk/career-planning/developing-your-health-career/continuing-professional-development-cpd	☐
Further	National Careers Service (2021) Healthcare. [online] Available at: https://nationalcareers.service.gov.uk/job-categories/healthcare	☐
Further	National Careers Service (2021) Interview advice. [online] Available at: https://nationalcareers.service.gov.uk/careers-advice/interview-advice	☐
Further	National Careers Service (2021) Social care. [online] Available at: https://nationalcareers.service.gov.uk/job-categories/socialcare	☐
Further	Skills for Care (2021) Skills for Care. [online] Available at: https://www.skillsforcare.org.uk/Home.aspx	☐
Further	McCorry, K. L. and Mason, J. (2020) Communication Skills for the Healthcare Professional (2 nd edition). UK: Jones & Barlett Learning.	☐

Further	Ali, M. (2017) How to Communicate Effectively in Health and Social Care: A Practical Guide for Caring Professions. UK: Pavilion Publishing.	☐
Further	Glasby, J. and Dickinson, H. (2008) Partnership Working in Health and Social Care (Better Partnership Working). UK: Policy Press	☐