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A presentation explaining the
development of Mountain
Biking and events in Neath
port Talbot

Mountain Bike Events



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INTRODUCTION

Why mountain biking?
Organising a successful event
Opportunities for students

Mark Napieralla

Previous Manager at Sports
Development service in Neath Port
Talbot. Physical Activity Sport Service
(PASS)

Welsh / British Cycling

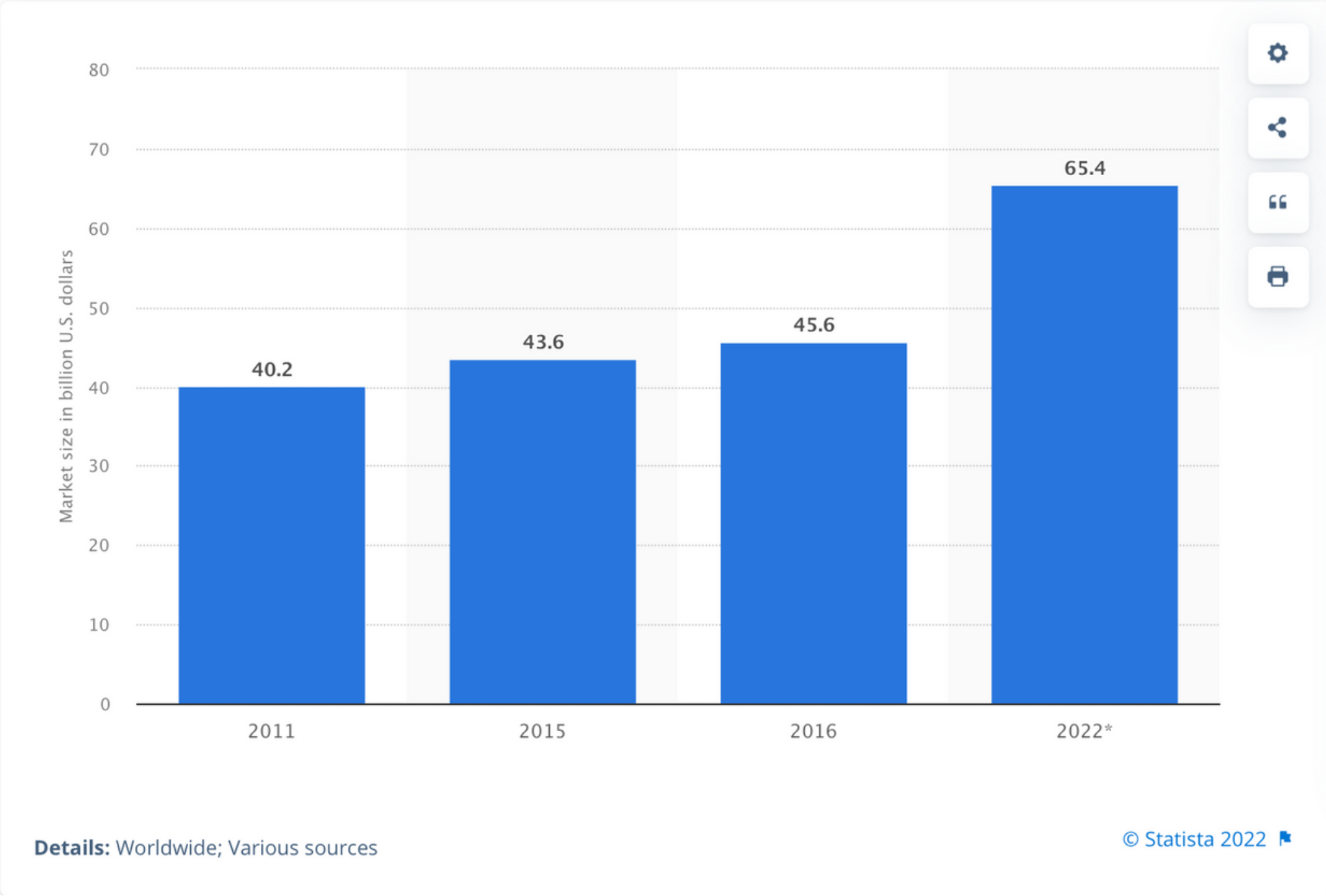
The national governing body for the
sport in Wales and UK wide

