



APPLICATION FOR ETHICAL APPROVAL – BA level

CAIS AM GYMERADWYAETH MOESGOL – Lefel BA

Mae'r ffurflen hon i'w chwblhau gan bob BA myfyrwr. Rhaid i bob ffurflen gael ei ystyried gan diwtor y modiwl. Dylai un copi o'r ffurflen yn cael ei roi ar y ffeiliau Gyfadran ac un copi cadw ar y ffeil myfyrwr.

This form is to be completed by all BA students conducting research, projects or productions. This form should be completed by the student. All forms must be considered by the Module tutor. A copy of the form must be kept centrally and on the student file.

ADRAN 1 – MANYLION MYFYRIWR

SECTION 1 - STUDENT DETAILS

Enw Llawn Full Name	Diana Heinsalu		
Ysgol/Cyfadrn/ School/Faculty	University of Wales Trinity St.David	Rhif Myfyrwr Student Number	1707520
Cydllynydd prosiect / Tiwtor Module Tutor/ Programme Co- ordinator	Andrew Thomas	Enw'r Gradd Name of Degree	BA Sports Development and Management

Teitl dangosol yr Traethawd Hir:

Indicative Title of Dissertation:

Free Swimming Initiative analysis

**ADRAN 2 – MANYLION CYFRANOGWYR /
CYNULLEIDFA**

**SECTION 2 - PARTICIPANT / AUDIENCE
DETAILS**

Pwy yw'r cyfranogwyr arfaethedig?	Who are the intended participants?	Ydw / Yes	Na / No
Myfyrwyr / staff Y Drindod Dewi Sant	Students / staff of Trinity Saint David		x
Oedolion (dros oed 16 ac yn gymwys i gydsynio)	Adults (over the age of 16 and competent to give consent)	x	
Plant a phobl ifanc dan oed	Children / legal minors		x
Cleifion neu gleientiaid gweithwyr proffesiynol	Patients or clients of professionals		x
Rhywun sy'n cael ei gadw yn y ddalfa neu y mae'r llys wedi cymryd cyfrifoldeb amdano	Anyone in custodial care or for whom the court has assumed responsibility		xx

Aelod o unrhyw sefydliad lle mae'n bosibl bod angen i unigolyn arall hefyd gydsynio.	A member of any organisation where another individual may also need to give consent.		X
Eraill: Nodwch: / Others: please identify:			

Nifer, Oed a Ffynhonnell y Cyfranogwyr Rhowch fanylion yr demograffeg y cyfranogwyr / gynulleidfa.		Participant / Audience Number and Age Provide details of the demographics of the participants / audience.
Nifer o Gyfranogwyr / yn y Gynulleidfa	Participant/ Audience number	
Grŵp oedran y Cyfranogwyr/y Gynulleidfa	Participant/ Audience age group	60+

ADRAN 3 – GWEITHGAREDD YMCHWIL

SECTION 3 – RESEARCH ACTIVITY

1.	Ydy'r prosiect yn cynnwys:	Does the project include:	Ydy / Yes	Nac ydy/N o
	Defnyddio holiadur neu offeryn ymchwil tebyg	Use of questionnaire or similar research instrument	X	
	Defnyddio prawf ysgrifenedig neu gyfrifiadurol	Use of written or computerised test		X
	Cyfweliad (cysylltwch gwestiynau posibl)	Interview (attach provisional questions)	X	
	Dyddiaduron	Diaries		X
	Arsylwi ar gyfranogwyr a hwythau'n ymwybodol o hynny	Participant observation with their knowledge		X
	Arsylwi ar gyfranogwyr a hwythau ddim yn ymwybodol o hynny	Participant observation without their knowledge	X	
	Recordio fideo neu sain	Video or audio-taping	X	
	Mynediad i wybodaeth bersonol neu gyfrinachol heb gydsyniad penodol y cyfranogwyr	Access to personal or confidential information without the participants specific consent	X	
	Defnyddio unrhyw gwestiynau, ysgogiadau prawf, cyflwyniad y gallai rhai cyfranogwyr eu profi fel rhywbeth sy'n achosi niwed / tramgwydd corfforol, meddyliol neu emosiynol	Administration of any questions, test stimuli, presentation that may be experienced as physically, mentally or emotionally harmful / offensive		X
	Cyflawni unrhyw weithredoedd allai achosi embaras neu effeithio ar hunan-barch	Performance of any acts which may cause embarrassment or affect self-esteem		X
	Ymchwilio i gyfranogwyr sy'n ymwneud â gweithgareddau anghyfreithlon	Investigation of participants involved in illegal activities		X

Gweithdrefnau lle defnyddir twyll	Procedures that involve deception		x
Gweini unrhyw sylwedd, cyfrwng neu blasebo	Administration of any substance, agent or placebo		x
Dull arall o gasglu data neu fformat cyflwyno (esboniwch)	Other method of data collection or presentation format (please explain)		x

2.	Restru eich dull o gasglu data	List your method of data collection:
Main methods for data collection will be questionnaires and interviews with the participants.		

