

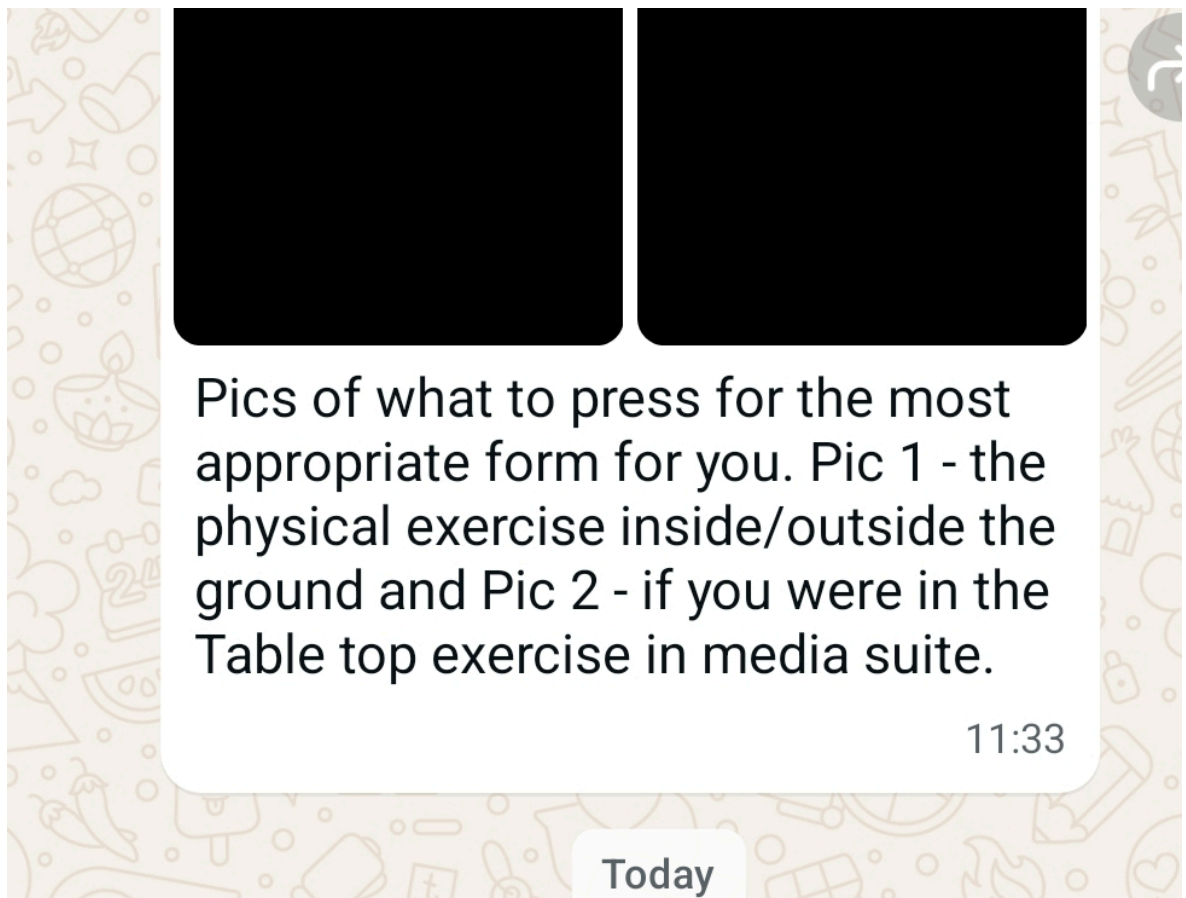
DS 1 Template

My Screenshots/Photos

- Please add 4–6 screenshots or photos of your digital life.
- You can use your phone or laptop.
- For each screenshot, write one or two sentences explaining what it shows.