Margam Mountain Bike Club

A community mountain bike club set up
as a result of a mountain bike
development plan

Global bicycle market size from 2011 to 2022

(in billion U.S. dollars)



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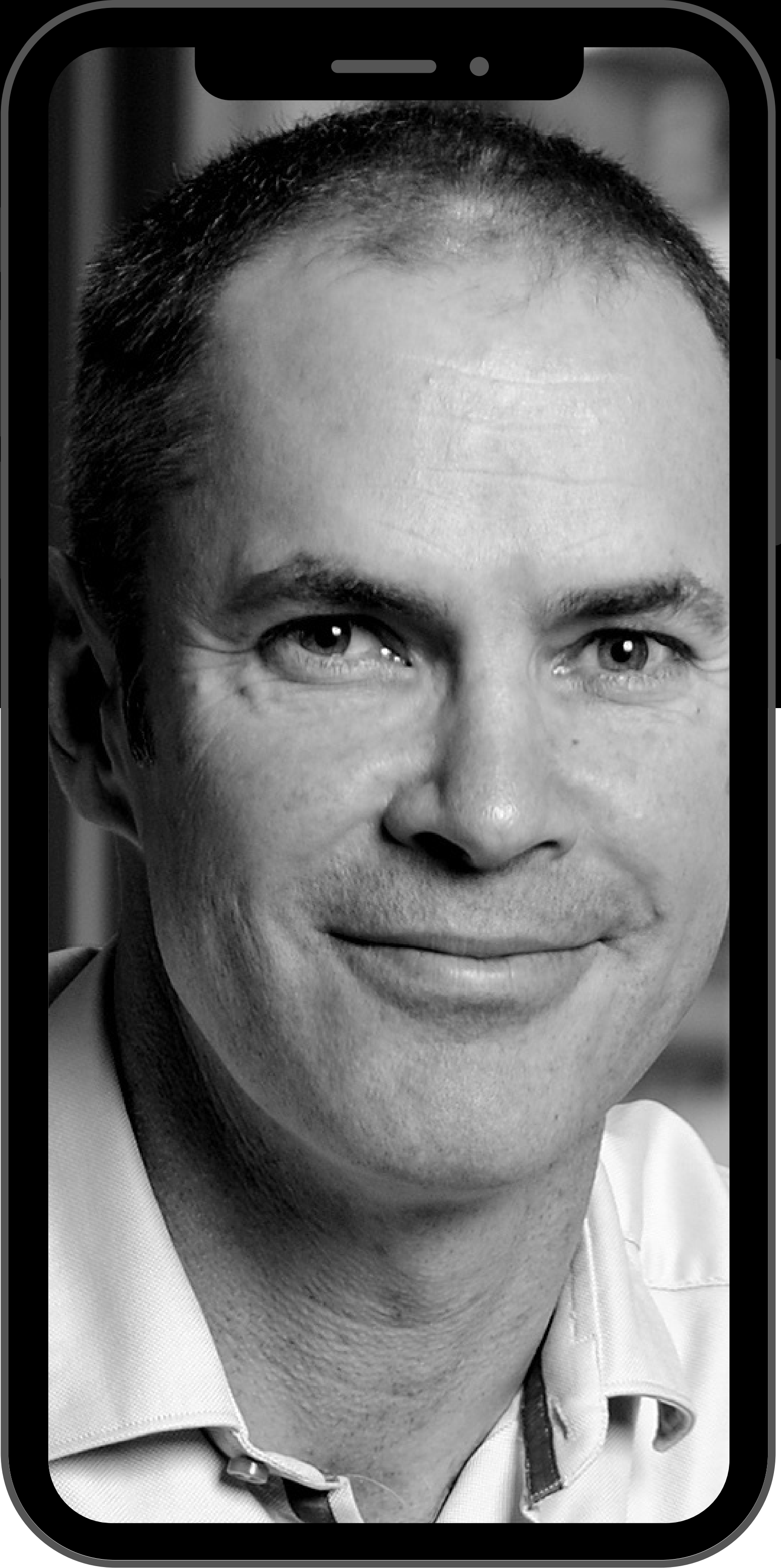
MTB