3.	Risg Posibl: (corfforol, seicolegol, cyfreithiol, cymdeithasol neu economaidd)	Potential Risk: (physical, psychological, legal, social or economic)		
A oes unrhyw risg bosibl i:		Is there any potential risk to:	Ydw / Yes	Na / No
A	Cyfranogwyr?	Participants?		x
B	Ymchwilydd?	Researcher?		x
C	BrifYsgol/Cyfadrn?	University?		x

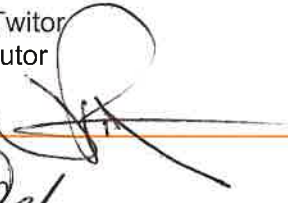
4.	Rheoli Risg: Os oes, beth yw'r risg a sut y bydd yn cael ei reoli?	Management of Risk: If yes, what is the risk and how will it be managed?
Data protection risk will be involved and managed to using data form the participants and keeping it safe and secure, only to be seen and discussed by me, my tutor and university.		

5.	Os ydych yn delio â phlant a / neu oedolion agored i niwed, rhaid i chi gyflwyno eich tystysgrif DBS i'ch tiwtor goruchwylio i'w cymeradwyo cyn i unrhyw gysylltiad â cyfranogwyr hyn.	If you are dealing with children and/ or vulnerable adults you must present your DBS certificate to your supervising tutor for approval before any contact with these participants.		
			Ydw / Yes	Na / No
A	Ydych chi wedi gwneud cais am dystysgrif DBS?	Have you applied for a DBS certificate?	x	
B	A yw eich tiwtor weld a'i gadarnhau eich tystysgrif DBS?	Has your tutor seen and approved your DBS certificate?		x

6.	A fyddwch yn cael cydsyniad gwybodus ysgrifenedig gan eich cyfranogwyr?	Will you obtain written informed consent from your participants?	
		Ydw / Yes	Na / No
A	Os na fyddwch, pam hynny?	If no, why not?	x
B	Os byddwch, sut byddwch yn sicrhau cydsyniad gwybodus?	If yes, how will you secure informed consent?	
Rhowch eglurhad / Please explain:			
Cynhwyswch gopi o'r ffurflen gydsynio os ydych yn defnyddio un.		Please include a copy of the consent form if you are using one.	

ADRAN 4	SECTION 4
CEFNOGWYD / APPROVED	NIS CEFNOGWYD / NOT SUPPORTED
Datganiad Mae'r wybodaeth a gynhwysir yma yn gywir, hyd eithaf fy ngwybodaeth a'm cred. Rwyf wedi ceisio dynodi unrhyw risgiau a phroblemau sy'n gysylltiedig â'r prosiect / ymchwil neu gynhyrchiad ac rwyf yn cydnabod fymrwymadau innau a hawliau'r cyfranogwyr.	Declaration The information contained herein is, to the best of my knowledge and belief, accurate. I have attempted to identify any risks and issues related to the project/research or production and acknowledge my obligations and the rights of the participants.

Llofnodau Dylai'r ffurflen hon gael ei chwblhau a'i llofnodi gan y myfyriwr a'r Cydlynnydd y prosiect /Twitor	Signatures This form should be completed and signed by the student and the Module tutor/Programme Co-ordinator.
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Myfyriwr / Student 	Dyddiad: / Date: 08/01/2020
Cydlynnydd y prosiect /Twitor Project co-ordinator / Tutor 	Dyddiad: / Date: 27/01/2020
Sefydliad / Organisation  SIA 2011/15	Dyddiad: / Date: 8/1/2020



PRIFYSGOL CYMRU

Y Drindod Dewi Sant

UNIVERSITY OF WALES

Trinity Saint David

Cyfranogwr Rhif Adnabod:
Participant Identification Number:

CWESTIYNAU CYFWELIAD SAMPL

SAMPLE INTERVIEW/ SURVEY QUESTIONS

TEITL Y PROSIECT: / PROJECT TITLE: Free Swimming Analysis in Wales National Pool

1	How often do you use the facility?
2	What are the main factors for you to take part in swimming?
3	Have you changed your swimming training since the free-swimming scheme changed in October 2019?
4	If yes, has that made any impact on your general wellbeing and health?
5	Do you feel that WNPS offers you range of times to take part in free swimming? Is there anything you would like to change?
6.	Have you taken out Silver membership scheme? If yes then why?
7	Do you feel that price is fair for that membership?
8	How likely will you be using WNPS in future?
9	Is there any other physical activity you take part in?
10	Would you recommend WNPS for others? Any changes you would add to the facility that you feel lack of?

