

Course: BSc (Hons) Health and Social Care
Module: Independent Project (BMHP6020_LON)

Assessment title: Stage 1 - Project Proposal

Output: Dissertation

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Student ID: 1905866

Word count: 500

Date of submission: 4/03/2022

Section A – Initial development of the Project Proposal: My Title, Aim and Objectives

Student Name	Huminatu Helen Deen
Output Chosen	Dissertation
Main areas of interest	To learn how to do secondary research.
The main thing I want to get out of this module is	To investigate a topic.
Is the aim of your research is a comparison, investigation, critique or improvement?	This aim of this investigation is questioning the ways by which the parent care for their autistic children.
Initial title of project	Mental impact of parents caring for the autism child.
Objective 1	Define and examine: To examine the mental impact of parent caring for a child with autism.
Objective 2	Analyse: The key to the research is to analyse the ways by which the parents care for their autistic children.
Objective 3	Evaluate to look at what parents do to overcome their mental conditions.
Objective 4	Provide recommendations for improvement for parent struggling
What resources or people will I need?	Books, Journals, Articles and Observation.
What am I most confident about?	To do secondary research
What am I most nervous about?	Not very confident, need more help.
Any questions or comments?	Did I choose the right topic?

Section B - Main Project Proposal

Project title: Mental impact of parents caring for the autism child.

- **Aims:** this paper will aim in enquiring about the ways by which the parent care for their autistic children.

objectives:

- The main objective of the research is to analyse the ways by which the parents care for the autistic children
- Another objective is to show how parents of autistic children are affected.
- To find out the mental condition of the parents while caring for an autistic child.
- To look out what parent do to overcome their mental condition.
- **Background:** Autism spectrum disorder is a neurodevelopmental disorder characterised by deficits in social interactions and communication skills, both verbal and non-verbal. They find it hard to communicate and interact with other people. They get anxious or upset about unfamiliar situations and social events take longer to understand information. Thus, as parents plays an important part in being a contributor to the thinking styles of the growing minds of the children, it is vital to stick to the step to make sure healthy mental habits in their children. The parents need to be mental strong to provide a secure environment for their children.
- **Methods:** The method use to perform this research is a systemic literature review. This is a type of review that uses repeatable analytic methods to collect secondary data. They are often designed to provide an extensive review of current evidence applicable to a research question.
- **Resources:** The resources needed to complete this plan are:
 - a. Articles

- b. Magazines
- c. Books
- d. Supervisor
- e. Observations
- f. Access to internet
- g. Google scholar
- h. Liberian
- i. people

The data collected out of these resources would provide the researchers with significant decision.

- **Timescale:**

Start	Finish
Introduction	March
Background	April
Method	May
Results and decision	June
Conclusion and recommendation	July-August

References:

Bhat,,A., 2021

Health psychology

Autism research,149110, pp.2454