There has been a surge in bicycle sales in the last 6 years. EMTB has brought new people to the sport and returned previous participants.



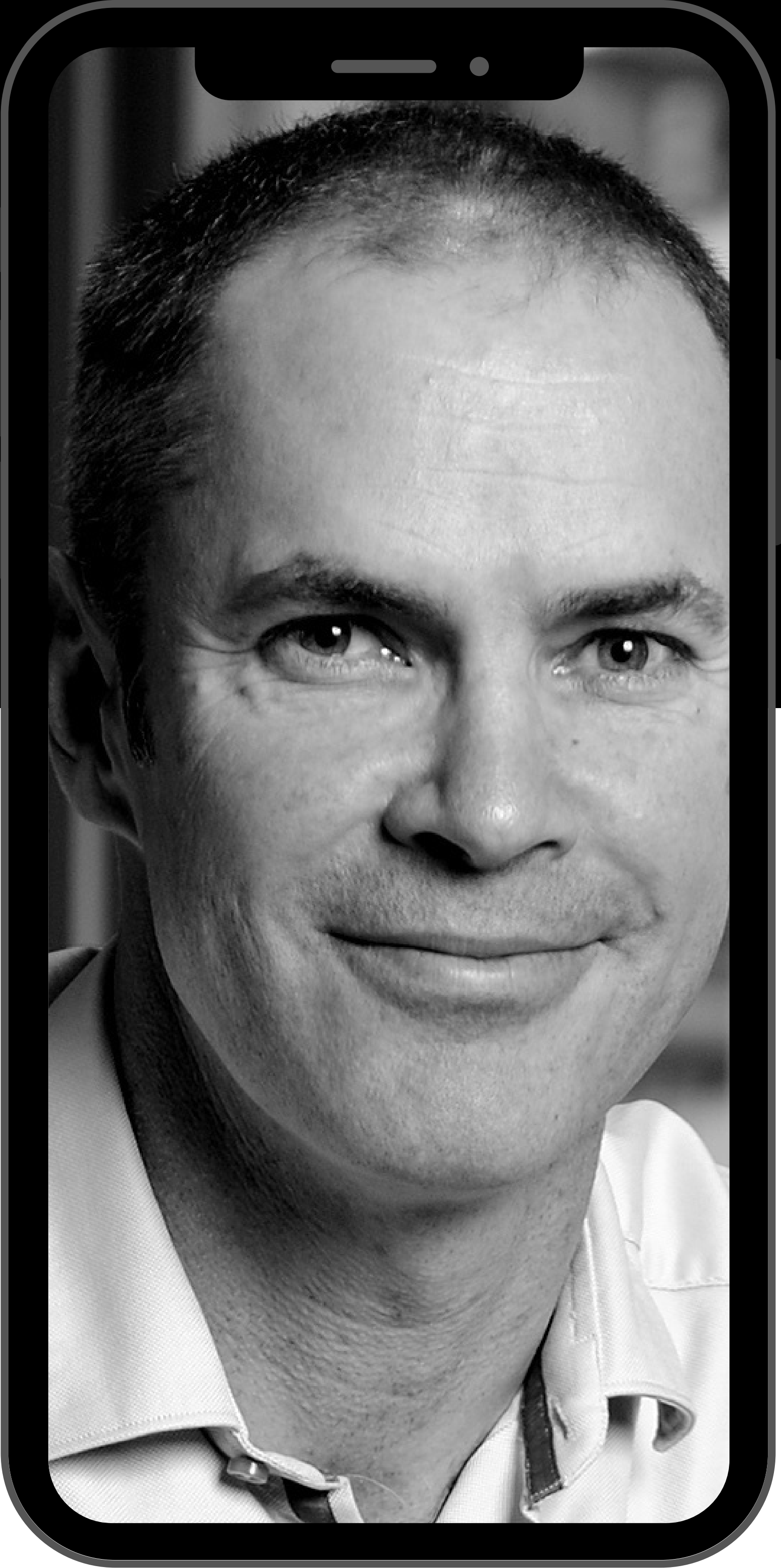
The rise of MTB

'Mountain Bikes are the most popular style of bike, receiving a whopping 2.4 million online searches a year' (Tredz, 2022)



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Do you know
who this is?



