



This Photo by Unknown Author is licensed under [CC BY-SA](#)

ACADEMIC AND EMPLOYABILITY SKILLS

Name: Onyinyechi Chukwu

Student ID: 2131275

Module: BMSW4001

Lecturer: Timothy Hopkins

Topic: My journey to become a
nurse



**In my
journey to
become a
nurse I
need these
skills:**

- **Writing skills.**
- **Observation e.g through 1:1 close observation.**
- **Effective communication**
- **Learning e.g doing training and attempting courses.**
- **Ability to adapt to new treatment and care.**

Skills already acquired and skills I need to develop

Skills already acquired

- Work well with colleague
- Trustworthy
- Accountability
- Empathy
- reflection

Skills I need to develop

- Building up my confidence.
- Practicing the skills of referencing well.
- Ability to delegate duties efficiently.

S.W.O.T

These learning tool helped me to know my strengths and weaknesses.

Strengths-my ability to communicate clearly to my patients, due to their medical conditions hallucinations.

- Able to dispense medications based on prescription and observe the effects and side effects.

Weaknesses-my lack of technical expertise to log in the daily activities of the patients in Rio according to their care plan.

Personal Development Plan

- My aim is to become a registered nurse in 3 years time.
- To attend trainings and courses
- Study hard and pass all my presentations and assessments.
- Attend all allocations am sent e.g gerontology, rehabilitations.

**Skills I have
developed towards
my
communication, research, time
management, writing
and reflective skills.**

- Through staff handovers and general discussions about patients wellbeing.
- I did my research through articles and journals.
- I was able to prioritise psychologist and occupational health visit for the patients mental and emotional wellbeing through my time management.
- My writing skills has helped me to write report accurately and information well documented.
- Reflective skills helps me to know how efficient I am in delivering patient care.

Conclusion

Above all, patients deserves the best of nursing care, one can possibly offer. I feel confident to take up this challenge by ensuring that I finish my first term well and set up my objectives to do well in my second term.

REFERENCES

Cottrell.(2013) The study skills Handbook (fourth ed.palgrave study skills) Basing storey.

Hampshire Palgrave MacMillian

[Https://www.Medical-Locums.co.uk](https://www.Medical-Locums.co.uk)

National careers service (2012) preparing for an interview

(online) Available at

<https://nationalcareerservice.direct>

Accessed 07/08/2022