

Institute of Education and Humanities/
Yr Athrofa Addysg a'r Dyniaethau

**MA Dissertation Approval Form/
Ffurflen Gymeradwyo Traethawd Hir MA**

Student Name/ <i>Enw Myfyriwr</i>	Kirsty Ebadi-Parratt
Degree Scheme/ <i>Cynllun Gradd</i>	MTh Christian Theology
Start date/ <i>Dyddiad cychwyn</i>	Oct 2021

I have completed Part 1 of my degree.

*Please delete as appropriate.

Yr wyf wedi/ ar fun cwblhau Rhan 1 o fy ngradd

** Dileu fel sy'n briodol*

Title of Dissertation:

Teitl eich Traethawd Hir

An investigation into the (potential) role of trauma-informed, church-based children's ministry in the spiritual development, trauma-recovery, and resilience of children in the wake of the Covid-19 pandemic.

Aims and Objectives:

Nodau ac Amcanion

- To investigate the impact of the Covid-19 pandemic on children's experiences of church and faith (including interviews).
- To consider the application of trauma-informed care practices in a church-based children's ministry context.
- To suggest ways in which trauma-informed, church-based children's ministry could contribute to the spiritual development, trauma-recovery, and resilience of children in the wake of the Covid-19 pandemic.

Abstract (approximately 500 words):
Crynodeb (tua 500 gair):

There is now growing awareness of the need for trauma-informed care practices for those working with children, not only in educational, medical, or social-work contexts, but also more recently in faith-based settings. Whilst research into the role of faith communities in helping children recover from traumatic experiences is still sparse, recent research indicates that church-based children's ministry has some unique context-specific advantages for implementing trauma-informed care, particularly in terms of the community of long-term, intergenerational relationships which they provide. (Crosby et al. 2021). I intend to investigate the potential role of trauma-informed, church-based children's ministry for the spiritual development, trauma-recovery, and resilience of children within the particular context of the Covid-19 pandemic, which in addition to being experienced by many as a source of trauma and high-stress has also fundamentally changed the nature of church and church-based children's ministry, at least for the short term (see, for example, Holmes, 2021). One particularly important aspect of my research will be to consider the relational nature of church communities as significant for the spiritual development, trauma-recovery, and resilience of children, looking at Hay and Nye's definition of child spirituality as primarily a "relational consciousness" (Hay and Nye, 2006) along with the recognition of community support as a key factor for childhood resilience in the face of trauma (Westerfield and Doolittle, 2021). This is of particular significance in the pandemic context where the relational and community aspects of church ministry look different. Here I intend to interview families with children who have been part of church-based children's ministry as well as individuals involved in ministry to children regarding their experience of the impact of the pandemic.

A necessarily interdisciplinary project, my dissertation will make use of research into the spiritual development of children, trauma-informed care practices with children in educational contexts, studies highlighting the effect of the Covid-19 pandemic on children as well as research into the impact of spirituality on resilience and coping with trauma in order to suggest ways in which trauma-informed, church-based children's ministry could contribute to the spiritual-development, trauma-recovery and resilience of children in the wake of the pandemic.

Short Introductory Bibliography:
Llyfryddiaeth rhagarweiniol byr

Bibliography

Abbott, Roger. "Trauma, compassion, and community: reconciling opposites in the interests of post-traumatic growth." *Practical theology* 5, no. 1 (2012): 31-46.

Arel, Stephanie N., and Shelly Rambo, eds. *Post-Traumatic Public Theology*. Springer International Publishing, 2016.

Bellous, Joyce E., ed. *Children, spirituality, loss and recovery*. Routledge, 2013.

Bhagwan, Raisuyah. "Creating sacred experiences for children as pathways to healing, growth and transformation." *International journal of children's spirituality* 14, no. 3 (2009): 225-234.

Bryant-Davis, Thema, and Eunice C. Wong. "Faith to move mountains: Religious coping, spirituality, and interpersonal trauma recovery." *American Psychologist* 68, no. 8 (2013): 675 - 684.

Bryant-Davis, Thema, Monica U. Ellis, Elizabeth Burke-Maynard, Nathan Moon, Pamela A. Counts, and Gera Anderson. "Religiosity, spirituality, and trauma recovery in the lives of children and adolescents." *Professional Psychology: Research and Practice* 43, no. 4 (2012): 306 -314.