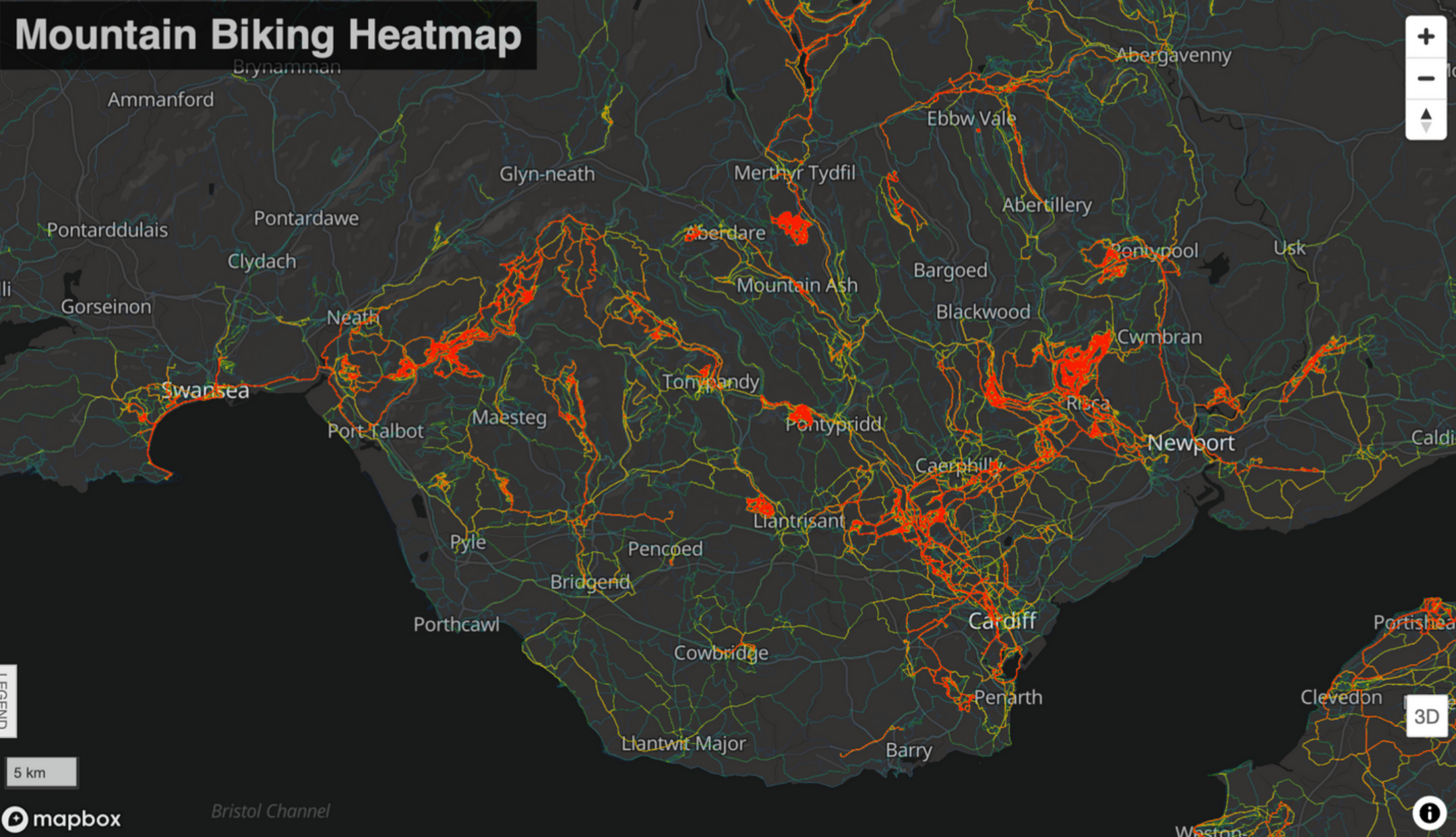
Nando's

**Richard
Enthoven**

Woolfenden Report 1960- Wales has:



“long and beautiful coastlines, mountains / hills- these are more used by the population of England. There is much needed development for local youths in Wales to make use of natural resources” (wolfenden, J. 1960)



07 MTB IN SOUTH WALES

This heat map from trail forks shows mountain bike usage accross South Wales.

Many people travel to Neath Port Talbot to take part in this sport, the aim is to offer local people more opportunties and create events to build a competitive pathway in XC MTB



A PROJECT TO GROW MTB

A project was set up to grow mountain biking in Neath port Talbot

Balance biking learn to ride

3-5 year olds school and community based
5-7 year old sessions learning to pedal

7-16 MTB

Taster sessions with schools & specific groups
holiday camps and a community MTB Club

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16 + MTB and EMTB

Taster sessions, female only sessions,
family rides, adults attending community
club, events, re - establish trails in Margam



MTB VENUE: MARGAM **COUNTRY PARK**

The NPT Sports development team relocated to the park, a trail had been established for a world cup event but had been closed to the public, storage available for bikes, outdoor activities already being delivered, Margam Forestry with miles of trails linking to Afan.

[View Promo Video](#)



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MARGAM RED DIRT CRIT

5PM JUNI

6PM SENI

THURSDAY 7TH JULY

XC RACING

crit is a mountain bike cross country race that takes place on a small loop that is lapped. This is suitable for intermediate and advanced riders. All the red trail is. e, the junior race will take place on a shorter route.

1ST MTB EVENT

Dirt Crit

A small Cross Country (XC) event to encourage local riders to compete

The route

A small 5 km loop that is lapped 7 times

[View video](#)



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Partnership and links

To create bigger and better events collaboration is needed. A partnership was developed between Welsh / British cycling, Margam Country Park and the Margam MTB community club / PASS NPT

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HOW DO THEY ADD VALUE?

The link with BC brought with it a number of added benefits to take events to the next level:

1- Support before the event:

Insurance / risk assessment / online event registration tool / promotion / ranking points / championship status

2- Support during the event:

Commissaire / Start and finish line / timing / medals / sponsored tapes / media coverage

80 km race (2x 40km loop)

Sponsored by



MTB MARATHON WELSH CHAMPS 2022

A breathtaking route around
Margam forestry with reservoirs and
spectacular views. With a mixture of
single track, forestry road and cross-
country terrain.