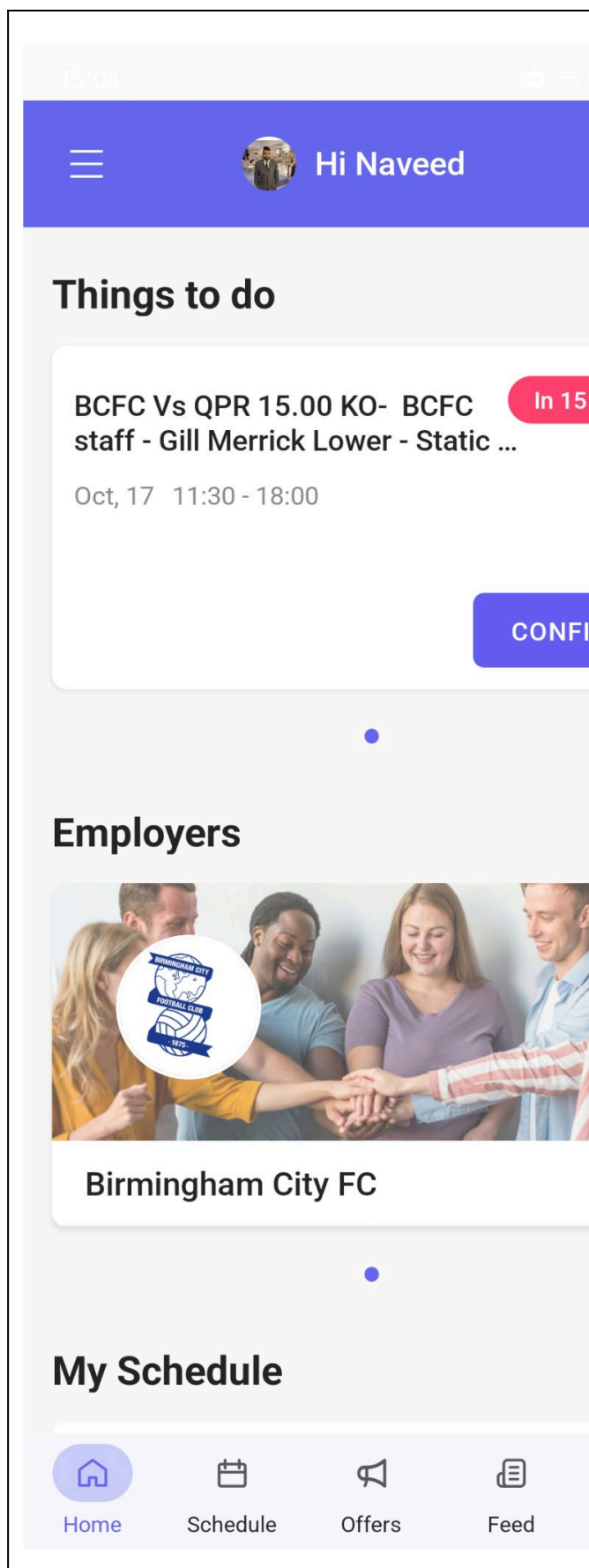
Screenshot/Photo 1

[Insert Photo/Screenshot below]



Im added to a group for my job where it says time need come

Screenshot/Photo 2



I am added to app where i apply for shifts
time dates

Screenshot/Photo 3

[Insert Photo/Screenshot below]

17:16



Search in emails

N

Inbox



The Creditspring team

17:15 ●

An extra £1,000 could be yours

Save £10 a month to be in with a chan...



BBC

17:05 ●

Could HMRC investigate Man City ...

Plus, the besties who helped expose...



JD Sports

16:49 ●

This month's fresh heat

Free Standard Delivery On Orders Ov...



Wollit

14:46

Get credit for your rent

Wollit helps you put those monthly pa...



Severn Trent

14:15 ●

You're already saving water – so d...

Connect your Nectar and Severn Tren...



Notification UK-UTUA

14:05 ●

i use email for ebay etc.

Screenshot/Photo 4

16:51 ✓



App help

< [Back](#)

Appointments

GP surgery

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[Request a letter or information](#)



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1



My gp surgery are on line of appoitements etc and my hospital appoitements where you can change or cancel.

My Short Reflection

- Write 5–8 simple sentences about your digital life.
- You can use the sentence starters below if helpful.

I use all my things are done online so work etc im in so much groups its better been online easier to do.And more i use them more better i get with them no all world is advanced where you need digital skills in daily life .At start it was hard using them now i help others with it.

Sentence starters

- I use digital tools to ...
- I feel confident when I ...
- I want to improve ...
- I often use these tools: ...
- I sometimes feel nervous about ...
- I hope this module will help me ...
- Digital skills are important for me because ...

You can write more if you want.

Submission Checklist

Before you submit, please check:

- ☐ I added 4–6 screenshots
- ☐ I wrote short sentences for each screenshot
- ☐ I wrote my short reflection
- ☐ My work is my own
- ☐ My file opens correctly
- ☐ My file opens correctly