Bryant, Daniel J., May Oo, and April Joy Damian. "The rise of adverse childhood experiences during the COVID-19 pandemic." *Psychological Trauma: Theory, Research, Practice, and Policy* 12, no. S1 (2020): S193-194.

Bull, Alister William. "The insights gained from a portfolio of spiritual assessment tools used with hospitalised school-aged children to facilitate the delivery of spiritual care offered by the healthcare chaplain." PhD diss., University of Glasgow, 2013.

Clinton, Jean. "Resilience and recovery." *International Journal of Children's Spirituality* 13, no. 3 (2008): 213-222.

Collin-Vézina, Delphine, Denise Brend, and Irene Beeman. "When it counts the most: Trauma-informed care and the COVID-19 global pandemic." *Developmental Child Welfare* 2, no. 3 (2020): 172-179.

Crosby, L. M. S. W., D. Shantel, B. Penny, and M. A. T. Thomas. "Teaching through Collective Trauma in the Era of COVID-19: Trauma-informed Practices for Middle Level Learners." *Middle Grades Review* 6, no. 2 (2020): 1-6.

Crosby, Robert G., Erin I. Smith, Jeffrey Gage, and Leon Blanchette. "Trauma-informed children's ministry: A qualitative descriptive study." *Journal of Child & Adolescent Trauma* (2021): 1-13.

Dillen, Annemie. "Children's spirituality and theologising with children: the role of 'context'." *International journal of children's spirituality* 25, no. 3-4 (2020): 238-253.

Fitzgerald, Dominic A., Kenneth Nunn, and David Isaacs. "What we have learnt about trauma, loss and grief for children in response to COVID-19." *Paediatric Respiratory Reviews* 39 (2021): 16-21.

Freeny, Jamie, Melissa Peskin, Vanessa Schick, Paula Cuccaro, Robert Addy, Robert Morgan, Kimberly Kay Lopez, and Kimberly Johnson-Baker. "Adverse Childhood Experiences, Depression, Resilience, & Spirituality in African-American Adolescents." *Journal of Child & Adolescent Trauma* 14, no. 2 (2021): 209-221.

Ganzevoort, R. Ruud, and Srdjan Sremac, eds. *Trauma and lived religion: Transcending the ordinary*. Springer, 2018.

Griffin, Gene. "Defining trauma and a trauma-informed COVID-19 response." *Psychological Trauma: Theory, Research, Practice, and Policy* 12, no. S1 (2020): S279-280.

Hay, David, and Rebecca Nye. *The spirit of the child*. Jessica Kingsley Publishers, 2006.

Herman, Judith Lewis. *Trauma and recovery: The aftermath of violence--from domestic abuse to political terror*. Hachette UK, 2015.

Holmes, Sarah E. "An exploration of online Christian faith nurture for children, using UK churches as a case study." *International Journal of Christianity & Education* 25, no. 2 (2021): 169-183.

Holmes, Sarah E. "The Changing Nature of Ministry amongst Children and Families in the UK during the Covid-19 Pandemic." *Christian Education Journal* 18 (2021): 1-18.

Institute for Collective Trauma and Growth. *Youth Ministry Collective Trauma Guide*.

King, Pamela Ebstyne, Linda Wagener, and Peter L. Benson. *The handbook of spiritual development in childhood and adolescence*. Sage, 2006.

Langberg, Diane. *Suffering and the heart of God: How trauma destroys and Christ restores*. New Growth Press, 2015.

Masiero, M., K. Mazzocco, C. Harnois, Mark Cropley, and G. Pravettoni. "From individual to social trauma: sources of everyday trauma in Italy, the US and UK during the COVID-19 pandemic." *Journal of Trauma & Dissociation* 21, no. 5 (2020): 513-519.

Mercer, Joyce Ann. "Children as mystics, activists, sages, and holy fools: Understanding the spirituality of children and its significance for clinical work." *Pastoral Psychology* 54, no. 5 (2006): 497-515.

Phelps, Chavez, and Linda L. Sperry. "Children and the COVID-19 pandemic." *Psychological Trauma: Theory, Research, Practice, and Policy* 12, no. S1 (2020): S73-75

Poole, Nancy, Christina Talbot, and Tasnim Nathoo. *Healing families, helping systems: A trauma-informed practice guide for working with children, youth and families*. Ministry of Children and Family Development, 2016.