Margam 40KM Half Marathon

A TIMED RECREATIONAL
RIDE FOR RIDERS 14+
INCLUDING EMTB +
MTB+GRAVEL BIKES

Sponsored by



Experience this breathtaking 40km loop in a
timed recreational race around legendary
Welsh cross country terrain and trails

Sponsorship

A headline sponsor can bring a number of benefits including money, prizes, exposure and support on the day- (demo bikes, mechanics, products to purchase)

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tredz[®]bikes

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APPROVAL FOR THE EVENT

PRE EVENT PLANNING
AND PREEPERATION

ON THE DAY SET UP,
ORGANISATION AND
MANAGEMENT

POST EVENT CLEAN
UP AND EVALUATION

Creating a successful event

A number of steps must be followed to
create a successful event

Event Approval 15

A number of different tasks are needed to be completed and signed off before the event can be approved

SAG- Safety advisory group- The group will need their official paperwork to be filled out and in addition an event plan, risk assessment, traffic plan, counter terrorism plan and approval from the venue

Welsh cycling / British Cycling- They will need to see the event plan, proposed route and will require their own risk assessment

Sports development- Confirm that staff can support the event, ensure there are enough volunteers / marshalls available, staff briefing to update them on the event.

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Event Plan

GENERAL INFORMATION DATE, VENUE, TIME

Who are the organisers, what are the responsibilities? Numbers attending, parking, catering, toilets

HEALTH AND SAFETY

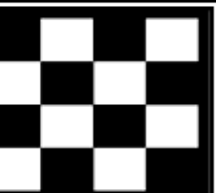
Risk assessment, traffic plan, counter terrorism, route plan and staffing

REGISTRATION OF EVENT

How will it be registered? Insurance, participant sign up, costs

PRE POST EVENT

Set up and take down information, roles and responsibilities, route sweep / clean, start/ finish arrangements.

 Start Area Will be positioned at the end of the lockdown trail. There is a big grass area to use. Sign in desk under Gazebo next to Welsh Cycling Gazebo. There will be some turns to reduce speed and keep riders in the area for longer.					
	Riders colliding with other riders Riders colliding with spectators			Sufficient space allowed/updated Crowd barriers to be used	
	Level of Risk			At Risk	
	High	Medium	Low	Competitors	Officials
	●	●	●	●	●
 Finish Area The finish area should be appropriate for the speed of the riders entering the area and the size of the event and completely cordoned off from spectators					
	As start area			As start area	
	Level of Risk			At Risk	
	High	Medium	Low	Competitors	Officials
	●	●	●	●	●
 Marshal Point Gate at Go Ape					
	Low			Competitors and public, potentially so marchall will point public and the right direction	
	Level of Risk			At Risk	
	High	Medium	Low	Competitors	Officials
	●	●	●	●	●

RISK ASSESSMENT

Completing a risk assessment is essential, it will ensure the event is safe, that risks are highlighted and control measures are in place.



Staff Plan and Marshalls

Marshalls are needed at changes of direction,
where the public may meet riders and
at technical / dangerous sections

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MARKETING



A targeted paid campaign

To increase sign up a £250 advert through facebook was organised. This included a targeted campaign running a sponsored post for 4 weeks targeting a specific demographic:

Male / female, 18-70 years old, interested in MTB, OAA activities, UK wide.

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facebook



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EVENT WEEKEND

Event - 1 day

Course set up

Meet BC / WC staff- Route approval / changes / start finish organisation

Feed station / technical area / signage / registration sheets / plan for marshalls / event box (stuff)



EVENT WEEKEND

On the day

Course Check

Meet BC / WC staff- Organise start / finish set up, marshall and staff meeting, parking, event sign in, music, compere, timing chips and equipment, first aid, communications, start & finish, medal ceremony, pack away



EVENT WEEKEND

After event - clean up

Course Check - clear any
rubbish / tapes / inspection

Update results, press release, social
media, debrief, organise equipment and
store for next event, return any items



The Future

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The aim is to run national events well in order to attract a european / world championship event at Margam Park. EMTB- Possible parrarel races, lots to consider





Opportunity For students

Support the planning and delivery of
the British Cycling XC series 2023-

Benefits- hands on experience,

25 experience the event, free ebike
guided ride around Margam



THE COMMITMENT

3x 45 mins meetings before Christmas

5x 45 mins meetings after Christmas

1x E bike ride

On the day organisation

Sign up - Leave your name and email on the form or email-

manapieralla@cardiffmet.ac.uk