ENW A CHYFEIRIAD YR YMCHWILYDD	NAME & ADDRESS OF RESEARCHER
	Diana Heinsalu 63 Linden Avenue West Cross, Swansea SA3 5LA



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UNIVERSITY OF WALES

Trinity Saint David

Cyfranogwr Rhif Adnabod:
Participant Identification Number:

FFURFLEN GANIATÂD CYFRANOGIAD

PARTICIPATION CONSENT FORM

TEITL Y PROSIECT: / PROJECT TITLE: Free-swimming analysis in WNPS

Name of Researcher: Diana Heinsalu

Please initial box

1. I confirm that I have read and understand the information sheet dated **XXXX** for the above study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.
2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason.
3. I understand that any information given by me may be used in future reports, articles or presentations by the research team.
4. I understand that my name will not appear in any reports, articles or presentations.
5. I agree to take part in the above study.

Name of Participant

Date

Signature

Researcher

Date

Signature

You may decline to participate in this study. You may end your participation in this study at any time. If you decide to remain anonymous, maintaining your anonymity will be a priority and every practical precaution will be taken to disguise your identity. If you prefer anonymity, there will not be any identifying information on audiotapes or transcripts of this or any interview. No-one will hear any audiotapes or see any transcripts without your prior consent. All materials generated from this or any interview will remain confidential.

When completed, please return in the envelope provided (if applicable). One copy will be given to the participant and the original to be kept in the file of the research team at:

PLACE:

ENW A CHYFEIRIAD YR YMCHWILYDD	NAME & ADDRESS OF RESEARCHER Diana Heinsalu 63 Linden Avenue West Cross, Swansea SA3 5LA
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PRIFYSGOL CYMRU

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Trinity Saint David

Cyfranogwr Rhif Adnabod:
Participant Identification Number:

FFURFLEN GANIATÂD CYFRANOIAD

SAMPLE PARTICIPANT INFORMATION SHEET

TEITL Y PROSIECT: / PROJECT TITLE: Free-swimming analysis in WNPS

Dear Participant:

My name is **Diana Heinsalu** and I am studying in the School of **Wales University Trinity St. David**.

I would like to invite you to participate in my research project. This project will **analyse the participation for taking part in swimming** and aims to **evaluate the impact of reducing the Free-swimming Initiative on older adults at the National Pool in Swansea**.

*Attached to this letter is a short questionnaire developed by **me** which will assess **the participation numbers in older adults at National Pool Swansea-pre and post cuts**. I believe your opinions will be extremely helpful to me.

Through your participation in the questionnaire and/or interviews, I hope to ascertain **good understanding of the main factors for you to take part in swimming and if changing the swimming scheme has made any negative impact on your health and wellbeing**.

All questionnaires will be kept strictly confidential to the researchers involved and at **NO** time will individual questionnaires be released to the general public. This gives you a chance to express your views on your programme a confidential and anonymous forum and still be able to make a difference. Your participation in this study is completely voluntary so you can withdraw from the questionnaire at any stage.

Our questionnaire should take about **10** minutes to complete, but there is no time constraint. There are also no right or wrong answers. Attached to this letter along with the questionnaire is **a consent form**. As this is a new project, your feedback is also important to us and we would be much obliged if you could also complete the feedback sheet along with the questionnaire. We understand that your time is at a premium but your opinions are very valuable to us.

After careful and precise analysis of the data obtained from this questionnaire, I will be happy to provide you with a copy of the findings at your request. The results of this questionnaire will hopefully enhance my understanding of the swimming scheme changes and impacts and will be stored on my laptop. The results of the research will be fed back to tutor and rest of the University staff involved in the project. .

We thank you in advance for your time and participation. If any questions do arise, feel free to contact me at your convenience.

ENW A CHYFEIRIAD YR YMCHWILYDD	NAME & ADDRESS OF RESEARCHER Diana Heinsalu 63 Linden Avenue West Cross, Swansea SA3 5LA
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