Roberto, Anka, Alicia Sellon, Sabrina T. Cherry, Josalin Hunter-Jones, and Heidi Winslow. "Impact of spirituality on resilience and coping during the COVID-19 crisis: A mixed-method approach investigating the impact on women." *Health care for women international* 41, no. 11-12 (2020): 1313-1334.

Saul, Jack. *Collective trauma, collective healing: Promoting community resilience in the aftermath of disaster*. Vol. 48. Routledge, 2013.

Smith, Stacy. "Exploring the interaction of trauma and spirituality." *Traumatology* 10, no. 4 (2004): 231-243.

Southgate, Christopher, Carla Grosch-Miller, Hilary Ison, and Megan Warner, eds. *Tragedies and Christian Congregations: The Practical Theology of Trauma*. Routledge, 2019.

Southwick, Steven M., Brett T. Litz, Dennis Charney, and Matthew J. Friedman, eds. *Resilience and mental health: Challenges across the lifespan*. Cambridge University Press, 2011.

Streets, Frederick. "Social Work and a Trauma-Informed Ministry and Pastoral Care: A Collaborative Agenda." *Social Work & Christianity* 42, no. 4 (2015): 470-487.

Taggart, Danny, Khadjia Rouf, Idura Binti Ikmal Hisham, Lucy Duckworth, and Angela Sweeney. "Trauma, mental health and the COVID-19 crisis: are we really all in it together?" *Journal of Mental Health* 30 (2021): 401-404.

US Department of Health and Human Services. "SAMHSA's concept of trauma and guidance for a trauma-informed approach." (2014).

Van der Kolk, Bessel. *The body keeps the score: Mind, brain and body in the transformation of trauma*. Penguin UK, 2014.

Van Deusen Hunsinger, Deborah. *Bearing the unbearable: Trauma, gospel, and pastoral care*. Wm. B. Eerdmans Publishing, 2015.

Hunsinger, Deborah van Deusen. "Trauma-Informed Spiritual Care: Lifelines for a Healing Journey." *Theology Today* 77, no. 4 (2021): 359-371.

Van Hook, Mary Patricia. "Spirituality as a Potential Resource for Coping with Trauma." *Social Work & Christianity* 43, no. 1 (2016): 7-25.

Walton, Heather. "Speaking in signs: Narrative and trauma in pastoral theology." *Scottish Journal of Healthcare Chaplaincy* 5, no. 2 (2002): 2-5.

Westerfield, Caitlin M., and Benjamin R. Doolittle. "Spirituality of the traumatized child: a call for increased faith community participation in the trauma-healing process for children." *Journal of religion and health* (2021): 1-11.

Wimberly, Edward P. "Story telling and managing trauma: Health and spirituality at work." *Journal of health care for the poor and underserved* 22, no. 3 (2011): 48-57.

Zhang, Hansong, Joshua N. Hook, Adam S. Hodge, Steven P. Coomes, Cameron W. Davis, Daryl R. Van Tongeren, Don E. Davis, and Jamie D. Aten. "Religious and spiritual struggles and coping amidst the COVID-19 pandemic: A qualitative study." *Spirituality in Clinical Practice* (2021). Advance online publication: <http://dx.doi.org/10.1037/scp0000272>.

Zhou, Xiao. "Managing psychological distress in children and adolescents following the COVID-19 epidemic: A cooperative approach." *Psychological Trauma: Theory, Research, Practice, and Policy* 12, no. S1 (2020): S76-78.

Proposed Supervisor:
Goruchwyliwr awgrymedig

Please indicate whether ethical approval for project is needed – YES
Nodwch a oes angen cymeradwyaeth foesegol ar gyfer y prosiect - OES / NAC OES

Please indicate whether sufficient resources are available for the project – YES
Nodwch a oes digon o adnoddau ar gael ar gyfer y prosiect - OES / NAC OES

The above topic, proposal, and supervisor have been agreed:
Cytunwyd ar y pwnc, y cynnig a'r goruchwyliwr uchod:

Signed : Programme Director/
Llofnod Cyfarwyddwr y rhaglen

Date:.....
Dyddiad

Please return this form to your Programme Director.
Dychwelwch y ffurflen hon at eich Cyfarwyddwr Rhaglen.